

**Episcopal Church of the Ascension**  
 Contemplative Eucharist - 21 January AD 2018

**Welcome and Announcements**

**Veni Sancte Spiritus**

A Bm<sup>7</sup>/A

*pp* Melody:  
 Ve - ni San - cte Spi - ri - tus.

*pp* Harmony:  
 Ve - ni San - cte Spi - ri - tus.

*As the ostinato continues, vocal and instrumental verses are sung or played as desired with some space always left between the verses (after the cantor's "Veni Sancte Spiritus").*

Verses

*Cantor:*

1. Come, Ho - ly Spir - it, from heav - en shine forth  
 with your glo - rious light. Ve - ni San - cte Spi - ri - tus.

2. Come, Fa - ther of the poor, come, gen - er - ous Spir - it,  
 come, light of our hearts. Ve - ni San - cte Spi - ri - tus.

Text: *Come Holy Spirit*; Verses drawn from the Pentecost Sequence; Taizé Community, 1978  
 Tune: Jacques Berthier, b.1923  
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**Psalm 62:6-12**

*Nonne Deo?*

*Read responsively.*

Only God is my rock and my salvation—  
**my stronghold!—I will not be shaken.**

My deliverance and glory depend on God.  
**God is my strong rock.**  
**My refuge is in God.**

All you people: Trust in him at all times!  
**Pour out your hearts before him!**  
**God is our refuge! *Selah***

Human beings are nothing but a breath.  
Human beings are nothing but lies.  
**They don't even register on a scale;**  
**taken all together they are lighter than a breath!**

<sup>10</sup> Don't trust in violence;  
**don't set false hopes in robbery.**

When wealth bears fruit,  
don't set your heart on it.  
**God has spoken one thing—**  
**make it two things—**  
**that I myself have heard:**  
**that strength belongs to God,**  
**and faithful love comes from you, my Lord—**  
**and that you will repay**  
**everyone according to their deeds.**

The Holy Gospel of our Lord Jesus Christ according to Mark [1:14-20]  
**Glory to you, Lord Christ.**

After John was arrested, Jesus came into Galilee announcing God's good news, saying, "Now is the time! Here comes God's kingdom! Change your hearts and lives, and trust this good news!" As Jesus passed alongside the Galilee Sea, he saw two brothers, Simon and Andrew, throwing fishing nets into the sea, for they were fishermen. "Come, follow me," he said, "and I'll show you how to fish for people." Right away, they left their nets and followed him. After going a little farther, he saw James and John, Zebedee's sons, in their boat repairing the fishing nets. At that very moment he called them. They followed him, leaving their father Zebedee in the boat with the hired workers.

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

***Silence, and Response***

**Lord, Hear My Prayer**

O Lord, hear my prayer, O Lord, hear my prayer:

G C Am<sup>6</sup> B Em

when I call an - swer me. O Lord, hear my prayer, O

C<sup>6</sup> D G<sup>6</sup> Am B Em

Lord, hear my prayer. Come and lis - ten to me. O

Text: Psalm 102; Taizé Community, 1982  
 Tune: Jacques Berthier, b.1923  
 © 1982, Les Presses de Taizé, GIA Publications, Inc., agent

**Intercessions**

Let us pray for the Church and for the world, pausing for silence between petitions, and then offering spoken prayers as inspired to do so.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*  
 God of love.  
 You hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*  
 God of love.

**You hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

God of love.

**You hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence*

God of love.

**You hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

God of love.

**You hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

God of love.

**You hear our prayer.**

*At the conclusion of the prayers, the leader says:*

We come seeking forgiveness for all we have failed to be and to do. In God there is forgiveness. Let us confess our sins.

**All:** God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

*The celebrant says*

Through the cross of Christ, may God have mercy on us, pardon us and set us free. Know that we are forgiven, and be at peace. Amen.

**The Peace**

*All stand*

*Celebrant:* The peace of the Lord be always with you.

*People:*        **And also with you.**

*People greet one another in the name of the Lord.*

**Eat this Bread**

The musical score is written for two staves, treble and bass clef, in the key of D major (one sharp) and common time. The melody is in the treble clef, and the bass line is in the bass clef. The lyrics are: "Eat this bread, drink this cup, come to me and nev-er be hun-gry." The second system of the score includes guitar chords: G, D, Em, Bm, C, DSUS4, D, G. The lyrics for the second system are: "Eat this bread, drink this cup, trust in me and you will not thirst."

