

Episcopal Church of the Ascension  
Contemplative Eucharist -15 April AD 2018

Welcome and Announcements

Opening Hymn

Though the Mountains May Fall

Refrain

Capo 3: (D) (G) (D) (C)  
F B $\flat$  F B $\flat$

*Descant:*

Though the moun - tains may fall and the hills turn to dust,

*Melody:*

(Am $^7$ ) (G) (E $^7$ ) (Am)  
Cm $^7$  B $\flat$  G $^7$  Cm

yet the love of the Lord will stand

(D) (G) (D) (C)  
F B $\flat$  F B $\flat$

as a shel - ter for all who will call on the Lord.

(Am $^7$ ) (G) (D) (C) (G)  
Cm $^7$  B $\flat$  F E $\flat$  B $\flat$  Last time

Sing the praise and the glo - ry of God. Last time



(C) (F#m) (Bm)  
 Eb Am Dm

*Descant:*



1. Could the Lord ev - er leave you? Could the  
 2. Should we turn and for - sake you, you will  
 3. Go to God when you're wea - ry; you'll be  
 4. As was sworn to your fore-bears, when the

*Melody:*



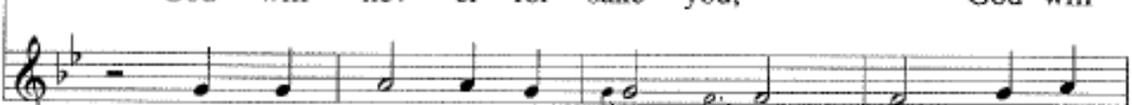
(C) (Am7) (G)  
 Eb Cm7 Bb

Lord for - get to love?  
 gent - ly call our name.  
 giv - en ea - gle's wings,  
 flood de - stroyed the land;




(C) (F#m) (Bm)  
 Eb Am Dm

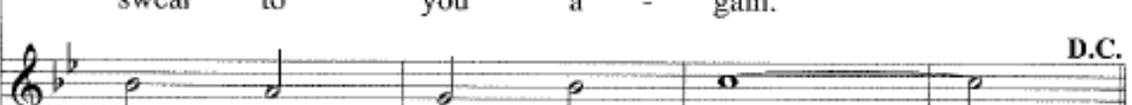
Though a moth - er for - sake her child, God will  
 Should we wan - der a - way from you, you will  
 You will run, nev - er tire, for your  
 God will nev - er for - sake you; God will

(C) (Am7) (D)  
 Eb Cm7 F

not a - ban - don you.  
 al - ways take us back.  
 God will be your strength.  
 swear to you a - gain.

D.C.

Text: Isaiah 54:6-10, 49:15, 40:31-32; Dan Schutte, b.1947  
 Tune: Dan Schutte, b.1947; acc. by Michael Pope, SJ  
 © 1975, Daniel L. Schutte and New Dawn Music

*Read responsively.*

Answer me when I cry out, my righteous God!  
Set me free from my troubles!  
**Have mercy on me!**  
**Listen to my prayer!**

How long, you people,  
will my reputation be insulted?

How long will you continue  
to love what is worthless  
and go after lies? *Selah*

Know this: the LORD takes  
personal care of the faithful.

The LORD will hear me  
when I cry out to him.

So be afraid, and don't sin!  
Think hard about it in your bed  
and weep over it! *Selah*

Bring righteous offerings,  
and trust the LORD!

Many people say,  
"We can't find goodness anywhere.  
The light of your face has left us, LORD!"

But you have filled my heart with more joy  
than when their wheat and wine are everywhere!

I will lie down and fall asleep in peace  
because you alone, LORD, let me live in safety.

The Holy Gospel of our Lord Jesus Christ according to Luke [24: 36b-48]  
Glory to you, Lord Christ.

