



**The Sixth Sunday after the Epiphany**  
February 16, 2020  
8:00 and 10:00 a.m. Holy Eucharist

*Welcome to Ascension!*

*For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from a member of the Welcome Team or the table by the Church office door.*

***Please silence your audible devices.***

*Beginning ten minutes before the service, please help us create a contemplative space by refraining from cell phone use or loud conversation.*

*Within the service, the people read the parts in **bold print**.*

**The Entrance Rite**  
**(10:00 a.m. service only - the 8:00 a.m. service begins with the Opening Acclamation)**

**Opening Voluntary**

*Little Prelude and Fugue in G Major*

Johann Sebastian Bach

**Introit**

*Sung by the Choir.*

*Breathe on me, Breath of God*

Edwin Hatch

*The people stand and remain standing through the Collect of the Day.*

**Processional Hymn (10:00 a.m.)** *Sung by all.*

*God of grace and God of glory*

**1982 Hymnal # 594**

*Cum Rhondda*

**Opening Acclamation**

*Priest* Blessed be God: Father, Son and Holy Spirit.

*People* **And blessed be God's kingdom, now and forever. Amen.**

**The Collect for Purity**

*Priest and People*

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.***

**Prayer for our Children and Teachers**

Almighty God, heavenly Father, you have blessed Ascension with these children and these teachers: Give these children your gift of joy and wonder, and pour your blessings upon them. Give these teachers calm strength and patient wisdom so they may teach our children to love whatever is just and true and good, following the example of our Savior Jesus Christ. **Amen.**

*Gloria in Excelsis* (8:00 a.m. – spoken by all)

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,

you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. *Amen.*

*Gloria in Excelsis: (10:00 a.m.)*

*Sung by all.*

*Glory to God*

**Lift Every Voice and Sing # 243**

Carl Haywood

Glo - ry, Glo - ry, Hal - le - lu -

6

- jah, Lord we praise your Ho - ly name, Glo-ry, Glo-ry, hal - le - lu - jah, Lord we

11

praise your Ho - ly name. 1.Glo-ry to God \_ in the high - est and

15

peace to his peo - ple on earth. 2.Lord God heav-en-ly King, al - might-y God \_and

20

Fa-ther, We wor-ship you, \_ we give you thanks, \_ we praise you for \_ your glo-ry.

25

3.Lord Je-sus Christ, on-ly son of the Fa - ther, Lord God, Lamb of God. \_ Glo - ry,

29

Glo-ry, hal - le - lu - jah, Lord we praise your Ho - ly name, \_ Glo-ry, Glo-ry, hal - le - lu -



- jah, Lord we praise your Ho - ly name. — 4.You take a-way the sin of the world: have  
39

mer - cy on us, 5.You are seat-ed at the right hand of the Fa - ther: re - ceive — our —  
44

prayer. 6.For you a - lone — are the Ho - ly One, You a - lone are — the Lord,  
49

7.You a - lone — are the Most High, Je - sus Christ — with the Ho - ly Spi-rit, in the  
53

glo - ry of — the Fa - ther. Glo - ry, Glo - ry, hal - le - lu - jah, Lord we  
57

praise your Ho - ly name, — Glo - ry, Glo - ry, hal - le - lu - jah, Lord we  
61

praise your Ho ly name. A - - - - - men!

### The Collect of the Day

*Priest* The Lord be with you.  
*People* **And also with you.**  
*Priest* Let us pray.

*Priest and People*

**O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

*The people sit.*

# The Word of God

## The First Reading

Deuteronomy 30:15-20

*Reader* A reading from the book of Deuteronomy.

Moses said, "See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob."

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

## Psalm 119 (Read responsively)

Happy are they whose way is blameless,  
**who walk in the law of the Lord!**

Oh, that my ways were made so direct  
**that I might keep your statutes!**

Happy are they who observe his decrees  
**and seek him with all their hearts!**

Then I should not be put to shame,  
**when I regard all your commandments.**

Who never do any wrong,  
**but always walk in his ways.**

I will thank you with an unfeigned heart,  
**when I have learned your righteous judgments.**

You laid down your commandments,  
**that we should fully keep them.**

I will keep your statutes;  
**do not utterly forsake me.**

## The Second Reading

1 Corinthians 3:1-9

*Reader* A reading from the first epistle from the apostle Saint Paul to the Corinthians.

Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God's servants, working together; you are God's field, God's building.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

*The people stand.*

## Sequence Hymn (10:00 a.m.)

*Blessed Jesus, at thy word*

*Sung by all.*

**1982 Hymnal #440**

*Liebster Jesu*

*First two verses are sung before the Gospel reading; last verse is sung after the Gospel reading.*

**The Gospel***Gospeller*

The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People***Glory to you, Lord Christ.**

Jesus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgment.' But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny. "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. "It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. "Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one."

