

Episcopal Church of the Ascension
 Contemplative Eucharist - 4 February AD 2018

Welcome and Announcements

Opening Hymn

Sing a New Song

Refrain

G D B7 Em Am7

Descant:

Sing a new song; sing

Melody:

Harmony:

Sing a new song un - to the Lord; let your song be

D G D

al - le - lu - ia. Sing a

sung from moun - tains high. Sing a new song

B7 Em Am7 D G

new song al - le - lu - ia.

un - to the Lord, sing - ing al - le - lu - ia.

Verses

G D7/A Am7/G D/F# Em

1. Yah - weh's peo - ple dance for joy. O come be -
 2. Rise, O chil - dren, from your sleep; your Sav - ior
 3. Glad my soul for I have seen the glo - ry

Am7/C D7/A D/F# G D7/A

fore the has Lord. And praise the Lord with
 now has come. The Lord has turned your
 of the Lord. The Lord has turned your
 the Lord. The Lord has turned your



Am7/G D C Am7 DSUS4 D D.C.

glad tam-bou - rines, and let your trum-pet sound.
 sor - row to joy, and filled your soul with song.
 dead shall be raised. I know my Sav - ior lives.

Text: Psalm 98; Dan Schutte, b. 1947
 Tune: Dan Schutte, b. 1947
 © 1972, Daniel L. Schutte, administered by New Dawn Music

Psalm 147:1-12, 21c *Laudate Dominum*

Read responsively.

Praise the LORD!

Because it is good to sing praise to our God!

Because it is a pleasure to make beautiful praise!

The LORD rebuilds Jerusalem, gathering up Israel's exiles.

God heals the brokenhearted
 and bandages their wounds.

God counts the stars by number,
 giving each one a name.

Our Lord is great and so strong!
 God's knowledge can't be grasped!
 The LORD helps the poor,
 but throws the wicked down on the dirt!

Sing to the LORD with thanks;
 sing praises to our God with a lyre!
 God covers the skies with clouds;
 God makes rain for the earth;
 God makes the mountains sprout green grass.

God gives food to the animals—
 even to the baby ravens when they cry out.

God doesn't prize the strength of a horse;
 God doesn't treasure the legs of a runner.

No. The LORD treasures the people
 who honor him,
 the people who wait for his faithful love.

Worship the LORD, Jerusalem!
 Praise your God, Zion!

The Holy Gospel of our Lord Jesus Christ according to Mark [1:29-39]
Glory to you, Lord Christ.

After leaving the synagogue, Jesus, James, and John went home with Simon and Andrew. Simon's mother-in-law was in bed, sick with a fever, and they told Jesus about her at once. He went to her, took her by the hand, and raised her up. The fever left her, and she served them. That evening, at sunset, people brought to Jesus those who were sick or demon-possessed. The whole town gathered near the door. He healed many who were sick with all kinds of diseases, and he threw out many demons. But he didn't let the demons speak, because they recognized him. Early in the morning, well before sunrise, Jesus rose and went to a deserted place where he could be alone in prayer. Simon and those with him tracked him down. When they found him, they told him, "Everyone's looking for you!" He replied, "Let's head in the other direction, to the nearby villages, so that I can preach there too. That's why I've come." He traveled throughout Galilee, preaching in their synagogues and throwing out demons.

The Gospel of the Lord.
Praise to you, Lord Christ.

Silence, and Response

LIGHT

352 I Want to Walk as a Child of the Light

Capo 1: (C) D \flat (G) A \flat (F) G \flat (G) A \flat

1. I want to walk as a child of the light.
 2. I want to see the bright-ness of God.
 3. I'm look - ing for the com - ing of Christ.

(A \flat m 7) B \flat m 7 (F) G \flat (E \flat m) F \flat m (G) A \flat (A \flat m 7) B \flat m 7

I want to fol - low Je - sus.
 I want to look at Je - sus.
 I want to be with Je - sus.

(C) D \flat (E \flat m) F \flat m (F) G \flat (G) A \flat

God set the stars to give light to the world. The
 Clear sun of right-eous-ness shine on my path, And
 When we have run with pa-tience the race, We

(C) D \flat (G/B) A \flat /C (G) A \flat (A \flat m 7) B \flat m 7 (D) E \flat (G) A \flat

star of my life is Je - sus.
 show me the way to the Fa - ther.
 shall know the joy of Je - sus.

