



The Sixth Sunday after the Epiphany:

12 February A.D. 2017

11:15 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jason Cutshall, *Seminarian*
Jerrold Tidwell, *Minister of Music*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from one of the members of the Welcome Team or the table next to the Church Office door.

We meet for coffee, tea, and snacks in the Narthex after each service.

The Nursery in Room 2 is open from 8:30 a.m. to 12:30 p.m.

Within the bulletin, the people read the parts in bold print

Welcome and Announcements

Gather 372

O God of Matchless Glory

The Lord is here.

God's Spirit is with us.

Let us pray.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

1 Corinthians 3:1-9

Brothers and sisters, I couldn't talk to you like spiritual people but like unspiritual people, like babies in Christ. I gave you milk to drink instead of solid food, because you weren't up to it yet. Now you are still not up to it because you are still unspiritual. When jealousy and fighting exist between you, aren't you unspiritual and living by human standards? When someone says, "I belong to Paul," and someone else says, "I belong to Apollos," aren't you acting like people without the Spirit? After all, what is Apollos? What is Paul? They are servants who helped you to believe. Each one had a role given to them by the Lord: I planted, Apollos watered, but God made it grow. Because of this, neither the one who plants nor the one who waters is anything, but the only one who is anything is God who makes it grow. The one who plants and the one who waters work together, but each one will receive their own reward for their own labor. We are God's coworkers, and you are God's field, God's building.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Gather 283

Return to God

The Holy Gospel of our Lord Jesus Christ according to Matthew [5:21-37]

Glory To You, Lord Christ.

"You have heard that it was said to those who lived long ago, Don't commit murder, and all who commit murder will be in danger of judgment. But I say to you that everyone who is angry with their brother or sister will be in danger of judgment. If they say to their brother or sister, 'You idiot,' they will be in danger of being condemned by the governing council. And if they say, 'You fool,' they will be in danger of fiery hell. Therefore, if

you bring your gift to the altar and there remember that your brother or sister has something against you, leave your gift at the altar and go. First make things right with your brother or sister and then come back and offer your gift. Be sure to make friends quickly with your opponents while you are with them on the way to court. Otherwise, they will haul you before the judge, the judge will turn you over to the officer of the court, and you will be thrown into prison. I say to you in all seriousness that you won't get out of there until you've paid the very last penny. "You have heard that it was said, Don't commit adultery. But I say to you that every man who looks at a woman lustfully has already committed adultery in his heart. And if your right eye causes you to fall into sin, tear it out and throw it away. It's better that you lose a part of your body than that your whole body be thrown into hell. And if your right hand causes you to fall into sin, chop it off and throw it away. It's better that you lose a part of your body than that your whole body go into hell. "It was said, 'Whoever divorces his wife must give her a divorce certificate.' But I say to you that whoever divorces his wife except for sexual unfaithfulness forces her to commit adultery. And whoever marries a divorced woman commits adultery. "Again you have heard that it was said to those who lived long ago: Don't make a false solemn pledge, but you should follow through on what you have pledged to the Lord. But I say to you that you must not pledge at all. You must not pledge by heaven, because it's God's throne. You must not pledge by the earth, because it's God's footstool. You must not pledge by Jerusalem, because it's the city of the great king. And you must not pledge by your head, because you can't turn one hair white or black. Let your yes mean yes, and your no mean no. Anything more than this comes from the evil one.

The Gospel of the Lord
Praise to you, Lord Christ.

Meditation

Randy Lord-Wilkinson

The Affirmation of Faith*

You, O God, are supreme and holy,
You create our world and give us life.
Your purpose overarches everything we do.
You have always been with us.
You are God.

You, O God, are infinitely generous,
Good beyond all measure.
You came to us before we came to you.
You have revealed and proved
Your love for us in Jesus Christ,
Who lived and died and rose again.
You are with us now.
You are God.

You, O God, are Holy Spirit.
You empower us to be your gospel in the world.
You reconcile and heal; you overcome death.
You are our God. We worship you.

The Prayers of the People

Prayers are invited, either silently or aloud. After each spoken prayer, a gong will sound.

