

# WELCOME TO CHURCH OF THE ASCENSION

*Fourteenth Sunday after Pentecost : 26 August A.D. 2018*

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## The Way of Love

This summer, The Rev. Michael Curry, Presiding Bishop of the Episcopal Church, captured the attention of the whole world with his spirited and spiritual take on the awesome power of love. Did you watch his speech? Did you smile with recognition of the power, and wish to see its fulfillment in less glamorous quarters close to home? When Bishop Curry said, “There’s power in love to show us the way to live”, he handed us the key. He invited us to think of homes and families where love is the way; governments and nations where love is the way. He asked us to recall the philosophy of Dr. Martin Luther King, when he said that we must discover the redemptive power of love—and when we do that, we will make of this old world a new world.

Our own Bishop Mariann Budde, Bishop of the Diocese of Washington, has spent considerable time reflecting on Bishop Curry’s call for all Episcopalians to commit to a path of spiritual growth. She has thought deeply about her own spiritual growth over many years, and is disarmingly honest about how difficult it can be at times. However, she says “I am persuaded that it is not only the Presiding Bishop who is inviting us to walk in the way of love, but Christ Himself....When we commit to specific spiritual practices, we can rest assured that our congregations will be renewed, our communities transformed for the good, and our lives changed by his life-giving presence.”

Beginning on Sept. 9, 2018, Bishop Mariann will preach a sermon series on The Way of Love: Practices for a Jesus-centered life. She provided a lectionary of biblical references, and, via email, suggested Scripture readings for daily prayer. She notes that across the Episcopal Church others are engaging in this powerful quest for conversion from one path to another, and as they generate Way of Love resources, she will share them with us on the website. This is the set of daily observances she will preach about as we are all invited to learn and grow:

1. TURN. A conversion from the path we have been on to another.
2. LEARN. Draw knowledge and inspiration from the Bible
3. PRAY. To understand and reflect the love of Jesus
4. WORSHIP. Draw strength from the Christian community
5. BLESS. Offer kindness and love
6. GO. Move out to where the love of Jesus is needed
7. REST. Reclaim the Sabbath

I am excited that Ascension will be able to participate in this program of renewal and joy. I think that these seven intentional practices reflect the desire of many people to change the tone of our public and private lives. We are weary and discouraged with life in 2018, but we can dimly perceive that the Way of Love will bring us closer to God, the source of all love, and closer to each other. Like Bishop Curry, we may say, “My brothers and sisters, that’s a new heaven, a new earth, a new world, a new human family.” And like Bishop Mariann, I believe that learning to incorporate these practices in all that we do will lead us to become living examples of Jesus’ love.

Javier

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**TO OUR VISITORS, NEWCOMERS, AND SEEKERS**

*We thank you for joining us today and hope you will return often.*

At Ascension, our mission is to become “ambassadors of Christ,” so we welcome you to this community of resident aliens. We invite you to fill out a welcome card (located in the rack at the ends of each pew).

## TODAY AT ASCENSION

### Preacher: Javier Ocampo

Refreshments and conversation follow every service in the lower atrium.

A place of peace for parents and a beginners Sunday School is available in Room 4.  
Please feel free to bring your child.

## LIFE LONG LEARNING

### Tai Chi

Tai Chi on Thursdays in the Chapel will be cancelled for July and August, and resume in September. During the summer, we will meet in Washington Grove on Saturday mornings at 9 am. Directions are Woodland Park, on Grove Road, near the tennis courts. Cancelled if rainy. For information, contact Claire at cjrosser@aol.com (301-275-0617).

### Summer Sunday School

Children and Families are welcome! We are offering Summer Sunday School, in room 4 (also called the "Place of Peace"), during the 10:00 service. We sing, have a simple lesson, pray and play and then go to church for communion. Parents may come to Sunday school with their little ones or leave their children to us while they enjoy the church service. Over the past few weeks we have seen some beautiful interactions between older and younger children. Come hang out with us sometime! Questions? text or call: Megan Didavi at 703-626-7199

### Wednesday Morning Book Group

Our group is discussing the book, "Take This Bread: A Radical Conversion," by Sara Miles. This book presents the story of its author's journey to faith and how she took Jesus' call to feed others by establishing food pantries. Our group meets on Wednesday mornings at 10:00 a.m. in Ascension's library. All are welcome to participate. Please read chapters 8, 9, and 10 for this coming Wednesday.