*Gospeller*

The Gospel of the Lord.

*People***Praise to you, Lord Christ.***The people are seated at the invitation of the preacher.***Sermon***The people stand.*

The Rev. Javier G. Ocampo

**The Nicene Creed****Priest and People**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate  
from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of  
life, who proceeds from the Father.  
With the Father and the Son he is worshiped and  
glorified. He has spoken through the Prophets.  
We believe in one holy catholic and apostolic  
Church.  
We acknowledge one baptism for the forgiveness  
of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## The Prayers of the People

## Form VI

In peace, we pray to you, Lord God.

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

For all bishops, priests, and deacons, especially Michael, our Presiding Bishop, Mariann and Chilton, our Bishops, and Javier and Eugene, our clergy.

**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions.*

We pray for comfort, healing, courage, and hope for **Samuel** Tellu, **Sciou** Broderick, **Marcia** Noble, **Eduardo** Rincon, **Warren** Porter, **Sue** Jenkins, **Olive** Rivera, **Judy** Conroy, **Doris** Chin, **Jean** Cohn, **Johnetta** Mars-Gibson, **Susan** Mclaughlin, **Amy** Van Dalinda, **Clint** Miller, **Peg** Ruppel, **José** Ortiz, **Fran** Spina, **Kathy** Bainbridge, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, as well as those on our extended healing prayer list.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own thanksgivings.*

We give thanks for the birthdays of **Isabelle** Watson, **Adanma** Ezulike, **Nolan** French, **David** Diaz Guzman, **Crystal** Rouse, **Keara** Dowd, **Brenda** Beck, **Brian** Fough, **Kofi** Dickson.

We will exalt you, O God our King;

**And praise your Name forever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions*

Lord, let your loving-kindness be upon them;

**Who put their trust in you.**

All say the prayer for Ascension:

**God of all, we offer thanks to you for this our parish, Church of the Ascension, as we gather here together in your name. Bless us with remembrance of those who founded this parish, erected the walls, and provided the space we have today. We pray that we may continue their work with perseverance and faithfulness to become a truly One Ascension for this community. We pray for strength, steadfastness, and vision for Padre Javier on his journey as our Rector. Guide us as we walk the way with him. We pray that the path we take together and the light that shows us the way are your own. In Jesus's name we pray. Amen.**

We pray to you also for the forgiveness of our sins.

*All kneel.*

**Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.**

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Peace**

*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

*The Ministers and People greet one another in the name of the Lord and are then seated.*

### **Announcements**

### **Offertory Sentence**

*Celebrant* Let us with gladness present the offerings and oblations of our life and labor to the Lord.

### **Offertory Anthem**

*Sung by the choir.*

*Be Thou my Vision*

Bob Chilcott

### **Hymn at the Presentation**

*Sung by all, standing.*

*Lord be thy word my rule*

**1982 Hymnal #626**

*Quam dilecta*

### **The Holy Communion**

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*Celebrant*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**



**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

*Celebrant and People*

And now as our Savior Christ has taught us, we are bold to say:

<b>Our Father, who art in heaven,</b>	<b>as we forgive those</b>
<b>hallowed be thy Name,</b>	<b>who trespass against us.</b>
<b>thy kingdom come,</b>	<b>And lead us not into temptation,</b>
<b>thy will be done,</b>	<b>but deliver us from evil.</b>
<b>on earth as it is in heaven.</b>	<b>For thine is the kingdom,</b>
<b>Give us this day our daily bread.</b>	<b>and the power, and the glory,</b>
<b>And forgive us our trespasses,</b>	<b>forever and ever. Amen.</b>

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

*(8:00 a.m.)*

Alleluia. Christ our Passover is sacrificed for us.

**Therefore let us keep the feast. Alleluia.**

**Fraction Anthem**

*Lamb of God*

*(Sung at 10:00 a.m.)*

**Lift Every Voice and Sing # 270**

Marjorie Landsmark-DeLewis

The musical score is written in treble clef with a key signature of three sharps (F#, C#, G#) and a 3/4 time signature. It consists of eight staves of music. The lyrics are: "Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace." The score includes rests and various note values (quarter, eighth, and half notes) with stems and beams.

*Celebrant* The Gifts of God for the People of God.  
*The people sit.*

**Administration of the Sacrament:** All are welcome to the Lord's Table at Ascension. To receive communion, come to a communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please cross your arms on your chest – this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know. **Healing Prayers:** If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.

**Communion Hymn (10:00 a.m.)**

*Sung by all.*

*Come ye Disconsolate*

**Lift Every Voice and Sing #147**

Sammuel Webbe

1. Come, ye dis - con - so - late, wher - e'er ye lan - guish,  
 2. Joy of the des - o - late, light of the stray - ing,  
 3. Here see the bread of life; see wa - ters flow - ing

1. Come to the mer - cy seat, fer - vent - ly kneel:  
 2. Hope of the pen - i - tent, fade - less and pure!  
 3. Forth from the throne of God, pure from a - bove!