*From *A New Zealand Prayer Book*, p. 481

Concluding Prayer

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Gather 427

How Can I Keep from Singing

The Great Thanksgiving

The Lord is here.

God's Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

*It is right indeed to give you thanks most loving God, through Jesus Christ, our Redeemer, the first born from the dead, the pioneer of our salvation, who is with us always, one of us, yet from the heart of God.

For with your whole created universe, we praise you for your unfailing gift of life. We thank you that you make us human and stay with us even when we turn from you to sin.

God's love is shown to us: While we were yet sinners, Christ died for us.

In that love, dear God, righteous and strong to save, you came among us in Jesus Christ, our crucified and living Lord. You make all things new. In Christ's suffering and cross you reveal your glory and reconcile all peoples to yourself, their true and living God.

In your mercy you are now our God. through Christ you gather us, new-born in your Spirit, a people after your own heart. We entrust ourselves to you, for you alone do justice to all people, living and departed.

Now is the acceptable time, now is the day of salvation.

Therefore with saints and martyrs, apostles and prophets, with all the redeemed, joyfully we praise you and sing:

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
might, heav'n and earth are full of your glo-ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est!

The Celebrant continues

All glory to you, Giver of life sufficient and full for all creation. Accept our praises, living God, for Jesus Christ, the one perfect offering for the world, who in the night that he was betrayed, took bread, and when he had given thanks, broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup; and when he had given thanks, he gave it to them and said: Drink this, all of you. This is my blood of the new covenant which is shed for you, and for many, to forgive sin. Do this as often as you drink it to remember me.

Therefore, God of all creation, in the suffering and death of Jesus our redeemer, we meet you in your glory. We lift up the cup of salvation and call upon your name. Here and now, with this bread and wine, we celebrate your great acts of liberation, ever present and living in Jesus Christ, crucified and risen, who was and is and is to come.

Amen! Come Lord Jesus.

May Christ ascended in majesty be our new and living way, our access to you, Father, and source of all new life. In Christ we offer ourselves to do your will.

Empower our celebration with your Holy Spirit, feed us with your life, fire us with your love, confront us with your justice, and make us one in the body of Christ with all who share your gifts of love.

Through Christ, in the power of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Creator God. Amen.

*As our Savior Christ has taught us,
we are bold to say:*

**Our Father in heaven,
holy is your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

*As our Savior Christ has taught us,
we now pray:*

**Eternal Spirit,
Earth-Maker, Pain-bearer, Life-giver,
Source of all that is and that shall be,
Father and Mother of us all.
Loving God, in whom is heaven:
The hallowing of your name echoes through the universe!
The way of your justice be followed by the peoples
of the world!
Your heavenly will be done by all created beings!
Your commonwealth of peace and freedom
sustain our hope and come on earth.
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is love,
now and forever. Amen.**

From A New Zealand Prayer Book, p. 181

The Celebrant breaks the consecrated Bread, and a period of silence is kept.

We break this bread to share in the Body of Christ.

People: **We who are many are one body, for we all share in the one bread.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died and lives in you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

The Bread and the Cup are given with these words

The Body of Christ, the bread of heaven.

The Blood of Christ, the cup of salvation.

Administration of the Sacrament: *All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

Healing Prayers: *If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex to the right of the pulpit after receiving communion. A healing minister will be there to pray with you.*

When there is a Eucharistic Visitor present

Celebrant We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

People **We who are many are one body because we all share one bread and one cup.**

Let us pray.

God of all, we give you thanks and praise, that when we were still far off you met us in Jesus and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Amen.

Gather 400

Lead Me, Guide Me

The Peace

The peace of the Lord be always with you.
And also with you.