### Spanish Class

There will be no Spanish class until September 10. For more information contact Javier at ocampo@ascensionmd.org

### Thursday Morning Yoga

Yoga classes are offered on Thursdays at 10:00 AM, taught by Lucia Pires. The class is multilevel, with an emphasis on gentle yoga, and is appropriate for beginners. Props are offered, but the students are encouraged to bring their own yoga mats.

Yoga class has been temporarily moved to Room 6 in the main church from July 12th through August 30th. This classroom is located on the lower level of the main building. Classes will resume in the Chapel on September 6, 2018.

There will be no yoga class on 8/30.

## LIFE AT ASCENSION

### Are you interested in helping someone in need of transportation get to church?

We have members at Ascension that are looking for a ride to Sunday service. Are you available, are you interested in giving them a lift? If you live in Gaithersburg and would like to assist please contact the parish administrator Lin Keene at office@ascensionmd.org

### WE HAVE GONE DIGITAL

In this day and age we must keep up with technology. We have updated Servant Keeper (Ascension's database) to allow parishioners to update their own information on the church's database. The link below will allow you to access it by entering your email address and creating a password. You will be able to upload your own photo, update your current information, and also view your contributions and print your own statements. Of course those who wish us to provide them with their statements, we will be happy to do so. You will be able to share your interests in severing and tell us where you are serving now.

<https://servantkeeper.com/member-portal/ECOTA/registration/email>

### Help Provide School Supplies and Backpacks for Children in Need

The backpacks will be assembled in Room 2 today following the 10 a.m. service. All help will be appreciated. We can work together while we visit and get to know each other. Thank you in advance for your support of this project.

### Yard Sale & Car Wash - September 08



Second Annual Summer Yard Sale and Car Wash on Saturday, September 08, 2018 from 7:00 a.m. to 3:00 p.m. If you have furniture or clothes that you want to donate, bring them to the office. Remember that you can bring your car to be washed. We also need help. If you are available, you are welcome to join us! For more information, please contact Javier at ocampo@ascensionmd.org or 202-903-6426 or Ascension Office.

### Healing Prayer Ministers

We are in desperate need of volunteers to provide this special function at our 8 o'clock service. Training and assistance will be provided to you on a one-on-one basis. Give your name to Father Javier, or call Lin at 301 948-0122.

### ATTENTION WORSHIP LEADERS

Chalichists, readers, acolytes, healing prayer ministers, ushers, hospitality angels, flower deliverers: It's time to start looking for any black-out dates you may have for October, November and December. I will be starting the roster for the next quarter shortly and if I know in advance that you won't be available on specific dates, I won't schedule you for those dates. That's so much easier than your having to find a sub! Email me any "not available" dates you may know of at sari.stoddard@verizon.net. Blessings on all of you, and thank you for offering your help to our worship.

Thanks in advance,  
Sari

### Bishop's Visit and One Ascension Sunday

Bishop Mariann Edgar Budde spends much of her time out and about in the congregations of the diocese. In addition, she makes an official visitation to each of the diocese's 88 congregations once every three years. These visits occur on Sunday mornings, and the schedule is typically announced each summer. In years in which the bishop does not visit, a member of her senior staff visits instead. This year she will come to Ascension on Sunday September 30th, since it is also One Ascension Sunday we will have just one service at 10:00 a.m. After the service we will have a potluck. Please sign up if you want to bring any food or drink.

