



"We are ambassadors who represent Christ." – 2 Corinthians 5:20

THIS WEEK AT ASCENSION

The Way of Love

This summer, The Rev. Michael Curry, Presiding Bishop of the Episcopal Church, captured the attention of the whole world with his spirited and spiritual take on the awesome power of love. Did you watch his speech? Did you smile with recognition of the power, and wish to see its fulfillment in less glamorous quarters close to home? When Bishop Curry said, "There's power in love to show us the way to live", he handed us the key. He invited us to think of homes and families where love is the way; governments and nations where love is the way. He asked us to recall the philosophy of Dr. Martin Luther King, when he said that we must discover the redemptive power of love—and when we do that, we will make of this old world a **new** world.

Our own Bishop Mariann Budde, Bishop of the Diocese of Washington, has spent considerable time reflecting on Bishop Curry's call for all Episcopalians to commit to a path of spiritual growth. She has thought deeply about her own spiritual growth over many years, and is disarmingly honest about how difficult it can be at times. However, she says "I am persuaded that it is not only the Presiding Bishop who is inviting us to walk in the way of love, but Christ Himself...When we commit to specific spiritual practices, we can rest assured that our congregations will be renewed, our communities transformed for the good, and our lives changed by his life-giving presence."

Beginning on Sept. 9, 2018, Bishop Mariann will preach a sermon series on The Way of Love: Practices for a Jesus-centered life. She provided a lectionary of biblical references, and, via email, suggested Scripture readings for daily prayer. She notes that across the Episcopal Church others are engaging in this powerful quest for conversion from one path to another, and as they generate Way of Love resources, she will share them with us on the website. This is the set of daily observances she will preach about as we are all invited to learn and grow:

1. **TURN.** A conversion from the path we have been on to another.
2. **LEARN.** Draw knowledge and inspiration from the Bible
3. **PRAY.** To understand and reflect the love of Jesus
4. **WORSHIP.** Draw strength from the Christian community

5. BLESS. Offer kindness and love
6. GO. Move out to where the love of Jesus is needed
7. REST. Reclaim the Sabbath

I am excited that Ascension will be able to participate in this program of renewal and joy. I think that these seven intentional practices reflect the desire of many people to change the tone of our public and private lives. We are weary and discouraged with life in 2018, but we can dimly perceive that the Way of Love will bring us closer to God, the source of all love, and closer to each other. Like Bishop Curry, we may say, “My brothers and sisters, that’s a new heaven, a new earth, a new world, a new human family.” And like Bishop Mariann, I believe that learning to incorporate these practices in all that we do will lead us to become living examples of Jesus’ love.

Javier

HEADLINERS

ATTENTION WORSHIP LEADERS:

Chalicians, readers, acolytes, healing prayer ministers, ushers, hospitality angels, flower deliverers: It’s time to start looking for any black-out dates you may have for October, November and December. I will be starting the roster for the next quarter shortly and if I know in advance that you won’t be available on specific dates, I won’t schedule you for those dates. That’s so much easier than your having to find a sub! Email me any “not available” dates you may know of at sari.stoddard@verizon.net. Blessings on all of you, and thank you for offering your help to our worship.

Thanks in advance,

Sari

Parishioner with Cancer in Need of Transport to Doctors

Leslie Pool has cancer and is in need of help getting to her numerous medical appointments. Ascension is not her only source of help, but we are looking for a few people who can assist. Please contact Bubba Pflantzbaum at bubbashalom@gmail.com

Invitation for Enid's Ordination



By the Grace of God and the people consenting
The Right Reverend Mariann Edgar Budde
Bishop of Washington
will ordain
to the Sacred Order of Deacons
in Christ's One Holy Catholic and Apostolic Church

*Sandra Russline Bramble
Enid Omodele Cole
Joan Marie Crittenden
Anne Elizabeth Derse
Elizabeth Lovette Dixon
Martha Josephine Eldredge
Susan Cheryl Fritz
Janice Marie Hicks
Lesley Werner Krauland
Kathryn Evans McMahan
Steven Eugene Seely
Eugene Nat Wright*

on Saturday, September 22, 2018

10:00 a.m.

at the

Cathedral Church of St. Peter and St. Paul

3101 Wisconsin Avenue, NW,

Washington, District of Columbia

Your prayers and presence are requested.

Clergy: Red Stoles

Reception to follow in the Bishop's Garden.

Clergy planning to process please rsvp to www.edow.org/ordinationrsvp

by September 14, 2018.

