



# The Second Sunday in Lent

## March 8, 2020

### 10:00 a.m. Holy Eucharist

*Welcome to Ascension!*

*For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from a member of the Welcome Team or the table by the Church Office door.*

***Please silence your audible devices.***

*Beginning ten minutes before the service, please help us create a contemplative space by refraining from cell phone use or loud conversation.*

*Within the service, the people read the parts in **bold print**.*

## The Entrance Rite

### Opening Voluntary (Flute and Piano):

*Meditation in D minor*

Claire Rosser

### Introit

*Sung by the Choir.*

*Out of the Depths I Call to You*

Melchior Vulpius/ J.S. Bach

*The people stand and remain standing through the Collect of the Day.*

### Processional Hymn

*Sung by all.*

*The God of Abraham praise*

**1982 Hymnal # 401**

*Leoni*

*Celebrant* Bless the Lord who forgiveth all our sins.  
*People* **His mercy endureth forever.**

### The Decalogue

God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not take the Name of the Lord thy God in vain.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Honor thy father and thy mother.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt do no murder.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not commit adultery.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.**

*Celebrant:* Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets. *Matthew 22:37-40*

*Celebrant then says:*

Let us humbly confess our sins unto Almighty God.

*Silence may be kept*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

*Celebrant:* The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

## Kyrie eleison

*Lord, have mercy upon us*

**1982 Hymnal # S 91**

*Missa de Sancta Maria Magdalena*

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Lord, have mer - cy up - on us.  
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

## The Collect of the Day

*Celebrant* The Lord be with you.  
*People* **And with thy spirit.**  
*Celebrant* Let us pray.

*Priest and People*

**O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, forever and ever. Amen.**

*The people sit*

## The Word of God

### The First Reading

Genesis 12:1-4a

*Reader* A reading from the book of Genesis.

Now the Lord had said unto Abram, Get thee out of thy country, and from thy kindred, and from thy father's house, unto a land that I will shew thee: And I will make of thee a great nation, and I will bless thee, and make thy name great; and thou shalt be a blessing: And I will bless them that bless thee, and curse him that curseth thee: and in thee shall all families of the earth be blessed. So Abram departed, as the Lord had spoken unto him; and Lot went with him.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

**Psalm 121** (Read responsively)

I will lift up mine eyes unto the hills,  
**from whence cometh my help.**

My help cometh from the Lord,  
**which made heaven and earth.**

He will not suffer thy foot to be moved:  
**he that keepeth thee will not slumber.**

Behold, he that keepeth Israel  
**shall neither slumber nor sleep.**

The Lord is thy keeper:  
**the Lord is thy shade upon thy right hand.**

The sun shall not smite thee by day,  
**nor the moon by night.**

The Lord shall preserve thee from all evil:  
**he shall preserve thy soul.**

The Lord shall preserve thy going out and thy coming in  
**from this time forth, and even for evermore.**

**The Second Reading**

Romans 4:1-5, 13-17

*Reader* A reading from the epistle of the apostle Saint Paul to the Romans.

What shall we say then that Abraham our father, as pertaining to the flesh, hath found? For if Abraham were justified by works, he hath whereof to glory; but not before God. For what saith the scripture? Abraham believed God, and it was counted unto him for righteousness. Now to him that worketh is the reward not reckoned of grace, but of debt. But to him that worketh not, but believeth on him that justifieth the ungodly, his faith is counted for righteousness. For the promise, that he should be the heir of the world, was not to Abraham, or to his seed, through the law, but through the righteousness of faith. For if they which are of the law be heirs, faith is made void, and the promise made of none effect: Because the law worketh wrath: for where no law is, there is no transgression. Therefore it is of faith, that it might be by grace; to the end the promise might be sure to all the seed; not to that only which is of the law, but to that also which is of the faith of Abraham; who is the father of us all (As it is written, I have made thee a father of many nations.) before him whom he believed, even God, who quickeneth the dead, and calleth those things which be not as though they were.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

*The people stand.*  
**Sequence Hymn**

*Sung by all.*

*The great Creator of the worlds*

**1982 Hymnal # 489**

*Tallis' Ordinal*

*First five verses are sung before the Gospel reading; last verse is sung after the Gospel reading.*

**The Gospel**

John 3:1-17

*Gospeller* The Holy Gospel of our Lord Jesus Christ according to John.  
*People* **Glory be to thee, O Lord.**