## Invitation for Enid's Ordination



By the Grace of God and the people consenting  
The Right Reverend Mariann Edgar Budde, Bishop of Washington  
will ordain to the Sacred Order of Deacons in Christ's One Holy  
Catholic and Apostolic Church

Sandra Russline Bramble  
Enid Omodele Cole  
Joan Marie Crittenden  
Anne Elizabeth Derse  
Elizabeth Lovette Dixon  
Martha Josephine Eldredge  
Susan Cheryl Fritz  
Janice Marie Hicks  
Lesley Werner Krauland  
Kathryn Evans McMahon  
Steven Eugene Seely  
Eugene Nat Wright

on Saturday, September 22, 2018, 10:00 a.m.  
at the Cathedral Church of St. Peter and St. Paul  
3101 Wisconsin Avenue, NW,  
Washington, District of Columbia

Your prayers and presence are requested.  
Clergy: Red Stoles

Reception to follow in the Bishop's Garden.  
Clergy planning to process please RSVP to [www.edow.org/ordinationrsvp](http://www.edow.org/ordinationrsvp)  
by September 14, 2018.

### Parishioner with Cancer in Need of Transport to Doctors

Leslie Pool has cancer and is in need of help getting to her numerous medical appointments. Ascension is not her only source of help, but we are looking for a few people who can assist. Please contact Bubba Pflantzbaum at [bubbashalom@gmail.com](mailto:bubbashalom@gmail.com)

### Personnel Committee Seeks Volunteers!

Do you have Human Resource Management or Managerial experience? Do you have a keen eye for detail? Are you gifted at conflict resolution? Well if so, then the Personnel Committee is looking for volunteers. We are looking for help with the following areas of personnel: reviewing the personnel policies and guidelines, establishing salary structures, creating and performing annual reviews, and reviewing benefits packages for the staff and clergy. If any of the above sounds interesting, Ascension could use your help. Please contact the Vestry Liaison, Rose Buck, at [rose.buck2@gmail.com](mailto:rose.buck2@gmail.com) or at 301.325.6291 or email Lin Keene at [office@ascensionmd.org](mailto:office@ascensionmd.org).

## *Bike with The Bishop '18*



Enjoy a wonderful day on the bike with Bishop Mariann Budde, the diocesan bishop for the Episcopal Diocese of Washington!

- ⌘ Open to all St. Anne's parishioners and guests
- ⌘ 10-15 Mile Group Ride
- ⌘ Stop for Lunch on the route
- ⌘ Custom "Bike With The Bishop '18" T-shirt emblazoned with photo suitable for autographing and/or framing
- ⌘ Limited to 16 Riders
- ⌘ \$275/Rider
- ⌘ Proceeds benefit St. Anne's Episcopal Church and its ministries

Contact Christina More to sign up – [thevife@yahoo.com](mailto:thevife@yahoo.com)

## CARING FOR OUR COMMUNITY

### Men's Shelter Lunch Program

The Men's Shelter Lunch program provides bagged lunches for homeless men, assembled in the Undercroft once a month. Supplies are donated by Ascension members. Depending on the season, we provide forty to eighty lunches a month. The next program will be September 16 at 11:15 a.m. Contact Edith at [esekasi@gmail.com](mailto:esekasi@gmail.com) if you would like to help, or sign up at <http://bit.ly/>

### Ministerio Felicidad

Ascension members prepare lunches and send love and prayers to day laborers in the neighborhood of the church. Join Javier at 6:00 a.m. on Saturday, September 29 in the church kitchen. If you have any questions, Contact Javier at [ocampoj@ascensionmd.org](mailto:ocampoj@ascensionmd.org)

### Montgomery Hospice

Montgomery Hospice is a nonprofit hospice that has been serving the residents of Montgomery County for 36 years. We provide professional end-of-life care in homes, extended care facilities and at Casey House, our acute care facility. We are looking for new volunteers. Our greatest need is for volunteers to visit patients. These volunteers provide companionship for patients, respite for family members, lavender oil hand massages, music by the bedside or help with practical matters. Many provide the gift of "presence" by simply being with a patient. All volunteers go through an application process.

