



The Seventh Sunday after the Epiphany

19 February A.D. 2017

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jason Cutshall, *Seminarian*
Jerrold Tidwell, *Minister of Music*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from one of the members of the Welcome Team or the table next to the Church Office door.

We meet for coffee, tea, and snacks in the Narthex after each service.

The Nursery in Room 2 is open from 8:30 a.m. to 12:30 p.m.

Within the bulletin, the people read the parts in bold print

♦ Please silence your audible devices ♦

THE WORD OF GOD

Blessed be God; Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

The Lord be with you.
And also with you.
Let us pray.

O Lord, you have taught us that without love whatever we do is worth nothing: Send your Holy Spirit and pour into our hearts your greatest gift, which is love, the true bond of peace and of all virtue, without which whoever lives is accounted dead before you. Grant this for the sake of your only Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

1 Corinthians 3:10-11, 16-23

I laid a foundation like a wise master builder according to God's grace that was given to me, but someone else is building on top of it. Each person needs to pay attention to the way they build on it. No one can lay any other foundation besides the one that is already laid, which is Jesus Christ. Don't you know that you are God's temple and God's Spirit lives in you? If someone destroys God's temple, God will destroy that person, because God's temple is holy, which is what you are. Don't fool yourself. If some of you think they are worldly-wise, then they should become foolish so that they can become wise. This world's wisdom is foolishness to God. As it's written, He catches the wise in their cleverness. And also, The Lord knows that the thoughts of the wise are silly. So then, no one should brag about human beings. Everything belongs to you— Paul, Apollos, Cephas, the world, life, death, things in the present, things in the future—everything belongs to you, but you belong to Christ, and Christ belongs to God.

Hear what the Spirit is saying to God's people.
Thanks be to God.

Psalm 119:33-40

Lord, teach me what your statutes are about,
and I will guard every part of them.

Help me understand so I can guard your Instruction
and keep it with all my heart.

Lead me on the trail of your commandments
because that is what I want.

Turn my heart to your laws,
not to greedy gain.

Turn my eyes away from looking at worthless things.
Make me live by your way.

Confirm your promise to your servant—
the promise that is for all those who honor you.

Remove the insults that I dread
because your rules are good.

Look how I desire your precepts!
Make me live by your righteousness.

The Holy Gospel of our Lord Jesus Christ according to Matthew [5:38-48]
Glory To You, Lord Christ.

“You have heard that it was said, An eye for an eye and a tooth for a tooth. But I say to you that you must not oppose those who want to hurt you. If people slap you on your right cheek, you must turn the left cheek to them as well. When they wish to haul you to court and take your shirt, let them have your coat too. When they force you to go one mile, go with them two. Give to those who ask, and don’t refuse those who wish to borrow from you. “You have heard that it was said, You must love your neighbor and hate your enemy. But I say to you, love your enemies and pray for those who harass you so that you will be acting as children of your Father who is in heaven. He makes the sun rise on both the evil and the good and sends rain on both the righteous and the unrighteous. If you love only those who love you, what reward do you have? Don’t even the tax collectors do the same? And if you greet only your brothers and sisters, what more are you doing? Don’t even the Gentiles do the same? Therefore, just as your heavenly Father is complete in showing love to everyone, so also you must be complete.

The Gospel of the Lord.
Praise to you, Lord Christ.

Sermon

(The Rev.) Randy Lord-Wilkinson

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

Prayers of the People: Form VI

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, Mariann our Bishop, Randy and Javier, our clergy, Jason, our seminarian, and all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation. You may add your own prayers at this time silently or aloud.

We pray for all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, especially Sandy Boynton, Debbie Capo, John Carman, Joann Gertig, William Glick, Diane Goldman, Margaret Joseph, Donna Keating, Peggy Longo, Dotty Phadenhauer, Sarah Rubin, Wilma Joyce Ruppel, and Roz Silver-Marcotte, Suzanne Winterhalter.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life. You may offer your own prayers of thanksgiving at this time.

