



The Sixth Sunday after the Epiphany

12 February A.D. 2017

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jason Cutshall, *Seminarian*
Jerrold Tidwell, *Minister of Music*

Welcome to Ascension!

*For more information about our community, fill out a welcome card, found at either end of the pews,
or take one of our welcome packets from one of the members of the Welcome Team
or the table next to the Church Office door.*

We meet for coffee, tea, and snacks in the Narthex after each service.

The Nursery in Room 2 is open from 8:30 a.m. to 12:30 p.m.

Within the bulletin, the people read the parts in bold print

◆ Please silence your audible devices ◆

THE WORD OF GOD

Blessed be God; Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

The Lord be with you.
And also with you.
Let us pray.

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

1 Corinthians 3:1-9

Brothers and sisters, I couldn't talk to you like spiritual people but like unspiritual people, like babies in Christ. I gave you milk to drink instead of solid food, because you weren't up to it yet. Now you are still not up to it because you are still unspiritual. When jealousy and fighting exist between you, aren't you unspiritual and living by human standards? When someone says, "I belong to Paul," and someone else says, "I belong to Apollos," aren't you acting like people without the Spirit? After all, what is Apollos? What is Paul? They are servants who helped you to believe. Each one had a role given to them by the Lord: I planted, Apollos watered, but God made it grow. Because of this, neither the one who plants nor the one who waters is anything, but the only one who is anything is God who makes it grow. The one who plants and the one who waters work together, but each one will receive their own reward for their own labor. We are God's coworkers, and you are God's field, God's building.

Hear what the Spirit is saying to God's people.
Thanks be to God.

Psalm 119:1-8

Those whose way is blameless—
who walk in the Lord's Instruction—are truly happy!

Those who guard God's laws are truly happy!
They seek God with all their hearts.

They don't even do anything wrong!
They walk in God's ways.

God, you have ordered that your decrees
should be kept most carefully.

How I wish my ways were strong
when it comes to keeping your statutes!

Then I wouldn't be ashamed
when I examine all your commandments.

I will give thanks to you with a heart that does right
as I learn your righteous rules.

I will keep your statutes.
Please don't leave me all alone!

The Holy Gospel of our Lord Jesus Christ according to Matthew [5:21-37]
Glory To You, Lord Christ.

“You have heard that it was said to those who lived long ago, Don't commit murder, and all who commit murder will be in danger of judgment. But I say to you that everyone who is angry with their brother or sister will be in danger of judgment. If they say to their brother or sister, 'You idiot,' they will be in danger of being condemned by the governing council. And if they say, 'You fool,' they will be in danger of fiery hell. Therefore, if you bring your gift to the altar and there remember that your brother or sister has something against you, leave your gift at the altar and go. First make things right with your brother or sister and then come back and offer your gift. Be sure to make friends quickly with your opponents while you are with them on the way to court. Otherwise, they will haul you before the judge, the judge will turn you over to the officer of the court, and you will be thrown into prison. I say to you in all seriousness that you won't get out of there until you've paid the very last penny. “You have heard that it was said, Don't commit adultery. But I say to you that every man who looks at a woman lustfully has already committed adultery in his heart. And if your right eye causes you to fall into sin, tear it out and throw it away. It's better that you lose a part of your body than that your whole body be thrown into hell. And if your right hand causes you to fall into sin, chop it off and throw it away. It's better that you lose a part of your body than that your whole body go into hell. “It was said, 'Whoever divorces his wife must give her a divorce certificate.' But I say to you that whoever divorces his wife except for sexual unfaithfulness forces her to commit adultery. And whoever marries a divorced woman commits adultery. “Again you have heard that it was said to those who lived long ago: Don't make a false solemn pledge, but you should follow through on what you have pledged to the Lord. But I say to you that you must not pledge at all. You must not pledge by heaven, because it's God's throne. You must not pledge by the earth, because it's God's footstool. You must not pledge by Jerusalem, because it's the city of the great king. And you must not pledge by your head, because you can't turn one hair white or black. Let your yes mean yes, and your no mean no. Anything more than this comes from the evil one.

The Gospel of the Lord.
Praise to you, Lord Christ.

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

Prayers of the People: Form VI

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, Mariann our Bishop, Randy and Javier, our clergy, Jason, our seminarian, and all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation. You may add your own prayers at this time silently or aloud.

