






"We are ambassadors who represent Christ." – 2 Corinthians 5:20

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# This Week at Ascension

[Link to Service Leaflets for February 12](#)

[Link to Jason's sermon "You are the Light of the World"](#)

[Link to the Episcopal Diocese of Washington's Website](#)

## Calendar Highlights

### Friday, February 10

1:00 p.m. Al-Anon, Library

### Saturday, February 11

9:00 p.m. Overeaters Anonymous—Chapel

11:00 a.m. Al-Anon—Undercroft Commons

11:00 a.m. Overeaters Anonymous—Room 1

### Sunday, February 12

7:45 a.m. Holy Eucharist—Main Church

8:15 a.m. Choir Rehearsal—Choir Room

9:00 a.m. Holy Eucharist—Main Church

9:00 a.m. & 11:00 a.m. Godly Play—Room 6

9:00 a.m. & 11:00 a.m. Joyful Path—Room 11

Prayer attributed to St. Ignatius of Loyola  
1491-1556

Lord my God, when your love spilled over into creation,  
You thought of me.

I am...from love...of love...for love.

Let my heart, O God, always recognize,

Cherish, and enjoy your goodness in all of creation.

Direct all that is me toward your praise.

Teach me reverence for every person, all things.

Energize me in your service.

Lord God, may nothing distract me from  
your love...

Neither health nor sickness  
wealth nor poverty  
honor nor dishonor  
long life nor short life.

May I never seek nor choose to be other  
than you intend or wish. Amen

10:15 a.m. Service for Families with Young Children—Chapel

11:00 a.m. Misa en Espanol - Chapel

11:15 a.m. Family with Young Children Cell Group—Library

1:00 p.m. Pastoral Care Team Meeting—Library

1:30 p.m. Maryland Ike Jam—Undercroft Commons

5:00 p.m. Holy Eucharist - Chapel

6:00 p.m. Youth Group Meeting & Spiritual Formation—Undercroft Commons

### **Monday, February 13**

11:30 a.m. Living with a Chronic Illness—Room 1

1:00 p.m. Al-Anon—Library

6:30 p.m. Overeaters Anonymous—Room 4

6:30 p.m. Spanish Class —Ascension House

7:00 p.m. Jr. Girl Scout Meeting—Room 6

7:00 p.m. Outreach Committee Meeting—Library

7:45 p.m. Choir Rehearsal—Choir Room

### **Tuesday, February 14**

11:00 a.m. Staff Meeting

6:00 p.m. Bible Study—Ascension House

7:00 p.m. Codependents Anonymous—Room 1

7:00 p.m. Stillwater Mindfulness Group—Chapel

8:30 p.m. Al-Anon—Room 1

### **Wednesday, February 15**

10:00 a.m. Wednesday Morning Book Group—Library

1:00 p.m. Al-Anon—Library

7:00 p.m. Overeaters Anonymous—Room 1

8:00 p.m. Gamblers' Anonymous—Chapel

Pictorial Directories are here! They are in a box on the table outside the Church Office. Priority is given to those who had portraits taken.

### **HEADLINERS**

[Wednesday Nights in Lent](#)

[Sunday Morning Cell Group for Cell Group Leaders](#)

[Youth Group Schedule Spring 2017](#)

[St. Valentine's Party](#)

[Shrove Tuesday](#)

[New Cell Group on Ancestry.com](#)

[Annual Giving Campaign Extension](#)

[Wednesday Morning Book Group Reading Becoming Wise](#)

### **LIFELONG LEARNING**

[Cell Group for Families with Young Children](#)

[Thursday Afternoon Tai Chi Class](#)

[Yoga At Ascension](#)

[Listening Heart Community](#)

[Still Water Mindfulness Practice Group](#)

[Godly Play](#)

[A Joyful Path](#)

### **WORSHIP**

[Worship Rosters, January-March](#)

[Link to Service Leaflets](#)

### **SERVICE**

[Men's Shelter Sandwich Making](#)

[The Lord's Table Soup Kitchen](#)

[Gaithersburg HELP](#)

[Mobile Med](#)

### **LIFE AT ASCENSION**

[Prayer Request Updates](#)

### **PUBLICATIONS**

[January Ascendant](#)

[Together We Shine](#)

## Thursday, February 16

10:00 a.m. Yoga - Chapel

4:00 p.m. Tai Chi—Chapel

[Link to our Online  
Calendar](#)

### Prayers

For Those Whose Lives are Closely Linked With Ours: Theological Education Sunday, Diocesan Commission on Ministry All Seminaries, Seminarians, and Seminary Professors; Postulants and Candidates Pray in thanksgiving for the life and witness of Absalom Jones.

### Pray for Comfort, Healing, Courage, and Hope:

Sandy, Debbie, John, Joann, William, Diane, Margaret, Donna, Peggy, Dotty, Sarah, and Roz and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

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### Worship Leaders

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**Sunday, February 12**

Preacher: Randy Lord-Wilkinson

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#### 7:45 AM

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Reader/Prayers: Enid Cole  
Chalicians: Wadai Dennis, Leslie Sanya  
Healing Prayer: Enid Cole  
Acolytes: Raymond Chin, Aidan Douglas  
Welcome Team: Florence Sirleaf  
Altar Guild: Enid Cole  
Hospitality Angel: Lisa and Herald Douglas

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#### 9:00 AM

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Reader: Marsha Sutherland, Christian Simpson  
Prayer: Betsy Hasegawa  
Chalicians: Esther Tellu, Sari Stoddard  
Healing Prayer: Paul Whitmore

Acolytes: Nuelle Johnson, Manny Johnson, Gary McLaughlin  
Welcome Team:: Dorett Sutherland, James Black, Jonathan Black  
Altar Guild: Cynthia Perley, Liz Lennon  
Hospitality Angels: Joyce Bvumbe

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**11:15 AM**

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Reader: Karl Didavi  
Healing Prayer: Laura Shay  
Welcome Team: Sciou Broderick, Peedy Terry, Emmanuel Nwankwo  
Altar Guild: Anika Lalmansingh, Avin Lalmansingh  
Reader/Chalicer: Avin Lalmansingh, Jason Cutshall  
Song Leader: Sue Snay  
Hospitality Angels: Mary Layne-Brizan

Eucharistic  
Visitors: Pamela Irons-Forth, Enid Cole  
Flower Delivery: Alice Padmore, Mardia Dennis