



The Fifth Sunday after the Epiphany

5 February A.D. 2017

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jason Cutshall, *Seminarian*
Jerrold Tidwell, *Minister of Music*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from one of the members of the Welcome Team or the table next to the Church Office door.

We meet for coffee, tea, and snacks in the Narthex after each service.

The Nursery in Room 2 is open from 8:30 a.m. to 12:30 p.m.

Within the bulletin, the people read the parts in bold print

♦ Please silence your audible devices ♦

THE WORD OF GOD

Blessed be God; Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

The Lord be with you.
And also with you.
Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

1 Corinthians 2:1-12

When I came to you, brothers and sisters, I didn't come preaching God's secrets to you like I was an expert in speech or wisdom. I had made up my mind not to think about anything while I was with you except Jesus Christ, and to preach him as crucified. I stood in front of you with weakness, fear, and a lot of shaking. My message and my preaching weren't presented with convincing wise words but with a demonstration of the Spirit and of power. I did this so that your faith might not depend on the wisdom of people but on the power of God. What we say is wisdom to people who are mature. It isn't a wisdom that comes from the present day or from today's leaders who are being reduced to nothing. We talk about God's wisdom, which has been hidden as a secret. God determined this wisdom in advance, before time began, for our glory. It is a wisdom that none of the present-day rulers have understood, because if they did understand it, they would never have crucified the Lord of glory! But this is precisely what is written: God has prepared things for those who love him that no eye has seen, or ear has heard, or that haven't crossed the mind of any human being. God has revealed these things to us through the Spirit. The Spirit searches everything, including the depths of God. Who knows a person's depths except their own spirit that lives in them? In the same way, no one has known the depths of God except God's Spirit. We haven't received the world's spirit but God's Spirit so that we can know the things given to us by God.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Psalm 112:1-9,(10)

Praise the Lord!

Those who honor the Lord,
who adore God's commandments, are truly happy!

Their descendants will be strong throughout the land.
The offspring of those who do right will be blessed;
wealth and riches will be in their houses.
Their righteousness stands forever.

They shine in the dark for others who do right.
They are merciful, compassionate, and righteous.

Those who lend generously are good people—
as are those who conduct their affairs with justice.

Yes, these sorts of people will never be shaken;
the righteous will be remembered forever!

They won't be frightened at bad news.
Their hearts are steady, trusting in the Lord.

Their hearts are firm; they aren't afraid.
In the end, they will witness their enemies' defeat.

They give freely to those in need.
Their righteousness stands forever.
Their strength increases gloriously.

The wicked see all this and fume;
they grind their teeth, but disappear to nothing.
What the wicked want to see happen comes to nothing!

The Holy Gospel of our Lord Jesus Christ according to Matthew [5:13-20]

Glory To You, Lord Christ.

You are the salt of the earth. But if salt loses its saltiness, how will it become salty again? It's good for nothing except to be thrown away and trampled under people's feet. You are the light of the world. A city on top of a hill can't be hidden. Neither do people light a lamp and put it under a basket. Instead, they put it on top of a lamp stand, and it shines on all who are in the house. In the same way, let your light shine before people, so they can see the good things you do and praise your Father who is in heaven. Don't even begin to think that I have come to do away with the Law and the Prophets. I haven't come to do away with them but to fulfill them. I say to you very seriously that as long as heaven and earth exist, neither the smallest letter nor even the smallest stroke of a pen will be erased from the Law until everything there becomes a reality. Therefore, whoever ignores one of the least of these commands and teaches others to do the same will be called the lowest in the kingdom of heaven. But whoever keeps these commands and teaches people to keep them will be called great in the kingdom of heaven. I say to you that unless your righteousness is greater than the righteousness of the legal experts and the Pharisees, you will never enter the kingdom of heaven.

The Gospel of the Lord.
Praise to you, Lord Christ.

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

Prayers of the People: Form VI

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, Mariann our Bishop, Randy and Javier, our clergy, Jason, our seminarian, and all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation. You may add your own prayers at this time silently or aloud.