*We offer gifts of money, bread and wine to show that all we have and all that we are comes as a gift from God.*

**The Holy Communion**

*It is recommended that people stand as they are able throughout the following prayer.*

The Lord is here.  
**God's Spirit is with us.**  
Lift up your hearts.  
**We lift them to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to offer thanks and praise.**

\*We give thanks to you, O God,  
for the wonderful gift of reflective awareness  
that allows us to recognize and name You, our Creator,  
beyond all imagining, in our universe.  
Everything we have  
everything we see,  
everything we do,  
everyone we love and everyone who loves us  
reveals you, our Sustainer,  
and our total dependence on you.

Therefore with saints and martyrs, apostles and prophets, with all the redeemed, joyfully we praise you and

sing:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The Celebrant continues*

We marvel and wonder at the size and complexity of our universe.  
We marvel and wonder at the development of life on this planet.  
We give thanks for your Creative Presence that “charges” this life and all that exists.  
We recognize that our human lives give you a particular way of coming to expression,  
and that in us your Spirit can sing and dance, speak and write, love and create.

Conscious that we live, move, and have our being in you,  
we give thanks for people throughout history  
who have affirmed your loving presence in all people  
and who have challenged us to give witness to this  
by lives characterized by mercy, gratitude, compassion, generosity, and forgiveness.

We especially give you thanks for Jesus of Nazareth, who loved so greatly  
and taught so clearly and courageously the he was able to set people free  
from images and ideas and religious practices  
that bound them by fear and a false sense of  
separation from your Spirit.

Through him we have learned  
how our loving is a sharing in the life of your Spirit,  
In him we see your Spirit challenging all of us  
to make your presence on earth more visible.

We remember the night before Jesus died,  
When he took bread,  
gave thanks for everything he had,  
broke the bread and shared it with his friends  
asking them to remember his total surrender  
to the Spirit of Life and Love  
and his enduring love for each of them.

We take this bread and eat it,  
mindful of the Spirit at work in our lives,  
in the ordinary, in the everyday  
and in our desire to love as generously as he loved.

Knowing his life was to be poured out Jesus shared the cup of wine with his friends.  
We drink now, mindful of our bonding with Jesus and with all people  
through your Spirit at work in our lives.  
We believe that like all people who lived in love and died in love  
Jesus died into your eternal loving embrace.

We are thankful that the story of his life and death helps to ground our belief in the eternal,

loving connectedness with your life-giving Spirit,  
and with all our relatives and friends who have died.

We pray for all who allow your loving Spirit motivate their actions.  
We pray that all religious leaders and non-religious leaders may be open and affirming,  
creative and challenging.

We pray that we might better recognize, acknowledge, and proclaim  
Your presence in all people, at all times, in all places.

We give thanks that we have gathered here today  
to celebrate the life of Jesus and to remember to live and love as he did.  
We rejoice in the giftedness of each person  
and are grateful for who we are for each other as a community.

*Celebrant and People*

**May we continue to bring your life-giving and loving Spirit into the world. Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father in heaven,  
holy is your Name,  
your kingdom come  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us  
as we forgive others.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

We break this bread to share in the body of Christ.  
**We who are many are one body, for we all share the one bread.**

*The Celebrant invites the people saying*

The Gifts of God for the people of God. Take them in remembrance that Christ died and lives in you.

***Administration of the Sacrament:*** *At Ascension, all are welcome to receive the bread and wine. Come to the communion station and receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the*

Clergy of your desire to be blessed.

The ministers say the following words:

The Spirit of Christ, the bread of life.

The Spirit of Christ, the cup of life.

The communicant may respond each time

Amen.

### Prayer after Communion

God of all, we give you thanks and praise, that when we were still far off you met us in Jesus and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Amen.

### The Blessing

#### Ubi Caritas

U - bi ca - ri - tas et a - mor,  
Live in char - i - ty and stead - fast love,

F C Dm Gm C 3 F  
u - bi ca - ri - tas De - us i - bi est.  
live in char - i - ty; God will dwell with you.

### The Dismissal

**Celebrant:** Go in peace to love and serve the Lord.

**People:** Thanks be to God.

\*Adapted from Michael Morwood, *Praying a New Story*, New York: Orbis Books, 2004, 95-98