There was a man of the Pharisees, named Nicodemus, a ruler of the Jews: The same came to Jesus by night, and said unto him, Rabbi, we know that thou art a teacher come from God: for no man can do these miracles that thou doest, except God be with him. Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God. Nicodemus saith unto him, How can a man be born when he is old? Can he enter the second time into his mother's womb, and be born? Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God. That which is born of the flesh is flesh; and that which is born of the Spirit is spirit. Marvel not that I said unto thee, Ye must be born again. The wind bloweth where it listeth, and thou hearest the sound thereof, but canst not tell whence it cometh, and whither it goeth: so is

every one that is born of the Spirit. Nicodemus answered and said unto him, How can these things be? Jesus answered and said unto him, Art thou a master of Israel, and knowest not these things? Verily, verily, I say unto thee, We speak that we do know, and testify that we have seen; and ye receive not our witness. If I have told you earthly things, and ye believe not, how shall ye believe, if I tell you of heavenly things? And no man hath ascended up to heaven, but he that came down from heaven, even the Son of man which is in heaven. And as Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up: That whosoever believeth in him should not perish, but have eternal life. For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world; but that the world through him might be saved.

*Gospeller*        The Gospel of the Lord.  
*People*            **Praise be to thee, O Christ.**

*The people are seated at the invitation of the preacher.*

## **Sermon**

Peg Ruppel

*The people stand.*

## **The Nicene Creed**

**I believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
and of all things visible and invisible;**

**who for us men and for our salvation  
came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man;  
and was crucified also for us under Pontius Pilate;  
he suffered and was buried;  
and the third day he rose again according to the  
Scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father;  
and he shall come again, with glory,  
to judge both the quick and the dead;  
whose kingdom shall have no end.**

**And I believe in the Holy Ghost the Lord, and  
Giver of Life,  
who proceedeth from the Father;  
who with the Father and the Son together is  
worshiped and glorified;  
who spake by the Prophets.  
And I believe one holy Catholic and  
Apostolic Church;  
I acknowledge one Baptism for the  
remission of sins;  
and I look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Prayers of the People**

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers especially Michael, our Presiding Bishop, Mariann and Chilton, our Bishops, and Javier and Eugene, our clergy, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

*Additional petitions and thanksgivings may be included.*

We pray for comfort, healing, courage, and hope for **Samuel Tellu, Sciou Broderick, Marcia Noble, Eduardo Rincon, Warren Porter, Sue Jenkins, Olive Rivera, Judy Conroy, Doris Chin, Jean Cohn, Johnetta Mars-Gibson, Neville Barr, Susan McLaughlin, Amy VanDalinda, Clint Miller, Roger LeCompte, Peg Ruppel, José Ortiz, Lin Keene, Sally Glick, William Glick**, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, as well as those on our extended healing prayer list.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

All say the prayer for Ascension:

**God of all, we offer thanks to you for this our parish, Church of the Ascension, as we gather here together in your name. Bless us with remembrance of those who founded this parish, erected the walls, and provided the space we have today. We pray that we may continue their work with perseverance and faithfulness to become a truly One Ascension for this community. We pray for strength, steadfastness, and vision for Padre Javier on his journey as our Rector. Guide us as we walk the way with him. We pray that the path we take together and the light that shows us the way are your own. In Jesus' name we pray. Amen.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

## **The Peace**

*Celebrant:* The peace of the Lord be always with you.

*People:* **And with thy spirit.**

*The Ministers and People greet one another in the name of the Lord and are then seated.*

## **Announcements**

### **Offertory Sentence**

*Celebrant* If thou bring thy gift to the altar, and there rememberest that thy brother or sister hath aught against thee, leave there thy gift before the altar, and go thy way; first be reconciled to thy brother or sister, and then come and offer thy gift. *Matthew 5:23, 24*

**Offertory Anthem**

*Sung by the choir.*

*God so Loved the World*

John Stainer

**Hymn at the Presentation**

*Sung by all, standing.*

*Praise our great and gracious Lord*

**1982 Hymnal # 393**

*Maoz Zur*



1 Praise our great and gra - cious Lord, call up - on his ho - ly Name;  
2 God has given the cloud by day, given the mov - ing fire by night;



raisi - ng hymns in glad ac - cord, all his might - y acts pro - claim:  
guides his Is - rael on their way from the dark - ness in - to light.



how he leads his cho - sen un - to Ca - naan's prom - ised land,  
God it is who grants us sure re - treat and re - fuge nigh;



how the word we have heard firm and change - less still shall stand.  
light of dawn leads us on: 'tis the Day - spring from on high.