We pray for all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, especially Sandy Boynton, Debbie Capo, John Carman, Joann Gertig, William Glick, Margaret Joseph, Donna Keating, Peggy Longo, Angela and Rachel Lord, Sarah Rubin, and Roz Silver-Marcotte.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life. You may offer your own prayers of thanksgiving at this time.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

All kneel. Silence may be kept.

Leader and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Celebrant alone stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen You in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

The peace of the Lord be always with you.
And also with you.

Announcements

Please stand at the presentation of the money and food offerings.

HOLY COMMUNION

Eucharistic Prayer B

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

You may stand or kneel during the Eucharistic Prayer.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Lord's Prayer

*As our Savior Christ
has taught us,
we now pray,*

Our Father in heaven,
holy is your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

*And now,
as our Savior Christ has taught us,
we are bold to say,*

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

***Administration of the Sacrament:** All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

***Healing Prayers:** If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.*

When there is a Eucharistic Visitor present

We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

People: **We who are many are one body because we all share one bread and one cup.**

Let us pray.

Prayer after Communion

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.

And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.

To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

The Blessing

Life is short, and we do not have too much time
to gladden the hearts of those who travel the way with us.
So be swift to love, and make haste to be kind.
And may the blessing of the one who made us,
who journeys with us,
who breathes us into life moment by moment,
Creator, Christ, and Holy Spirit,
be upon you
this day and always.
Amen.

Go in peace to love and serve the Lord.
Thanks be to God.

WORSHIP LEADERS

		This Week	Next Week
Reader:	7:45 a.m.	Leslie Sanya	Enid Cole
	9:00 a.m.	Andrew Greene Chris Ruggeri	Marsha Sutherland Christian Simpson
	11:15 a.m.	Jason Cutshall	Karl Didavi
Prayers:	7:45 a.m.	Leslie Sanya	Enid Cole
	9:00 a.m.	John Pruessner	Betsey Hasegawa
Chalicians:	7:45 a.m.	Enid Cole Jason Cutshall	Wadai Dennis Leslie Sanya
	9:00 a.m.	Jake Yalley-Ogunru Winsome Palmer	Esther Tellu Sari Stoddard
	11:15 a.m.	Laura Shay Jason Cutshall	Avin Lalmansingh Jason Cutshall
Healing Prayer Ministers:			
	7:45 a.m.	Janet King	Lisa Murdock
	9:00 a.m.	Randy Lord-Wilkinson	Paul Whitmore
	11:15 a.m.	Sarah Rubin	Laura Shay
Acolytes:	7:45 a.m.	Ron Hayden Aidan Douglas	Raymond Chin Aidan Douglas
	9:00 a.m.	Paul Whitmore Bob Waters Lisa Dickson	Nuelle Johnson Manny Johnson Gary McLaughlin
Welcome Team:			
	7:45 a.m.	Herald Douglas Lisa Murdock	Florence Sirleaf Frank Sanya
	9:00 a.m.	Esther Allotey-Taylor Bev Stennett Christine Kroma Josephine Clarke	Dorett Sutherland James Black Jonathan Black
	11:15 a.m.	Alex Langley Alice Padmore Kendall Anderson	Sciou Broderick Peedy Terry Emmanuel Nwankwo
Flower Delivery:		Esther Sawyer Adoma Baffoe	Alice Padmore Esther Sawyer
Altar Guild:	7:45 a.m.	Georgette Dennis	Enid Cole Mardai Dennis
	9:00 a.m.	Ophelia Yalley-Ogunro Esther Taylor Joyce Bvumbe	Cynthia Perley Liz Lennon
	11:15 a.m.	Georgana Maines	AnikaLalmansingh Avin Lalmansingh
Weekly Altar Guild Team:	7:45 a.m.	Team	9:00 a.m. Team
Eucharistic Visitors:		Randy Lord-Wilkinson Enid Cole	Pamella Irons-Forth
Song Leader	11:15 a.m.	Sue Snay	Betsy Hasegawa
Hospitality Angels	7:45 a.m.	Hawa Clemens	Lisa and Herald Douglas
	9:00 a.m.	Dorett Sutherland	Joyce Bvumbe
	11:15 a.m.	Aaron & Emma Boyce	Mary Layne-Brizan