## CONTACT US

205 S. Summit Ave., Gaithersburg, Maryland, 20877  
www.ascensionmd.org

- ◆ Office Hours: Monday-Thursday 9:30 a.m. 3:30 p.m.  
Friday 10:00 a.m.—2:00 p.m.
- ◆ Phone: 301.948.0122 ◆ Fax: 301.926.9012
- ◆ Javier's Cell: 202.903.6426
- ◆ Prayer requests: Fill out a yellow prayer request card on the table in the Narthex or e-mail the office at office@ascensionmd.org.

**Bishop of Washington** - The Rt. Rev. Mariann Edgar Budde  
mebudde@edow.org, 202.537.6550

**Priest in Charge** —The Rev. Javier García Ocampo  
ocampo@ascensionmd.org, voice mailbox 12

**Interim Minister of Music**

10:00 a.m. Clarice Snyder

**Parish Administrator** - Lin Keene

office@ascensionmd.org, voice mailbox 10

**Media Specialist**—Eleni Hailu

comm@ascensionmd.org, voice mailbox 14

**Altar Guild Directors**, Mardia Dennis,

mard908@gmail.com, Dotty Pfadenhauer, dottypfa@aol.com  
and Georgana Maines, mainesgnh@verizon.net

## LEADERSHIP AT ASCENSION

**Senior Warden:** Betsy Hasegawa

**Junior Warden:** Janet King

### Vestry:

2019: Rose Buck, Zadinga Ogada, John Pruessner

2020: Gordon Donnelly, Meredith Horan, Luis Pedron

2021: Berenice Rodriguez, Robert Waters,

Susan McLaughlin

Sari Stoddard, *Clerk of the Vestry*

Avin Lalmansingh, *Treasurer*

Christian Formation for Children: Megan Didavi ~ Christian

Formation for Youth: Angie Hight-Walker ~

Facilities: Ted Bedell ~

Finance: Avin Lalmansingh ~ Mission: Paul Boynton ~

Pastoral Care: Nan Hildebrand ~

Personnel: Jean Cohn ~

Worship: Gary McLaughlin, Curt Lindsay

### Delegates to Diocesan Convention:

Mardia Dennis, Gary McLaughlin, Sue Snay

Alternate: Fredy Diaz

## Cycles of Prayer

Prayers for those whose lives are closely linked with

ours: St. Albans School for Boys

The National Cathedral School for Girls

Beauvoir, the National Cathedral Elementary School

Washington Episcopal School

The Bishop John T. Walker School

## THIS WEEK AT ASCENSION

### Monday, August 27

1:00 p.m. Al-Anon—Room 1

7:00 p.m. Overeaters Anonymous—Room 1

### Tuesday, August 28

7:00 p.m. Codependents Anonymous—Room 1

7:00 p.m. Stillwater Mindfulness Group—Chapel

7:30 p.m. Spanish Bible Study—Library

8:30 p.m. Al-Anon—Room 1

### Wednesday, August 29

10:00 a.m. Wednesday Book Group—Library

1:00 p.m. Al-Anon—Room 1

7:00 p.m. Overeaters Anonymous—Room 1

8:00 p.m. Gamblers' Anonymous—Room 2

### Thursday, August 30

None

### Friday, August 31

1:00 p.m. Al-Anon—Room 1

### Saturday, September 1

9:00 a.m. Overeaters Anonymous—Room 2

11:00 a.m. Al-Anon—Undercroft

11:00 a.m. Overeaters Anonymous—Room 1

6:30 p.m. Al-Anon/Spanish- Room 1

### Sunday, September 2

Preacher: The Rev. Javier G. Ocampo

8:00 a.m. Holy Eucharist —Main Church

Bible School for 3+ year olds & under — Main Church

10:00 a.m. Holy Eucharist —Main Church

11:00 a.m. Latin Choir — Room 1

12:00 p.m. Eucaristia en Espanol—Main Church

Attendance	August 5	August 12	August 19
8:00a.m.	25	29	25
10:00 a.m.	130	104	89
12:00p.m.	21	25	34
Total:	176	158	148