Jesus himself stood among them and said, "Peace be with you!" They were terrified and afraid. They thought they were seeing a ghost. He said to them, "Why are you startled? Why are doubts arising in your hearts? Look at my hands and my feet. It's really me! Touch me and see, for a ghost doesn't have flesh and bones like you see I have." As he said this, he showed them his hands and feet. Because they were wondering and questioning in the midst of their happiness, he said to them, "Do you have anything to eat?" They gave him a piece of baked fish. Taking it, he ate it in front of them. Jesus said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the Law from Moses, the Prophets, and the Psalms must be fulfilled." Then he opened their minds to understand the scriptures. He said to them, "This is what is written: the Christ will suffer and rise from the dead on the

third day, and a change of heart and life for the forgiveness of sins must be preached in his name to all nations, beginning from Jerusalem. You are witnesses of these things.

The Gospel of the Lord.  
Praise to you, Lord Christ.

*Silence, and Response*

**Meditation**

**The Rev. Javier Ocampo**

Verses



Capo 1: (G) (Em) (Bm)  
A $\flat$  Fm Cm

1. I am the Bread of life. You who  
2. The bread that I will give is my  
3. Un - less you eat of the  
4. I am the Res - ur - rec - tion,  
5. Yes, Lord, I be - lieve that  
*1. Yo soy el pan de vi - da. El que*  
*2. El pan que yo da - ré es mi*  
*3. Mien - tras no co - mas el*  
*4. Yo soy la re - su - rrec - ción.*  
*5. Sí, Se - ñor, yo cre - o que*



(C) (Cmaj $^7$ ) (D)  
D $\flat$  D $\flat$ maj $^7$  E $\flat$

come to me shall not hun - ger; and who be -  
flesh for the life of the world, and if you  
flesh of the Son of Man and  
I am the life. If you be -  
you are the Christ, the  
*vie - ne a mí no ten - drá ham - bre. El que*  
*cuer - po vi - da del mun - do, y el que*  
*cuer - po del hi - jo del hom - bre, y*  
*Yo soy la vi - da. El que*  
*tú e - res el Cris - to, El*



(G) (Bm $^7$ ) (C) (G) (Bm)  
A $\flat$  Cm $^7$  D $\flat$  A $\flat$  Cm

lieve in me shall not thirst. No one can come to  
eat of this bread, you shall live for  
drink of his blood, and drink of his  
lieve in me, e - ven though you  
Son of God, Who have  
*cree en mí no ten - drá sed. Na - die vie - ne a*  
*co - ma de mi car - ne ten - drá vi - da e -*  
*be - bas de su san - gre, y be - bas de su*  
*cree en mí, aun - que mu - rie -*  
*Hi - jo de Dios, que vi - no al*

## Intercessions

Let us pray for the Church and for the world, pausing for silence between petitions, and then offering spoken prayers as inspired to do so.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*

God of love.  
**You hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*

God of love.  
**You hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

God of love.  
**You hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence*

God of love.  
**You hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

God of love.  
**You hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

We pray for comfort, healing, courage and hope for Harriette Eleanor Cooper, Juan Ernesto Escamilla, Delores Finister, Rudi Miksa, Ophelia Yalley-Ogunro, Sarah Olsen, Easton Pool, Berenice Rodriguez, Fran Spina, Suzanne Winterhalter, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, as well as for all those on our extended healing prayer list.

We give thanks for the life of Lyndall B. Caffey, in whose loving memory today's altar flowers were given by Fran Spina.

We give thanks for the lives of Vickie Williamson, Mildred Mwamba, Helen Zimba and Ms Serpell, in whose loving memory today's altar flowers were given by Claire Moran.

God of love.

**You hear our prayer.**

*At the conclusion of the prayers, the leader says:*

We come seeking forgiveness for all we have failed to be and to do. In God there is forgiveness. Let us confess our sins.

**All: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

*The celebrant says*

Through the cross of Christ, may God have mercy on us, pardon us and set us free. Know that we are forgiven, and be at peace. **Amen.**

**The Peace**

*All stand*

*Celebrant:* The peace of the Lord be always with you.