Bike Ride with the Bishop

Bike with The Bishop '18



Enjoy a wonderful day on the bike with Bishop Mariann Budde, the diocesan bishop for the Episcopal Diocese of Washington!

- ⌘ Open to all St. Anne's parishioners and guests
- ⌘ 10-15 Mile Group Ride
- ⌘ Stop for Lunch on the route
- ⌘ Custom "Bike With The Bishop '18" T-shirt emblazoned with photo suitable for autographing and/or framing
- ⌘ Limited to 16 Riders
- ⌘ \$275/Rider
- ⌘ Proceeds benefit St. Anne's Episcopal Church and its ministries

Contact Christina More to sign up – thevife@yahoo.com

Bishop's Visit and One Ascension Sunday

Bishop Mariann Edgar Budde spends much of her time out and about in the congregations of the diocese. In addition, she makes an official visitation to each of the diocese's 88 congregations once every three years. These visits occur on Sunday mornings, and the schedule is typically announced each summer. In years in which the bishop does not visit, a member of her senior staff visits instead. This year she will come to Ascension on Sunday September 30th, since it is also One Ascension Sunday we will have just one service at 10:00 a.m. After the service we will have a potluck. Please sign up if you want to bring any food or drink.

Healing Prayer Ministers

We are in desperate need of Volunteers to provide this special function at our 8 o'clock service. Training and assistance will be provided to you on a one-on-one basis. Give your name to Father Javier, or call Lin at 301 948-0122.

Yard Sale & Car Wash - September 08

Second Annual Summer Yard Sale and Car Wash on Saturday, September, 2018 from 7:00 a.m. to 3:00 p.m. If you have furniture or clothes that you want to donate, bring them to the office. Remember that you can bring your car to be washed. We also need help. If you are available, you are welcome to join us! For more information, please contact Javier at ocampo@ascensionmd.org or 202-903-6426 or Ascension Office.

Help Provide School Supplies and Backpacks for Children in Need

Ascension is collecting supplies and financial donations to provide backpacks for students (kindergarten through 5th grade) at Summit Hall E. S. in Gaithersburg as part of the Linkages to Learning Program. The purpose of this program is to improve the well-being of children and their families through collaborative delivery of school based services that address social, economic, health and emotional issues that interfere with the academic success of the child. The lists of supplies are available in the narthex. You are not obligated to provide all of the supplies on the list. All donations are welcome. If you would like to make a financial donation, please make the check payable to the church and write "For Backpacks" on the memo line. Please put the check in the plate on Sunday. Please put the supplies in Room 2 On Sunday, August 26, the backpacks will be assembled in Room 2 following the 10 am service. All help will be appreciated. We can work together while we visit and get to know each other. Thank you in advance for your support of this project.

LIFE LONG LEARNING

Summer Sunday School

Children and Families are welcome! We are offering Summer Sunday School, in room 4 (also called the "Place of Peace", during the 10:00 service. Similar to the Families with Young Children Service, we sing, have a simple lesson, pray and play and then go to church for communion. Parents may come to Sunday school with their little ones or leave their children to us while they enjoy the church service. Over the past few weeks we have seen some beautiful interactions between older and younger children. Come hang out with us sometime! Questions? text or call: Megan Didavi 703-626-7199

Wednesday Morning Book Group

Our group is discussing the book, "Take This Bread: A Radical Conversion," by Sara Miles. This book presents the story of its author's journey to faith and how she took Jesus' call to feed others by establishing food pantries. Our group meets on Wednesday mornings at 10:00 a.m. in Ascension's library. All are welcome to participate. Please read chapters 8, 9, and 10 for this coming Wednesday.

Tai Chi

Tai Chi on Thursdays in the Chapel will be cancelled for July and August, and resume in September.

During the summer, we will meet in Washington Grove on Saturday mornings at 9 am. Directions are Woodland Park, on Grove Road, near the tennis courts. Cancelled if rainy.

For information, contact Claire at cjrosser@aol.com (301-275-0617).

Thursday Morning Yoga

Yoga classes are offered on Thursdays at 10:00 AM, taught by Lucia Pires. The class is multilevel, with an emphasis on gentle yoga, and is appropriate for beginners. Props are offered, but the students are encouraged to bring their own yoga mats.

Lucia Pires is from Rio de Janeiro, Brazil. She is a 500-hour Pranakriya Yoga School of Healing Arts certified yoga teacher. Her training focuses on cultivating and enhancing the relationship of the student with his or her lifeforce through yoga postures, breath work and meditation, in order to create change in awareness and help the student move towards wholeness and greater aliveness. She completed her professional training in 2015.

