

 [Like Us on Facebook](#)

 [Follow us on Twitter](#)

 [Follow us on Instagram](#)

This Week at Ascension

[Link to Service Leaflets for January 15](#)

[Link to Randy's sermon "That Moment When... You Don't Remember Why"](#)

[Link to the Episcopal Diocese of Washington's Website](#)

Calendar Highlights

Friday, January 13

1:00 p.m. Al-Anon, Library

Saturday, January 14

9:00 p.m. Overeaters
Anonymous—Chapel

11:00 a.m. Al-Anon—Undercroft
Commons

11:00 a.m. Overeaters
Anonymous—Room 1

2:00 p.m. Graham Hartwell
Memorial Service—
Main Church

Sunday, January 15

7:45 a.m. Holy Eucharist—Main
Church

8:15 a.m. Choir Rehearsal—
Choir Room

9:00 a.m. Holy Eucharist—Main
Church

9:00 a.m. &
11:00 a.m. Godly Play—Room 6

9:00 a.m. &
11:00 a.m. Joyful Path—Room 11

10:15 a.m. Service for Families
with Young Children—
Chapel

10:15 a.m. Men Shelter Lunches

11:00a.m. Misa en Espanol -
Chapel

11:15 a.m. Holy Eucharist—Main
Church

12:30 p.m. Teacher's Meeting-
Library

5:00 p.m. Holy Eucharist -
Chapel

Monday, January 16

OFFICE CLOSED

1:00 p.m. Al-Anon—Library

6:30 p.m. Overeaters
Anonymous—Room 4

7:00 p.m. Listening Hearts
Community - Library

Tuesday, January 17

11:00 a.m. Staff Meeting

THE PARADOX OF OUR TIMES

Is that we have taller buildings, but shorter tempers
Wider freeways, but narrower viewpoints
We spend more, but we have less.

We have bigger houses, but smaller families
More conveniences, but less time.
We have more degrees, but less sense
More knowledge, but less judgement
More experts, but more problems
More medicines, but less wellness.

We have multiplied our possessions, but reduced our values.
We talk too much, love too seldom, and hate too often
We have learnt how to make a living, but not a life.
We have added years to life, but not life to years.
We've been all the way to the moon and back
But have trouble crossing the street to meet the new neighbour.
We have conquered outer space, but not inner space.
We've cleaned up the air, but polluted our soul.
We've split the atom, but not our prejudice.
We've higher incomes, but lower morals.
We've become long on quantity but short on quality.

These are the times of tall men, and short character;
Steep profits, and shallow relationships.
These are the times of world peace, but domestic warfare,
More leisure, but less fun; more kinds of food, but less nutrition.

These are the days of two incomes, but more divorces;
Of fancier houses, but broken homes.
It is a time when there is much in the show window, and nothing in the stockroom.

A time when technology can bring this letter to you,

And a time when you can choose,

Either to make a difference or just hit, delete.

- His Holiness the Dalai Lam

Pledge Envelope boxes for those who made commitments to both the Annual Giving Campaign and Facilities Reserve Fund are now available.

Pictorial Directories are here! Sign one out on the table outside the Church Office. Priority is given to those who had portraits taken.

6:00 p.m. Bible Study—
Ascension House
7:00 p.m. Codependents
Anonymous—Room 1
7:00 p.m. Stillwater Mindfulness
Group—Chapel
8:30 p.m. Al-Anon—Room 1

Wednesday, January 18

11:00 a.m. Wednesday Morning
Book Group—Library
1:00 p.m. Al-Anon—Library
7:00 p.m. Ensemble Rehearsal—
Main Church
Overeaters
7:00 p.m. Anonymous—
Room 1
8:00 p.m. Gamblers'
Anonymous—Chapel

Thursday, January 19

10:00 a.m. Yoga - Chapel
4:00 p.m. Tai Chi—Chapel
6:30 p.m. Spanish Class —
Ascension House
7:45 p.m. Choir Rehearsal—
Chapel

