



The Fourth Sunday after the Epiphany:

29 January A.D. 2017

11:15 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jason Cutshall, *Seminarian*
Jerrold Tidwell, *Minister of Music*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from one of the members of the Welcome Team or the table next to the Church Office door.

We meet for coffee, tea, and snacks in the Narthex after each service.

The Nursery in Room 2 is open from 8:30 a.m. to 12:30 p.m.

Within the bulletin, the people read the parts in bold print

Welcome and Announcements

Gather 468

Bring Forth the Kingdom

The Lord is here.

God's Spirit is with us.

Let us pray.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

1 Corinthians 1:18-31

The message of the cross is foolishness to those who are being destroyed. But it is the power of God for those of us who are being saved. It is written in scripture: I will destroy the wisdom of the wise, and I will reject the intelligence of the intelligent. Where are the wise? Where are the legal experts? Where are today's debaters? Hasn't God made the wisdom of the world foolish? In God's wisdom, he determined that the world wouldn't come to know him through its wisdom. Instead, God was pleased to save those who believe through the foolishness of preaching. Jews ask for signs, and Greeks look for wisdom, but we preach Christ crucified, which is a scandal to Jews and foolishness to Gentiles. But to those who are called—both Jews and Greeks—Christ is God's power and God's wisdom. This is because the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength.

Look at your situation when you were called, brothers and sisters! By ordinary human standards not many were wise, not many were powerful, not many were from the upper class. But God chose what the world considers foolish to shame the wise. God chose what the world considers weak to shame the strong. And God chose what the world considers low-class and low-life—what is considered to be nothing—to reduce what is considered to be something to nothing. So no human being can brag in God's presence. 30 It is because of God that you are in Christ Jesus. He became wisdom from God for us. This means that he made us righteous and holy, and he delivered us. This is consistent with what was written: The one who brags should brag in the Lord!

Hear what the Spirit is saying to God's people.

Thanks be to God.

Gather 290

Deep Within

The Holy Gospel of our Lord Jesus Christ according to Matthew [5:1-12]

Glory To You, Lord Christ.

Now when Jesus saw the crowds, he went up a mountain. He sat down and his disciples came to him. He taught them, saying:

“Happy are people who are hopeless, because the kingdom of heaven is theirs.

“Happy are people who grieve, because they will be made glad.

“Happy are people who are humble, because they will inherit the earth.

“Happy are people who are hungry and thirsty for righteousness, because they will be fed until they are full.

“Happy are people who show mercy, because they will receive mercy.

“Happy are people who have pure hearts, because they will see God.

“Happy are people who make peace, because they will be called God’s children.

“Happy are people whose lives are harassed because they are righteous, because the kingdom of heaven is theirs.

“Happy are you when people insult you and harass you and speak all kinds of bad and false things about you, all because of me. Be full of joy and be glad, because you have a great reward in heaven. In the same way, people harassed the prophets who came before you.

The Gospel of the Lord

Praise to you, Lord Christ.

Meditation

(The Rev.) Randy Lord-Wilkinson

The Affirmation of Faith*

**You, O God, are supreme and holy,
You create our world and give us life.
Your purpose overarches everything we do.
You have always been with us.
You are God.**

**You, O God, are infinitely generous,
Good beyond all measure.
You came to us before we came to you.
You have revealed and proved
Your love for us in Jesus Christ,
Who lived and died and rose again.
You are with us now.
You are God.**

**You, O God, are Holy Spirit.
You empower us to be your gospel in the world.
You reconcile and heal; you overcome death.
You are our God. We worship you.**

The Prayers of the People

Prayers are invited, either silently or aloud. After each spoken prayer, a gong will sound.

*From *A New Zealand Prayer Book*, p. 481

Concluding Prayer

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Gather 609

Taste and See

The Great Thanksgiving

The Lord is here.

God's Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

*It is right indeed to give you thanks most loving God, through Jesus Christ, our Redeemer, the first born from the dead, the pioneer of our salvation, who is with us always, one of us, yet from the heart of God.

For with your whole created universe, we praise you for your unfailing gift of life. We thank you that you make us human and stay with us even when we turn from you to sin.