(C) D \flat (E \flat m) F \flat m (G) A \flat (C) D \flat (F) G \flat (C) D \flat (G) A \flat

In him there is no dark - ness at all. The

(A \flat m 7) B \flat m 7 (G/B) A \flat /C (C) D \flat (G/B) A \flat /C (A \flat m 7) B \flat m 7 (F) G \flat (G) A \flat

night and the day are both a - like. The

LIGHT

Musical notation for the hymn "Lamb is the light of the city of God." The first line of music is in G minor (three flats) and 4/4 time. The notes are G4, A4, Bb4, C5, Bb4, A4, G4. Above the notes are the following chords: (Dm7) Ebm7, (G) Ab, (C) Db, (Em) Fm, (Am7) Bbm7, (D) Eb, and (G) Ab. The lyrics "Lamb is the light of the city of God." are written below the notes. The second line of music is also in G minor and 4/4 time. The notes are G4, A4, Bb4, C5, Bb4, A4, G4. Above the notes are the following chords: (C) Db, (F) Gb, (Em) Fm, (F) Gb, (G) Ab, and (C) Db. The lyrics "Shine in my heart, Lord Je - sus." are written below the notes.

Text: Ephesians 5:8-10, Revelation 21:23, John 12:46, 1 John 1:5, Hebrews 12:1; Kathleen Thomerson, b.1934, © 1970, 1975, Celebration
Tune: HOUSTON, 10 ♯ 10 ♯ 9 9 10 ♯; Kathleen Thomerson, b.1934, © 1970, 1975, Celebration; arr. by Robert J. Bassettini, b.1942, © 1987, GIA
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Intercessions

Let us pray for the Church and for the world, pausing for silence between petitions, and then offering spoken prayers as inspired to do so.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

God of love.
You hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

God of love.
You hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

God of love.
You hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

God of love.
You hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

God of love.
You hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

God of love.
You hear our prayer.

At the conclusion of the prayers, the leader says:

We come seeking forgiveness for all we have failed to be and to do. In God there is forgiveness. Let us confess our sins.

All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The celebrant says

Through the cross of Christ, may God have mercy on us, pardon us and set us free. Know that we are forgiven, and be at peace. **Amen.**

The Peace

All stand

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

People greet one another in the name of the Lord.

Refrain
Capo 1: (D) Eb (F#m) Gm (G) Ab (D) Eb

All that we have and all that we of-fer Comes from a

heart both fright-ened and free. Take what we bring now and

give what we need, All done in his name.

Verses

1. Some would re - ly on their pow - er, Oth - ers put
2. Some - times the road may be lone - some, Of - ten we
3. Some - times when trou - bles are man - y, Life can seem

trust in their gold. Some have on - ly their
may lose our way; Take cour-age and al-ways re -
emp - ty, it's true, But look at the life of the

Sav - ior, Whose faith-ful-ness nev - er grows old.
mem-ber † Love is - n't just for a day.
Mas - ter, Who lov - ing - ly suf-fered for you.

Text: Gary Asch, b.1944
Tune: Gary Asch b.1944; acc. by Gary Doigle, b.1957, alt.
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We offer gifts of money, bread and wine to show that all we have and all that we are comes as a gift from God.

The Holy Communion

It is recommended that people stand as they are able throughout the following prayer.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

Celebrant

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of our faith:

Celebrant and People

**Christ has died.
Christ is risen.
Christ will come again.**

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father in heaven,
holy is your Name,
your kingdom come
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us
as we forgive others.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

We break this bread to share in the body of Christ.
We who are many are one body, for we all share the one bread.

The Celebrant invites the people saying

The Gifts of God for the people of God. Take them in remembrance that Christ died and lives in you.

Administration of the Sacrament: At Ascension, all are welcome to receive the bread and wine. Come to the communion station and receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed.

The ministers say the following words:

The Spirit of Christ, the bread of life.

The Spirit of Christ, the cup of life.

The communicant may respond each time

Amen.

Prayer after Communion

God of all, we give you thanks and praise, that when we were still far off you met us in Jesus and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Amen.

PRAISE

O God of Matchless Glory 372

G F#m7 Em C Am7 C

1. O God of match-less glo-ry, Of all-sur-pass-ing
 2. With Wis-dom as your part-ner You formed the earth and
 3. Your word gives life for-ev-er; Our fear of death is

DSUS4 D7 G F#m7 Em C

worth, You fill the world with won-der; You
 sea; And still she calls the sim-ple, "Be
 stilled. With liv-ing bread and wa-ter Our

Em A7 DSUS4 D G Gmaj7

bring the stars to birth. To whom shall we sing
 wise and learn from me." Who else gives rest in
 deep-est need is filled. To whom shall we go

C Am7 G C DSUS4 D G D

prais-es? To whom, O God, but you? Al-le-lu-ia! Al-le-
 la-bor? Who else, O God, but you? Al-le-lu-ia! Al-le-
 seek-ing? To whom, O God, but you? Al-le-lu-ia! Al-le-

G Bm7 Em Am7 G D7 G

lu-ia! You are our God; We be-long to you.
 lu-ia! We share your yoke; We be-long to you.
 lu-ia! You are our God; We be-long to you.

Text: Ruth Duck, b. 1947
 Tune: MATCHLESS GLORY, 7 6 7 6 7 6 4 4 4 5; Ruth Duck, b. 1947; acc. by Randall Seussmeier, b.1948
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The Dismissal

Celebrant:

Go in peace to love and serve the Lord.

People:

Thanks be to God.