[Link to our Online
Calendar](#)

HEADLINERS

[Ascension Giving Tree](#)
[Annual Giving Campaign Extension](#)
[New Book for Wednesday Morning](#)
[Ascension's Adventurers to tour the National Archives](#)

LIFELONG LEARNING

[Finding God in the Waves Book Group](#)
[Cell Groups at Ascension](#)
[Thursday Afternoon Tai Chi Class](#)
[Yoga At Ascension](#)
[Listening Heart Community](#)
[Still Water Mindfulness Practice Group](#)
[Godly Play](#)
[A Joyful Path](#)

WORSHIP

[Worship Rosters, January-March](#)
[Link to Service Leaflets](#)

SERVICE

[Vestry Nominations](#)
[Men's Shelter Sandwich Making](#)
[The Lord's Table Soup Kitchen](#)
[Gaithersburg HELP](#)
[Mobile Med](#)
[Make MLK Day A Day of Service](#)

LIFE AT ASCENSION

[Prayer Request Updates](#)

PUBLICATIONS

[Link to the Annual Report](#)
[December Ascendant](#)
[Together We Shine](#)

Prayers

For Those Whose Lives are Closely Linked With Ours: St. Peter's Church, Church of the Ascension and St. Agnes, Washington, Washington Interfaith Network (WIN), Commission on Ecumenical and Interreligious Ministries, Week of Prayer for Christian Unity, Pray for the Inauguration of the Forty-Fifth President of the United States

Pray for Comfort, Healing, Courage, and Hope:

Debbie, Sandy, Joann, Diane, Peggy, Sarah, Roz, Janet, Fran and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families

Compassionate God and Father of all, we are horrified at violence in so many parts of the world. It seems that none are safe, and some are terrified. Hold back the hands that kill and maim; turn around the hearts that hate. Grant instead your strong Spirit of Peace—peace that passes our understanding but changes lives.

Almighty God, by the hand of Moses your servant you led your people out of slavery, and made them free at last: Grant that your Church, following the example of your prophet Martin Luther King, may resist oppression in the name of your love, and may secure for all your children the blessed liberty of the Gospel of Jesus Christ.

Equip us and empower us to be witnesses to your love—as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

We give thanks for the life of Graham Hartwell, former member of the choir, who died January 9, and who in 2001 donated the Casavant pipe organ that enriches our worship to this day.

Worship Leaders

Sunday, January 15

Preacher: Randy Lord-Wilkinson

7:45 AM

Reader/Prayers:	Leslie Sanya
Chalicians:	Enid Cole
Healing Prayer:	Meredith Horan
Acolytes:	Raymond Chin, Aidan Douglas
Welcome Team:	Herald Douglas, Lisa Murdock
Altar Guild:	Georgette Dennis
Hospitality Angel:	Jean Cohn

9:00 AM

Reader:	Gary McLaughlin, Sue Snay
Prayer:	Christian Simpson
Chalicians:	Jake Yalley-Ogunru, Winsome Palmer
Healing Prayer:	Javier Ocampo
Acolytes:	Paul Whitmore, Alfred Wasikye, Bob Waters
Welcome Team::	Dorett Sutherland, James Black, Jonathan Black
Altar Guild:	Dorett Sutherland, Dotty Pfadenhauer
Hospitality Angel:	Fe Wlotzko

11:15 AM

Reader:	Peg Ruppel
Healing Prayer:	Peg Ruppel
Welcome Team	Alex Langley, Alice Padmore, Kendall Anderson
Altar Guild:	Anika Lalmansingh, Avin Lalmansingh
Reader/Chalician:	Anika Lalmansingh, Avin Lalmansingh
Eucharistic Visitors:	Kate Foley, Meredith Horan
Song Leader:	Sue Snay
Hospitality Angel:	Peg Ruppel

Flower Delivery: Alice Padmore, Esther Sawyer