God's love is shown to us: While we were yet sinners, Christ died for us.

In that love, dear God, righteous and strong to save, you came among us in Jesus Christ, our crucified and living Lord. You make all things new. In Christ's suffering and cross you reveal your glory and reconcile all peoples to yourself, their true and living God.

In your mercy you are now our God. through Christ you gather us, new-born in your Spirit, a people after your own heart. We entrust ourselves to you, for you alone do justice to all people, living and departed.

Now is the acceptable time, now is the day of salvation.

Therefore with saints and martyrs, apostles and prophets, with all the redeemed, joyfully we praise you and sing:

*From A New Zealand Prayer Book, P. 467

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
might, heav'n and earth are full of your glo-ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est!

The Celebrant continues

All glory to you, Giver of life sufficient and full for all creation. Accept our praises, living God, for Jesus Christ, the one perfect offering for the world, who in the night that he was betrayed, took bread, and when he had given thanks, broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup; and when he had given thanks, he gave it to them and said: Drink this, all of you. This is my blood of the new covenant which is shed for you, and for many, to forgive sin. Do this as often as you drink it to remember me.

Therefore, God of all creation, in the suffering and death of Jesus our redeemer, we meet you in your glory. We lift up the cup of salvation and call upon your name. Here and now, with this bread and wine, we celebrate your great acts of liberation, ever present and living in Jesus Christ, crucified and risen, who was and is and is to come.

Amen! Come Lord Jesus.

May Christ ascended in majesty be our new and living way, our access to you, Father, and source of all new life. In Christ we offer ourselves to do your will.

Empower our celebration with your Holy Spirit, feed us with your life, fire us with your love, confront us with your justice, and make us one in the body of Christ with all who share your gifts of love.

Through Christ, in the power of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Creator God. Amen.

*As our Savior Christ has taught us,
we are bold to say:*

**Our Father in heaven,
holy is your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

*As our Savior Christ has taught us,
we now pray:*

**Eternal Spirit,
Earth-Maker, Pain-bearer, Life-giver,
Source of all that is and that shall be,
Father and Mother of us all.
Loving God, in whom is heaven:
The hallowing of your name echoes through the universe!
The way of your justice be followed by the peoples
of the world!
Your heavenly will be done by all created beings!
Your commonwealth of peace and freedom
sustain our hope and come on earth.
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is love,
now and forever. Amen.**

From A New Zealand Prayer Book, p. 181

The Celebrant breaks the consecrated Bread, and a period of silence is kept.

We break this bread to share in the Body of Christ.

People: **We who are many are one body, for we all share in the one bread.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died and lives in you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

The Bread and the Cup are given with these words

The Body of Christ, the bread of heaven.

The Blood of Christ, the cup of salvation.

Administration of the Sacrament: *All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

Healing Prayers: *If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex to the right of the pulpit after receiving communion. A healing minister will be there to pray with you.*

When there is a Eucharistic Visitor present

Celebrant We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

People **We who are many are one body because we all share one bread and one cup.**

Let us pray.

God of all, we give you thanks and praise, that when we were still far off you met us in Jesus and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Amen.

Gather 469

Blest Are They

The Peace

The peace of the Lord be always with you.
And also with you.

PRAY FOR COMFORT, HEALING, COURAGE, AND HOPE:

We pray for all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, especially Sandy Boynton, Debbie Capo, John Carman, Margaret Joseph, Donna Keating, Peggy Longo, Angela and Rachel Lord, Sarah Rubin, and Roz Silver-Marcotte.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

PERMISSIONS

Sanctus. Music: Mass of Remembrance, Marty Haugen. Copyright © 1987, G.I.A. Publications, Inc. Reprinted under OneLicense.net A-715039.

Scripture taken from the Common English Bible®, CEB® Copyright © 2010, 2011 by Common English Bible.™ Used by permission. All rights reserved worldwide.