PRAY FOR COMFORT, HEALING, COURAGE, AND HOPE:

We pray for all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, especially Sandy Boynton, Debbie Capo, John Carman, Joann Gertig, William Glick, Diane Goldman, Margaret Joseph, Donna Keating, Peggy Longo, Dotty Pfadenhauer, Sarah Rubin, and Roz Silver-Marcotte.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

PERMISSIONS

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Worship Leaders

		This Week	Next Week
Reader:	7:45 a.m.	Enid Cole	Jean Cohn
	9:00 a.m.	Marsha Sutherland Christian Simpson	Alvaro Gonzalez Suzyn Gonzalez
	11:15 a.m.	Karl Didavi	Anika Lalmansingh
Prayers:	7:45 a.m.	Enid Cole	Jean Cohn
	9:00 a.m.	Betsy Hasegawa	Jason Cutshall
Chalicians:	7:45 a.m.	Wadai Dennis Leslie Sanya	Sharon Hayden Enid Cole
	9:00 a.m.	Esther Tellu Sari Stoddard	Swithin Kwamena-Poh Nancy Carman
	11:15 a.m.	Avin Lalmansingh Jason Cutshall	Kirk Fitch Georgana Maines
Healing Prayer Ministers:	7:45 a.m.	Lisa Murdock	Meredith Horan
	9:00 a.m.	Paul Whitmore	Javier Ocampo
	11:15 a.m.	Laura Shay	Peg Ruppel
Acolytes:	7:45 a.m.	Raymond Chin Aidan Douglas	Ron Hayden Aidan Douglas
	9:00 a.m.	Nuelle Johnson Manny Johnson Gary McLaughlin	Lisa Dickson Alfred Wasikye Bob Waters
Welcome Team:	7:45 a.m.	Florence Sirleaf Frank Sanya	Don Cohn Jean Cohn
	9:00 a.m.	Dorett Sutherland James Black Jonathan Black	Nii Armah Akuete Ruby King Charles Dickson
	11:15 a.m.	Sciou Broderick Peedy Terry Emmanuel Nwankwo Alice Padmore Esther Sawyer	Avin Lalmansingh Karl Didavi Clark Didavi Adoma Baffoe Hawa Clemens
Altar Guild:	7:45 a.m.	Enid Cole Mardia Dennis	Leslie Sanya Wadai Dennis
	9:00 a.m.	Cynthia Perley Liz Lennon	TBA
	11:15 a.m.	Anika Lalmansingh Avin Lalmansingh	Laura Shay
Weekly Altar Guild Team:		9:00 a.m. Team	9:00 a.m. Team
Eucharistic Visitors:		Pamella Irons-Forth Enid Cole	Meredith Horan
Song Leader	11:15 a.m.	Betsy Hasegawa	Alice Benson
Hospitality Angels	7:45 a.m.	Lisa and Herald Douglas	Edna Leake
	9:00 a.m.	Joyce Bvumbe	Sarah Gallagher
	11:15 a.m.	Mary Layne-Brizan	Rose Buck

LEADERSHIP AT ASCENSION

Clergy

The Rev. Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jason Cutshall, *Seminarian*

Musicians

Jerrold Tidwell, *Minister of Music*
Howard Hanson, *Musician, Service for Families with Small Children at 10:15 a.m.*
Samuel Munguia, *Musician, Spanish Language Service at 11:00 a.m.*
Eric O'Loughlin, *Musician, 5:00 p.m. Service*

Wardens

Betsy Hasegawa, *Senior Warden*
Janet King, *Junior Warden*

Vestry

2017: Denise Lionetti, Najma Stubblefield, Paul Whitmore
2018: Avin Lalmansingh, Gary McLaughlin, Berenice Rodriguez
2019: Rose Buck, Zadinga Ogada, John Pruessner
Sari Stoddard, *Clerk of the Vestry*
Howard Holland, *Treasurer*

Ministry Area Leaders

Megan Didavi, *Christian Formation for Children*
Angie Hight-Walker, *Christian Formation for Youth*
Ted Bedell, *Facilities*
Howard Holland, *Finance*
Paul Boynton, *Mission*
Randy Lord-Wilkinson, *Pastoral Care*
Jean Cohn, *Personnel*
Carleton MacDonald, *Worship*

Delegates to Diocesan Convention

Kristen Keating, Carleton MacDonald, Sue Snay
Alternate: Mardia Dennis

Staff

Kathy Van Arnum, *Parish Administrator*
Eleni Hailu, *Media Specialist*
Brenda Alvarez, *Nursery Attendant*