We give thanks for the birth of Atticus Grant to Christian and Marissa Simpson last Sunday.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

We give thanks for the life of Carl Ruppel, who died on February 8.

We give thanks for the life of James Lanier Perine, father of Lori Perine, who died last Saturday.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

All kneel. Silence may be kept.

Leader and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Celebrant alone stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen You in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

The peace of the Lord be always with you.
And also with you.

Announcements

Please stand at the presentation of the money and food offerings.

HOLY COMMUNION

Eucharistic Prayer II

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body.

Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

You may stand or kneel during the Eucharistic Prayer.

The Celebrant continues

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of our faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

The Lord's Prayer

*As our Savior Christ
has taught us,
we now pray,*

Our Father in heaven,
holy is your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

*And now,
as our Savior Christ has taught us,
we are bold to say,*

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

Administration of the Sacrament: *All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

Healing Prayers: *If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.*

When there is a Eucharistic Visitor present

We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

People: We who are many are one body because we all share one bread and one cup.

Let us pray.

Prayer after Communion

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.

And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.

To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

The Blessing

Life is short, and we do not have too much time
to gladden the hearts of those who travel the way with us.
So be swift to love, and make haste to be kind.
And may the blessing of the one who made us,
who journeys with us,
who breathes us into life moment by moment,
Creator, Christ, and Holy Spirit,
be upon you
this day and always.
Amen.

Go in peace to love and serve the Lord.
Thanks be to God.

WORSHIP LEADERS

		This Week	Next Week
Reader:	7:45 a.m.	Jean Cohn	David Burton
	9:00 a.m.	Gordon Connelly Chris Ruggeri	Sue Snay Susan Ahalt
	11:15 a.m.	Anika Lalmansingh	Avin Lalmansingh
Prayers:	7:45 a.m.	Jean Cohn	David Burton
	9:00 a.m.	Jason Cutshall	Barb Mansfield
Chalicians:	7:45 a.m.	Sharon Hayden Enid Cole	Edna Leake Jason Cutshall
	9:00 a.m.	Swithin Kwamena-Poh Nancy Carman	Bob Waters Major Clemens
	11:15 a.m.	Kirk Fitch Georgana Maines	Sarah Rubin Christian Nwankwo
Healing Prayer Ministers:			
	7:45 a.m.	Meredith Horan	Jean Cohn
	9:00 a.m.	Javier Ocampo	Susan McLaughlin
	11:15 a.m.	Peg Ruppel	Jason Cutshall
Acolytes:	7:45 a.m.	Ron Hayden Aidan Douglas	Raymond Chin Aidan Douglas
	9:00 a.m.	Lisa Dickson Alfred Wasikye Bob Waters	Kofi Kwamena-Poh Richard McLaughlin Gary McLaughlin
Welcome Team:			
	7:45 a.m.	Don Cohn Jean Cohn	Enid Cole Meredith Horan
	9:00 a.m.	Nii Armah Akuete Ruby King Charles Dickson	Swithin Kwamena-Poh Kevin Blanc Algernon Thomas
	11:15 a.m.	Avin Lalmansingh Karl Didavi Clark Didavi	Alex Langley Alice Padmore Kendall Anderson
Flower Delivery:		Adoma Baffoe Hawa Clemens	Eliane Dunn-Johnson Alice Padmore
Altar Guild:	7:45 a.m.	Leslie Sanya Wadai Dennis	Georgette Dennis
	9:00 a.m.	Dorett Sutherland	Kris Fitzpatrick Sarah Gallagher
	11:15 a.m.	Laura Shay	Georgana Maines
Weekly Altar Guild Team:		9:00 a.m. Team	11:15 a.m. Team
Eucharistic Visitors:		Pamela Irons-Forth	Meredith Horan
Song Leader	11:15 a.m.	Alice Benson	Claire Morin
Hospitality Angels	7:45 a.m.	Edna Leake	Sharon Hayden
	9:00 a.m.	Sarah Gallagher	Kristin Fitzpatrick
	11:15 a.m.	Rose Buck	Jeff Buck