Lucia is the mother of two boys, ages 14 and 10, and when they give her a little break she enjoys reading, writing, long walks in nature and dancing.

Yoga class has been temporarily moved to Room 6 in the main church Form July 12th through August 30th. This classroom is located on the lower level of the main building. Classes will resume in the Chapel on September 6, 2018

There will be no yoga class on 8/30.

LIFE AT ASCENSION

WE HAVE GONE DIGITAL

In this day and age we must keep up with technology. We have update Servant Keeper (Ascension's database) to allow parishioners to update their own information on the church's database. The link below will allow you to access it by entering your email address and creating a password. You will be able to upload your own photo, update your current information, and also view your contributions and print your own statements. Of course those whom wish us to provide them with their statements, we will be happy to do so. You will be able to share your interests in severing and tell us where you are serving now.

<https://servantkeeper.com/member-portal/ECOTA/registration/email>

Are you interested in helping someone in need of transportation get to church?

We have members at Ascension that are looking for a ride to Sunday service. Are you available, are you interested in giving them a lift? If you live in Gaithersburg and would like to assist please contact the parish administrator Lin Keene at office@ascensionmd.org

Personnel Committee Seeks Volunteers!

Do you have Human Resource Management or Managerial experience? Do you have a keen eye for detail? Are you gifted at conflict resolution? Well if so, then the personnel Committee is looking for volunteers. We are looking for help with the following areas of personnel: reviewing the personnel policies and guidelines, establishing salary structures, creating and performing annual reviews, and reviewing benefits packages for the staff and clergy. If any of the above sounds interesting, Ascension could use your help. Please contact the Vestry Liaison, Rose Buck, at rose.buck2@gmail.com or at 301.325.6291 or email Lin Keene at office@ascensionmd.org.

CARING FOR OUR COMMUNITY

Montgomery Hospice

Montgomery Hospice is a nonprofit hospice that has been serving the residents of Montgomery County for 36 years. We provide professional end-of-life care in homes, extended care facilities and at Casey House, our acute care facility. We are looking for new volunteers. Our greatest need is for volunteers to visit patients. These volunteers provide companionship for patients, respite for family members, lavender oil hand massages, music by the bedside or help with practical matters. Many provide the gift of "presence" by simply being with a patient. All volunteers go through an application process and a three-day training.

For more information, call 301-921-4400 or visit www.montgomeryhospice.org/volunteer

Ministerio Felicidad

Ascension members prepare lunches and send love and prayers to day laborers in the neighborhood of the church. Join Javier at 6:00 a.m. on Saturday, August 25 in the church kitchen. If you have any question, Contact Javier at ocampo@ascensionmd.org

Men's Shelter Lunch Preparation

The Men's Shelter Lunch program provides bagged lunches for homeless men, assembled in the Undercroft once a month. Supplies are donated by Ascension members. Depending on the season, we provide forty to eighty lunches a month. The next program will be on September 15 at 11:15 a.m. Contact Edith at esekasi@gmail.com if you would like to help, or sign up at <http://bit.ly/1VAKEz8>.

Gaithersburg HELP

This organization provides emergency food and other support to needy families in Gaithersburg. Non-perishable food collected at Ascension every week, and during specific holiday in-gatherings, helps to stock the pantry. Donations may be brought to church at any time and left in the narthex. For more information, contact Melanie Mitchell at 301.519.1074 or melanie.mitchell@verizon.net

PRAYER REQUESTS

Prayers For Those Whose Lives are Closely Linked With Ours: St. Albans School for Boys, The National Cathedral School for Girls, Beauvoir, the National Cathedral Elementary School, Washington Episcopal School, The Bishop John T. Walker School

We pray for comfort, healing, courage and hope for Jean Cohn, Harriette Eleanor Cooper, Fredy Diaz, Peggy Donnellon, Sally & William Glick, Lin Keene, Rudi Miksa, Ann Mitchell, Daniel/Aillen Pagan/Henandez, Wendy Jo Perkins, Leslie Pool, Fran Spina, Dorett Sutherland, Samuel Tellu, Suzanne Winterhalter and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, as well as for all those on our extended healing prayer list.

QUICK LINKS

[Link to Elena's Sunday, August 19 Sermon Podcast: "Back to School"](#)

[Link to Service Bulletins](#)

[Link to Sermon and Other Videos page](#)

[Link to the Episcopal Diocese of Washington's Website](#)



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