Worship Leaders

		This Week	Next Week
Reader:	7:45 a.m.	Jason Cutshall	Leslie Sanya
	9:00 a.m.	Susan McLaughlin Gary McLaughlin	Andrew Greene Chris Ruggeri
Prayers:	11:15 a.m.	Tunde Ayinde	Jason Cutshall
	7:45 a.m.	Jason Cutshall	Leslie Sanya
Chalicians:	9:00 a.m.	Gordon Donnelly	John Pruessner
	7:45 a.m.	David Burton Sharon Hayden	Enid Cole Jason Cutshall
	9:00 a.m.	Jason Cutshall Margaret Tellu	Jake Yalley-Ogunro Winsome Palmer
Healing Prayer Ministers:	11:15 a.m.	Rimie Sicard Peg Ruppel	Laura Shay Jason Cutshall
	7:45 a.m.	Jason Cutshall	Janet King
	9:00 a.m.	Major Clemens	Randy Lord-Wilkinson
Acolytes:	11:15 a.m.	Jason Cutshall	Sarah Rubin
	7:45 a.m.	Raymond Chin Aidan Douglas	Ron Hayden Aidan Douglas
Welcome Team:	9:00 a.m.	Kofi Kwamena-Poh Richard McFarland Gary McLaughlin	Paul Whitmore Bob Waters Lisa Dickson
	7:45 a.m.	Enid Cole Wadai Dennis	Herald Douglas Lisa Murdock
	9:00 a.m.	Swithin Kwamena-Poh Kevin Blanc Algernon Thomas	Esther Allotey-Taylor Bev Stennett Christine Kroma Josephine Clarke
	11:15 a.m.	Avin Lalmansingh Karl Didavi Clark Didavi	Alex Langley Alice Padmore Kendall Anderson
Flower Delivery:		Eliane Dunn-Johnson Alice Padmore	Esther Sawyer Adoma Baffoe
Altar Guild:	7:45 a.m.	Leslie Sanya Wadai Dennis	Georgette Dennis
	9:00 a.m.	Ophelia Yalley-Ogunro Joyce Bvumbe	Dorett Sutherland Dotty Pfadenhauer
	11:15 a.m.	Laura Shay	AnikaLalmansingh Avin Lalmansingh
Weekly Altar Guild Team:		9:00 a.m. Team	7:45 a.m. Team
Eucharistic Visitors:		Pamela Irons-Forth Barb Mansfield	Randy Lord-Wilkinson Enid Cole
			Betsy Hasegawa
Song Leader	11:15 a.m.	Alice Benson	
Hospitality Angels	7:45 a.m.	Wadai Dennis	Hawa Clemens
	9:00 a.m.	Ron & Jan Hauber	Dorett Sutherland
	11:15 a.m.	Pamela Novel	Aaron & Emma Boyce

LEADERSHIP AT ASCENSION

Clergy

The Rev. Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jason Cutshall, *Seminarian*

Musicians

Jerrold Tidwell, *Minister of Music*
Howard Hanson, *Musician, Service for Families with Small Children at 10:15 a.m.*
Samuel Munguia, *Musician, Spanish Language Service at 11:00 a.m.*
Eric O'Loughlin, *Musician, 5:00 p.m. Service*

Wardens

Betsy Hasegawa, *Senior Warden*
Janet King, *Junior Warden*

Vestry

2017: Denise Lionetti, Najma Stubblefield, Paul Whitmore
2018: Avin Lalmansingh, Gary McLaughlin, Berenice Rodriguez
2019: Rose Buck, Zadinga Ogada, John Pruessner
Sari Stoddard, *Clerk of the Vestry*
Howard Holland, *Treasurer*

Ministry Area Leaders

Zadinga Ogada, *Christian Formation for Children*
Angie Hight-Walker, *Christian Formation for Youth*
Ted Bedell, *Facilities*
Howard Holland, *Finance*
Paul Boynton, *Mission*
Randy Lord-Wilkinson, *Pastoral Care*
Jean Cohn, *Personnel*
Carleton MacDonald, *Worship*

Delegates to Diocesan Convention

Kristen Keating, Carleton MacDonald, Sue Snay
Alternate: Mardia Dennis

Staff

Kathy Van Arnum, *Parish Administrator*
Eleni Hailu, *Media Specialist*
Brenda Alvarez, *Nursery Attendant*

