



The Third Sunday in Lent

19 March AD 2017

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jason Cutshall, *Seminarian*
Jerrold Tidwell, *Minister of Music*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from a member of the Welcome Team or the table by the Church Office door.

A nursery for children up through age three is available all morning in the Main Building, Room 2.

Please silence your audible devices.

*Within the service, the people read the parts in **bold print**.*

The Word of God

Bless the Lord who forgives all our sins.
His compassion endures forever.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Lord, have compassion upon us.
Christ, have compassion upon us.
Lord, have compassion upon us.

The Lord be with you.
And also with you.
Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Exodus 17:1-7

The whole Israelite community broke camp and set out from the Sin desert to continue their journey, as the LORD commanded. They set up their camp at Rephidim, but there was no water for the people to drink. The people argued with Moses and said, "Give us water to drink." Moses said to them, "Why are you arguing with me? Why are you testing the LORD?" But the people were very thirsty for water there, and they complained to Moses, "Why did you bring us out of Egypt to kill us, our children, and our livestock with thirst?" So Moses cried out to the LORD, "What should I do with this people? They are getting ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of Israel's elders with you. Take in your hand the shepherd's rod that you used to strike the Nile River, and go. I'll be standing there in front of you on the rock at Horeb. Hit the rock. Water will come out of it, and the people will be able to drink." Moses did so while Israel's elders watched. He called the place Massah and Meribah, because the Israelites argued with and tested the LORD, asking, "Is the LORD really with us or not?"

Hear what the Spirit is saying to God's people.
Thanks be to God.

Come, let us sing to the Lord;
let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms.

For the Lord is a great God,
and a great King above all gods.

In his hand are the caverns of the earth,
and the heights of the hills are his also.

The sea is his, for he made it,
and his hands have molded the dry land.

Come, let us bow down, and bend the knee,
and kneel before the Lord our Maker.

For he is our God,
and we are the people of his pasture and the sheep of his hand.
Oh, that today you would hearken to his voice!

The Holy Gospel of our Lord Jesus Christ according to John [4:5-42].
Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, which was near the land Jacob had given to his son Joseph. Jacob's well was there. Jesus was tired from his journey, so he sat down at the well. It was about noon. A Samaritan woman came to the well to draw water. Jesus said to her, "Give me some water to drink." His disciples had gone into the city to buy him some food. The Samaritan woman asked, "Why do you, a Jewish man, ask for something to drink from me, a Samaritan woman?" (Jews and Samaritans didn't associate with each other.) Jesus responded, "If you recognized God's gift and who is saying to you, 'Give me some water to drink,' you would be asking him and he would give you living water." The woman said to him, "Sir, you don't have a bucket and the well is deep. Where would you get this living water? You aren't greater than our father Jacob, are you? He gave this well to us, and he drank from it himself, as did his sons and his livestock." Jesus answered, "Everyone who drinks this water will be thirsty again, but whoever drinks from the water that I will give will never be thirsty again. The water that I give will become in those who drink it a spring of water that bubbles up into eternal life." The woman said to him, "Sir, give me this water, so that I will never be thirsty and will never need to come here to draw water!" Jesus said to her, "Go, get your husband, and come back here." The woman replied, "I don't have a husband." "You are right to say, 'I don't have a husband,'" Jesus answered. "You've had five husbands, and the man you are with now isn't your husband. You've spoken the truth." The woman said, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you and your people say that it is necessary to worship in Jerusalem." Jesus said to her, "Believe me, woman, the time is coming when you and your people will worship the Father neither on this mountain nor in Jerusalem. You and your people worship what you don't know; we worship what we know because salvation is from the Jews. But the time is coming—and is here!—when true worshippers will worship in spirit and truth. The Father looks for those who worship him this way. God is spirit, and it is necessary to worship God in spirit and truth." The woman said, "I know that the Messiah is coming, the one who is called the Christ. When he comes, he will teach everything to us." Jesus said to her, "I Am—the one who speaks with you." Just then, Jesus' disciples arrived and were shocked that he was talking with a woman. But no one asked, "What do you want?" or "Why are you talking with her?" The woman put down her water jar and went into the city. She said to the people, "Come and see a man who has told me everything I've done! Could this man be the Christ?" They left the city and were on their way to see Jesus. In the meantime the disciples spoke to Jesus, saying, "Rabbi, eat." Jesus said to them, "I have food to eat that you don't know about." The disciples asked each other, "Has someone brought him food?" Jesus said to them, "I am fed by doing the will of the one who sent me and by completing his work. Don't you have a

saying, 'Four more months and then it's time for harvest'? Look, I tell you: open your eyes and notice that the fields are already ripe for the harvest. Those who harvest are receiving their pay and gathering fruit for eternal life so that those who sow and those who harvest can celebrate together. This is a true saying, that one sows and another harvests. I have sent you to harvest what you didn't work hard for; others worked hard, and you will share in their hard work." Many Samaritans in that city believed in Jesus because of the woman's word when she testified, "He told me everything I've ever done." So when the Samaritans came to Jesus, they asked him to stay with them, and he stayed there two days. Many more believed because of his word, and they said to the woman, "We no longer believe because of what you said, for we have heard for ourselves and know that this one is truly the savior of the world."