We pray for all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, especially Sandy Boynton, Debbie Capo, John Carman, Joann Gertig, William Glick, Diane Goldman, Margaret Joseph, Donna Keating, Peggy Longo, Dotty Pfenhauer, Sarah Rubin, and Roz Silver-Marcotte.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life. You may offer your own prayers of thanksgiving at this time.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

All kneel. Silence may be kept.

Leader and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Celebrant alone stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen You in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

The peace of the Lord be always with you.
And also with you.

Announcements

Please stand at the presentation of the money and food offerings.

HOLY COMMUNION

Eucharistic Prayer C

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

You may stand or kneel during the Eucharistic Prayer.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our ancestors; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

*As our Savior Christ
has taught us,
we now pray,*

Our Father in heaven,
holy is your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

*And now,
as our Savior Christ has taught us,
we are bold to say,*

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Lord's Prayer The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

***Administration of the Sacrament:** All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

***Healing Prayers:** If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.*

When there is a Eucharistic Visitor present

We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

People: **We who are many are one body because we all share one bread and one cup.**

Let us pray.

Prayer after Communion

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.

And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.

To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

The Blessing

Life is short, and we do not have too much time
to gladden the hearts of those who travel the way with us.
So be swift to love, and make haste to be kind.
And may the blessing of the one who made us,
who journeys with us,
who breathes us into life moment by moment,
Creator, Christ, and Holy Spirit,
be upon you
this day and always.
Amen.

Go in peace to love and serve the Lord.
Thanks be to God.

WORSHIP LEADERS

		This Week	Next Week
Reader:	7:45 a.m.	Enid Cole	Jean Cohn
	9:00 a.m.	Marsha Sutherland Christian Simpson	Alvaro Gonzalez Suzyn Gonzalez
	11:15 a.m.	Karl Didavi	Anika Lalmansingh
Prayers:	7:45 a.m.	Enid Cole	Jean Cohn
	9:00 a.m.	Betsy Hasegawa	Jason Cutshall
Chalicians:	7:45 a.m.	Wadai Dennis Leslie Sanya	Sharon Hayden Enid Cole
	9:00 a.m.	Esther Tellu Sari Stoddard	Swithin Kwamena-Poh Nancy Carman
	11:15 a.m.	Avin Lalmansingh Jason Cutshall	Kirk Fitch Georgana Maines
Healing Prayer Ministers:			
	7:45 a.m.	Lisa Murdock	Meredith Horan
	9:00 a.m.	Paul Whitmore	Javier Ocampo
	11:15 a.m.	Laura Shay	Peg Ruppel
Acolytes:	7:45 a.m.	Raymond Chin Aidan Douglas	Ron Hayden Aidan Douglas
	9:00 a.m.	Nuelle Johnson Manny Johnson Gary McLaughlin	Lisa Dickson Alfred Wasikye Bob Waters
Welcome Team:			
	7:45 a.m.	Florence Sirleaf Frank Sanya	Don Cohn Jean Cohn
	9:00 a.m.	Dorett Sutherland James Black Jonathan Black	Nii Armah Akuete Ruby King Charles Dickson
	11:15 a.m.	Sciou Broderick Peedy Terry Emmanuel Nwankwo	Avin Lalmansingh Karl Didavi Clark Didavi
Flower Delivery:		Alice Padmore Esther Sawyer	Adoma Baffoe Hawa Clemens
Altar Guild:	7:45 a.m.	Enid Cole Mardia Dennis	Leslie Sanya Wadai Dennis
	9:00 a.m.	Cynthia Perley Liz Lennon	TBA
	11:15 a.m.	Anika Lalmansingh Avin Lalmansingh	Laura Shay
Weekly Altar Guild Team:		9:00 a.m. Team	9:00 a.m. Team
Eucharistic Visitors:		Pamella Irons-Forth Enid Cole	Meredith Horan
Song Leader	11:15 a.m.	Betsy Hasegawa	Alice Benson
Hospitality Angels	7:45 a.m.	Lisa and Herald Douglas	Edna Leake
	9:00 a.m.	Joyce Bvumbe	Sarah Gallagher
	11:15 a.m.	Mary Layne-Brizan	Rose Buck