*People:* **And also with you.**

*People greet one another in the name of the Lord.*



1. Wel-come, all you no - ble saints of old, As  
 2. El - ders, mar - tyr's, all are fall - ing down; ?  
 3. Beg - gars, lame, and har - lots al - so here; Re -  
 4. Who is this who spreads the vic - t'ry feast? ?  
 5. Here he gives him - self to us as bread: ?  
 6. Wor - ship in the pres - ence of the Lord. With  
 7. When at last this earth shall pass a - way. When



now be - fore your ver - y eyes un - fold. The  
 Pro - phets, pa - tri - archs are gath - 'ring 'round. What  
 pen - tant pub - li - cans are draw - ing near; ?  
Who is this who makes our war - ring cease? ?  
 Here, as wine, we drink the blood he shed. ?  
 joy - ful songs and hearts in one ac - cord. And  
 Je - sus and his bride are one to stay. The



won - ders all so long a - go fore - told:  
 an - gels long to see now we have found.  
 Way - ward sons come home with - out a fear.  
Je - sus, ris - en Sav - ior, Prince of Peace. In  
 Born to die, we eat and live in - stead!  
 let our host at ta - ble be a - dored.  
 feast of love is just be - gun that day.



Christ there is a ta - ble set for all. In all.

Text: Robert J. Stamps  
 Tune: CENEDIUS, Irregular, Robert J. Stamps  
 © 1972, Dawn Treader Music

*We offer gifts of money, bread and wine to show that all we have and all that we are comes as a gift from God.*

### **The Holy Communion**

*It is recommended that people stand as they are able throughout the following prayer.*

The Lord is here.

**God's Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

*Celebrant*

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.(2X)**

*Celebrant*

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of our faith:

*Celebrant and People*

**Christ has died.  
Christ is risen.  
Christ will come again.**

*The Celebrant continues*

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

As our Savior Christ has taught us,  
we now pray:

**Eternal Spirit,  
Earth-Maker, Pain-bearer, Life-giver,  
Source of all that is and that shall be,  
Father and Mother of us all.  
Loving God, in whom is heaven:  
The hallowing of your name echoes through the universe!  
The way of your justice be followed by the peoples  
of the world!  
Your heavenly will be done by all created beings!  
Your commonwealth of peace and freedom  
sustain our hope and come on earth.  
With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.  
For you reign in the glory of the power that is love,  
now and forever. Amen.**

*As our Savior Christ has taught us,  
we are bold to say:*

**Our Father in heaven,  
holy is your Name,  
your kingdom come  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us  
as we forgive others.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

*icThe Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

We break this bread to share in the body of Christ.  
**We who are many are one body, for we all share the one bread.**

*The Celebrant invites the people saying*

The Gifts of God for the people of God. Take them in remembrance that Christ died and lives in you.

**Administration of the Sacrament:** *At Ascension, all are welcome to receive the bread and wine. Come to the communion station and receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed.*

*The ministers say the following words:*

The Spirit of Christ, the bread of life.  
The Spirit of Christ, the cup of life.

*The communicant may respond each time*  
**Amen.**

### **Prayer after Communion**

**God of all, we give you thanks and praise, that when we were still far off you met us in Jesus and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Amen.**

The Blessing  
Closing Hymn

I Danced in the Morning



1. I danced in the morn-ing when the
2. I danced for the scribe and the
3. I danced on the Sab-bath and I
4. I danced on a Fri-day when the
5. They cut me down and I



world was be-gun, And I danced in the moon and the  
phar-i-see, But they would-n't dance, and they  
cured the lame: The ho-ly peo-ple said it  
sky turned black; It's hard to dance with the  
leap up high; I am the life that-'ll



stars and the sun, And I came down from heav-en and I  
would-n't fol-low me; I danced for the fish-er-men, for  
was a shame. They whipped and they stripped and they  
dev-il on your back. They bur-ied my bod-y and they  
nev-er, nev-er die; I'll live in you if you'll



danced on the earth; At Beth-le-hem I had my birth.  
James and John; They came with me and the dance went on.  
hung me high, And left me there on a cross to die.  
thought I'd gone; But I am the dance and I still go on.  
live in me: I am the Lord of the Dance, said he.



Dance then wher-ev-er you may be; I am the Lord of the



dance, said he, And I'll lead you all, wher-ev-er you may be, And I'll

The Dismissal

*Celebrant:*  
*People:*

Go in peace to love and serve the Lord.  
Thanks be to God.