



## The Eleventh Sunday after Pentecost

20 August AD 2017

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*  
The Rev. Javier García Ocampo, *Assistant to the Rector*  
Jerrold Tidwell, *Minister of Music*

*Welcome to Ascension!*

*For more information about our community, fill out a welcome card, found at either end of the pews,  
or take one of our welcome packets from a member of the Welcome Team  
or the table by the Church Office door.*

*A nursery for children up through age three is available all morning in the Main Building, Room 2.*

***Please silence your audible devices.***

*Within the service, the people read the parts in **bold print**.*

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### The Word of God

Blessed be God: Father, Son and Holy Spirit.

**And blessed be God's kingdom, now and for ever. Amen.**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

Holy God,  
Holy and Mighty,  
Holy Immortal One;  
**Have compassion upon us.**

The Lord be with you.  
**And also with you.**  
Let us pray.

**Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

#### **Romans 11:1-2a, 29-32**

So I ask you, has God rejected his people? Absolutely not! I'm an Israelite, a descendant of Abraham, from the tribe of Benjamin. God hasn't rejected his people, whom he knew in advance. Or don't you know what the scripture says in the case of Elijah, when he pleads with God against Israel? God's gifts and calling can't be taken back. Once you were disobedient to God, but now you have mercy because they were disobedient. In the same way, they have also been disobedient because of the mercy that you received, so now they can receive mercy too. God has locked up all people in disobedience, in order to have mercy on all of them.

**Thanks be to God.**

**Psalm 133**

*Ecce, quam bonum!*

*Read responsively by the first reader and the people.*

Look at how good and pleasing it is  
**when families<sup>la</sup> live together as one!**

It is like expensive oil poured over the head,  
running down onto the beard—  
Aaron's beard!—  
**which extended over the collar of his robes.**

It is like the dew on Mount Hermon  
streaming down onto the mountains of Zion,  
because it is there that the LORD has commanded the blessing:  
**everlasting life.**

The Holy Gospel of our Lord Jesus Christ according to Matthew [15:10-28].  
**Glory to you, Lord Christ.**

Jesus called the crowd near and said to them, "Listen and understand. It's not what goes into the mouth that contaminates a person in God's sight. It's what comes out of the mouth that contaminates the person." Then the disciples came and said to him, "Do you know that the Pharisees were offended by what you just said?" Jesus replied, "Every plant that my heavenly Father didn't plant will be pulled up. Leave the Pharisees alone. They are blind people who are guides to blind people. But if a blind person leads another blind person, they will both fall into a ditch." Then Peter spoke up, "Explain this riddle to us." Jesus said, "Don't you understand yet? Don't you know that everything that goes into the mouth enters the stomach and goes out into the sewer? But what goes out of the mouth comes from the heart. And that's what contaminates a person in God's sight. Out of the heart come evil thoughts, murders, adultery, sexual sins, thefts, false testimonies, and insults. These contaminate a person in God's sight. But eating without washing hands doesn't contaminate in God's sight." From there, Jesus went to the regions of Tyre and Sidon. A Canaanite woman from those territories came out and shouted, "Show me mercy, Son of David. My daughter is suffering terribly from demon possession." But he didn't respond to her at all. His disciples came and urged him, "Send her away; she keeps shouting out after us." Jesus replied, "I've been sent only to the lost sheep, the people of Israel." But she knelt before him and said, "Lord, help me." He replied, "It is not good to take the children's bread and toss it to dogs." She said, "Yes, Lord. But even the dogs eat the crumbs that fall off their masters' table." Jesus answered, "Woman, you have great faith. It will be just as you wish." And right then her daughter was healed.

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

(The Rev.) Randy Lord-Wilkinson

**Sermon**

## The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate  
from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius  
Pilate;

he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord,  
the giver of life,  
who proceeds from the Father.  
With the Father and the Son he is worshiped  
and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic  
Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Prayers of the People

Form III

*The Leader and People pray responsively*

Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons, especially Michael our Presiding Bishop, Mariann our Bishop, and Randy and Javier our clergy;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest;  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others. You may offer your own prayers, silently or aloud.

*The people may add their own petitions*

We pray for comfort, healing, courage and hope for Sandy Boynton, Mary Ann Culkin, Kirk Fitch, Sally Glick, William Glick, Margaret Joseph, David King, David Parkerton, Olive Rivera, Mohammed Sheriff, Fran Spina, Ed Stennet, Bob Waters, Suzanne Winterhalter, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We give thanks for the birth of Sofia to Justin and Karina Gomez McCarty on August 15.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended healing prayer list.