1. Here bring your wound - ed hearts, here tell your an - guish;  
 2. Here speaks the com - fort - er, ten - der - ly say - ing,  
 3. Come to the feast of love; come, ev - er know - ing

1. Earth has no sor - row that heav'n can - not heal.  
 2. "Earth has no sor - row that heav'n can - not cure."  
 3. Earth has no sor - row but heav'n can re - move.

**Sending Forth of Eucharistic Visitor**

*When at this service*

*Celebrant* We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

*People* **We who are many are one body because we all share one bread and one cup.**

*The people kneel or stand.*

## Prayer after Communion

*Celebrant and People*

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen**

## Blessing

*Celebrant*

Life is short, and we do not have too much time to gladden the hearts of those who travel the way with us. So be swift to love, and make haste to be kind. And may the blessing of the one who made us, who journeys with us, who breathes us into life moment by moment, Creator, Christ, and Holy Spirit, be upon you this day and always. **Amen.**

*The people stand.*

## Recessional Hymn

*Go forth for God, go to the world in peace*

*Sung by all.*

**1982 Hymnal #347**

*Litton*

## Dismissal

*Celebrant*

Go in peace to love and serve the Lord. Alleluia! Alleluia!

*People*

**Thanks be to God. Alleluia! Alleluia!**

## Closing Voluntary

*Prelude in E flat Major Op.41 No.1*

*Alexandre Guilmant*

*PERMISSIONS Section: Communion Title: ome, ye Disconsolate Words: Stanzas 1-2, Thomas Moore (1779-1853); Stanza 3, Thomas Hasting (1784-1872) Music: Samuel Webbe (1740-1816) Section: Evangelism Title: Make Me a Blessing Words: Ira B. Wilson (1880-1950) Music: George Schuler (1882-1973) Copyright: © 1924 George S. Schuler. Renewed 1952 The Rodeheaver Co. (A div. of WORD, INC.). All Rights Reserved. International Copyright Secured. Used by Permission. Section: Canticles Title: Canticle 20, Glory to God: Gloria in excelsis Music: Robert Powell (b. 1932), rev. Copyright: Setting: Copyright © Church Publishing, Inc. Section: Service Music: Sanctus and Benedictus Title: Holy, holy, holy Lord [Sanctus] Meter: CM Music: American folk melody; arr. Marcia Pruner, harm. Annabel Morris Buchanan (1889-1983) The Holy Eucharist: Rite Two is from the Book of Common Prayer © 1979 Church Publishing, Inc. Scripture readings are from the New Revised Standard Version of The Bible, copyright © 1989, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.*

## Worship Leaders

	<b>Today</b>	<b>Next Sunday</b>
<b>Readers</b>	<b>8:00 am</b> David Burton <b>10:00 am</b> Gary McLaughlin Helena Horace	Julia Thom Susan Ahalt Ceda Ogada
<b>Prayers of the People</b>	<b>8:00 am</b> David Burton <b>10:00 am</b> Kristen Keating	Julia Thom Howard Holland
<b>Chalicians</b>	<b>8:00 am</b> David Burton Edna Leake <b>10:00 am</b> Bob Waters Rimie Sicard	Wadai Dennis Sharon Hayden Margaret Tellu Shirley Allen
<b>Healing Prayer Ministers</b>	<b>8:00 am</b> Lisa Murdock <b>10:00 am</b> Peg Ruppel	Janet King Alex Langley
<b>Acolytes</b>	<b>8:00 am</b> Ray Chin Isa Noble <b>10:00 am</b> Roberta Taylor Hallie Porter Emmanuel Chukwurah	Ron Hayden Aidan Douglas Pete Minderman Ethan Liberty Elise Liberty
<b>Welcome Team</b>	<b>8:00 am</b> Florence Sirleaf Wadai Dennis <b>10:00 am</b> Swithin Kwamena-Po Algernon Thomas Henry Musikar Tunde Ayinde	Frank Sanya Janet King Bev Stennett Christine Kroma Josephine Clarke Sciou Broderick
<b>Altar Guild</b>	<b>8:00 am</b> Marcia Noble Danielle Allen <b>10:00 am</b> Florence Chukwurah Dotty Pfadenhauer	Mardia Dennis Hawa Clemens Shirley Allen Dotty Pfadenhauer
<b>Hospitality Angels</b>	<b>8:00 a.m.</b> Hawa Clemens <b>10:00 a.m.</b> Adoma Baffoe Ruby King	Wadai Dennis Sarah Gallagher Kristin Fitzpatrick
<b>Flower Delivery</b>	Eliane Dunn Johnson Alice Padmore	Esther Sawyer Hawa Clemens
<b>Eucharistic Visitor(s)</b>		Meredith Horan