The Gospel of the Lord.
Praise to you, Lord Christ.

Sermon

The Rev. Javier García Ocampo

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
True God from true God, begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius
Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

The Prayers of the People

Form IV

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, Mariann our Bishop, Randy and Javier, our clergy, Jason, our seminarian, and all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation. You may add your own prayers at this time silently or aloud.

The People may add their own petitions

We pray for all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, especially Sandy Boynton, Monica Koenig Caphart, John Carman, Abby FitzPatrick, Diane Goldman, Dotty Pfadenhauer, Wilma Joyce Ruppel, Proscovia Senkeeto, Roz Silver-Marcotte, Fran Spina, Suzanne Winterhalter.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life. You may offer your own prayers of thanksgiving at this time.

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

All kneel. Silence may be kept.

Leader and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Celebrant alone stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen You in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

The peace of the Lord be always with you.
And also with you.

Announcements

Please stand at the presentation of the money and food offerings.

The Holy Communion

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Lord's Prayer

*As our Savior Christ
has taught us,
we now pray,*

Our Father in heaven,
holy is your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

*And now,
as our Savior Christ has taught us,
we are bold to say,*

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Christ our Passover is sacrificed for us.
Therefore let us keep the feast.

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and lives in you, and feed on him in your hearts by faith, with thanksgiving.

Administration of the Sacrament: All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest – this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.

Healing Prayers: If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.

When there is a Eucharistic Visitor present

We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

People **We who are many are one body because we all share one bread and one cup.**

Prayer after Communion

Let us pray.

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your
Son, and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

The Blessing

Life is short, and we do not have too much time
to gladden the hearts of those who travel the way with us.
So be swift to love, and make haste to be kind.
And may the blessing of the one who made us,
who journeys with us,
who breathes us into life moment by moment,
Creator, Christ, and Holy Spirit, be upon you
this day and always. *Amen.*

The people stand.

Dismissal

Go in peace to love and serve the Lord.
Thanks be to God.

Worship Leaders

	Today	Next Sunday
Readers	7:45 a.m. Enid Cole 9:00 a.m. Andrew Greene Gordon Donnelly 11:15 a.m. Laura Shay	Leslie Sanya Alvaro Gonzales Marsha Sutherland Kendall Anderson
Prayers	7:45 a.m. Enid Cole 9:00 a.m. Christian Simpson	Leslie Sanya Suzyn Gonzales
Chalicians	7:45 a.m. Sharon Hayden Edna Leake 9:00 a.m. Nancy Carman Cynthia Perley 11:15 a.m. Rimmie Sicard Jason Cutshall	Jason Cutshall David Burton Margaret Tellu Major Clemens Kirk Fitch Anika Lalmansingh
Healing Prayer Ministers	7:45 a.m. Lisa Murdock 9:00 a.m. Paul Whitmore 11:15 a.m. Peg Ruppel	Meredith Horan Jason Cutshall Laura Shay
Acolytes	7:45 a.m. Ron Hayden Aidan Douglas 9:00 a.m. Lisa Dickson Alfred Wasikye Richard McFarland	Raymond chin Aidan Douglas Paul Whitmore Bob Waters Kofi Kwamena-Poh
Welcome Team	7:45 a.m. Florence Sirleaf Jean Cohn 9:00 a.m. Nii Armah Akuete Ruby King Charles Dickson 11:15 a.m. Alex Langley Alice Padmore Kendall Anderson	Herald Douglas Lisa Murdock Swithin Kwamena-Poh Kevin Blanc Algernon Thomas Sciou Broderick Peedy Terry Emmanuel Nwankwo
Altar Guild	7:45 a.m. Leslie Sanya Wadai Dennis 9:00 a.m. Cynthia Perley Liz Lennon 11:15 a.m. Georgana Maines	Georgette Dennis TBA Anika Lalmansingh Avin Lalmansingh
Song Leader	11:15 a.m. Sue Snay	Claire Morin
Hospitality Angels	7:45 a.m. Yvonne Lartey 9:00 a.m. Marjorie Madikoto 11:15 a.m. Peg Ruppel	Don Cohn Betsy Balicao Georgana Maines
Altar Guild Unscheduled Services	11:15 a.m. Team	7:45 a.m. Team
Eucharistic Visitor	Jean Cohn	Bob Mansfield
Flower Delivery	Adoma Baffoe Hawa Clemens	Eliane Dunn-Johnson Alice Padmore



The Episcopal Church of the Ascension
 205 South Summit Avenue
 Gaithersburg, Maryland 20877-2315
 Phone: 301.948.0122 – Fax: 301.926.9012
eca@ascensionmd.org
www.ascensionmd.org