*Celebrant*

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. *Amen.*

### **Confession of Sin**

*Leader*            Let us confess our sins against God and our neighbor.

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Celebrant alone stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen You in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

### **The Peace**

The peace of the Lord be always with you.  
**And also with you.**

### **Announcements**

*Please stand at the presentation of the money and food offerings.*

### **The Holy Communion**

The Lord be with you.  
**And also with you.**  
Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

*Celebrant*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The people kneel or stand.*

*The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." 🕯

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." 🕯

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor

and glory is yours, Almighty Father, now and for ever. **AMEN.**

### **The Lord's Prayer**

*As our Savior Christ  
has taught us,  
we now pray,*

*And now,  
as our Savior Christ has taught us,  
we are bold to say,*

Our Father in heaven,  
holy is your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

Alleluia. Christ our Passover is sacrificed for us.

**Therefore let us keep the feast. Alleluia.**

*Celebrant*

The Gifts of God for the People of God. Take them in remembrance that Christ died and lives in you, and feed on him in your hearts by faith, with thanksgiving.

***Administration of the Sacrament: All are welcome to the Lord's Table at Ascension.*** *To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest – this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

***Healing Prayers:*** *If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.*

### **When there is a Eucharistic Visitor present:**

We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

*People*

**We who are many are one body because we all share one bread and one cup.**

## Prayer after Communion

*Celebrant* Let us pray.

**Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.**

## The Blessing

Life is short, and we do not have too much time  
to gladden the hearts of those who travel the way with us.  
So be swift to love, and make haste to be kind.  
And may the blessing of the one who made us,  
who journeys with us,  
who breathes us into life moment by moment,  
Creator, Christ, and Holy Spirit, be upon you  
this day and always. **Amen.**

*The people stand.*

## Dismissal

Go in peace to love and serve the Lord.  
**Thanks be to God.**

# Worship Leaders

	<b>Today</b>	<b>Next Sunday</b>
<b>Readers</b>	<b>7:45 am</b> David Burton <b>9:00 am</b> Andrew Greene Kristen Keating <b>11:15 am</b> Sarah Rubin	Jean Cohn Marsha Sutherland Gordon Donnelly Kendall Anderson
<b>Prayers</b>	<b>7:45 am</b> David Burton <b>9:00 am</b> Susan Ahalt	Jean Cohn Betsy Hasegawa
<b>Chalicians</b>	<b>7:45 am</b> David Burton Edna Leake <b>9:00 am</b> Esther Tellu Major Clemens <b>11:15 am</b> Laura Shay Anika Lalmansingh	Wadai Dennis Sharon Hayden Sue Snay Sari Stoddard Anika Lalmansingh Sarah Rubin
<b>Healing Prayer Ministers</b>	<b>7:45 am</b> Meredith Horan <b>9:00 am</b> Javier Ocampo <b>11:15 am</b> Alex Langley	Janet King Susan McLaughlin Peg Ruppel
<b>Acolytes</b>	<b>7:45 am</b> Ron Hayden Aidan Douglas <b>9:00 am</b> Manny Johnson Monty Peterson Nuelle Johnson	Raymond Chin Aidan Douglas Gary McLaughlin Paul Whitmore Roberta Taylor
<b>Welcome Team</b>	<b>7:45 am</b> Herald Douglas Lisa Murdock <b>9:00 am</b> Esther Allotey-Taylor Bev Stennett Christine Kroma <b>11:15 am</b> Sciou Broderick Peedy Terry Emmanuel Nwankwo	Jean Cohn Don Cohn Doret Sutherland James Black Jonathan Black Avin Lalmansingh Karl Didavi Clark Didavi
<b>Altar Guild</b>	<b>7:45 a.m.</b> Enid Cole Mardia Dennis <b>9:00 a.m.</b> TBA <b>11:15 a.m.</b> Avin Lalmansingh Anika Lalmansingh	Leslie Sanya Wadai Dennis TBA Georgana Maines
<b>Song Leader</b>	<b>11:15 a.m.</b> Sue Snay	Claire Morin
<b>Hospitality Angels</b>	<b>7:45 a.m.</b> Enid Cole <b>9:00 a.m.</b> Nathalie Scott <b>11:15 a.m.</b> Mary Layne-Brizan	Jean Cohn Marjorie Madikoto Rose Buck
<b>Altar Guild Unscheduled Services</b>	7:45 a.m Team	9:00 a.m Team
<b>Eucharistic Visitors</b>	Jean Cohn	Meredith Horan
<b>Flower Delivery</b>	Esther Sawyer Adoma Baffoe	Hawa Clemens Eliane Dunn-Johnson



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