**The Holy Communion**

*Celebrant*

The Lord be with you.

*People*

**And with thy spirit.**

*Celebrant*

Lift up your hearts.

*People*

**We lift them up unto the Lord**

*Celebrant*

Let us give thanks to the Lord our God.

*People*

**It is meet and right so to do.**

*Celebrant*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

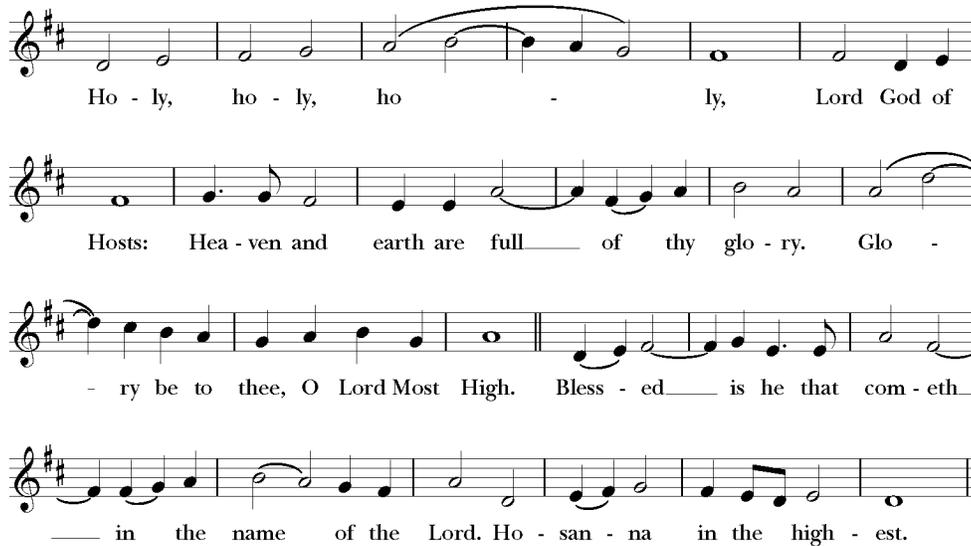
Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Sanctus –**  
*Holy, holy, holy*

1982 Hymnal # S 114

*Missa de Sancta Maria Magdalena*



Ho - ly, ho - ly, ho - ly, Lord God of  
Hosts: Hea - ven and earth are full of thy glo - ry. Glo -  
- ry be to thee, O Lord Most High. Bless - ed is he that com - eth  
in the name of the Lord. Ho - san - na in the high - est.

*The people kneel or stand; the Celebrant continues.*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." 🛎

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." 🛎

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

*Celebrant and People*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
forever and ever. Amen.**

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

**Fraction Anthem**  
*Lamb of God*

*Sung by all.*  
**The Hymnal 1982 # S 158**

*Missa de Sancta Maria Magdalena*

O Lamb of God, that ta - kest a -  
way the sins of the world, have mer - cy up -  
on us. O Lamb of God, that  
ta - kest a - way the sins of the world, have  
mer - cy up - on us. O Lamb of  
God, that ta - kest a - way the sins of the  
world, grant us thy peace.

*Celebrant and People*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

*Celebrant*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The people sit.*

**Administration of the Sacrament:** All are welcome to the Lord's Table at Ascension. To receive communion, come to a communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you.

Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers.

If you wish to receive a blessing rather than receive communion, please cross your arms on your chest – this will alert the Clergy of your desire to be blessed.

If you need communion brought to you please let a member of the Welcome Team know.

**Healing Prayers:** If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.

## Communion Hymn

And now, O Father, mindful of the love

1982 Hymnal # 337

*Unde et memores*

## Sending Forth of Eucharistic Visitor

*When at this service*

*Celebrant* We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

*People* **We who are many are one body because we all share one bread and one cup.**

## Prayer after Communion

*The people kneel or stand.*

*Celebrant* Let us pray.

*Celebrant and People*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom.**

**And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## Solemn Prayer over the People

*Celebrant:* Bow down before the Lord

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. Amen.

*The people stand.*

## Recessional Hymn

*Sung by all.*

*When Christ was lifted from the earth*

1982 Hymnal # 603

*St. Botolph*

## Dismissal

*Celebrant* Let us bless the Lord.

*People* **Thanks be to God.**

## Closing Voluntary (Organ)

*Rondo from "Abdelezar"*

Henry Purcell

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## Worship Leaders

	<b>Today</b>	<b>Next Sunday</b>
<b>Readers</b>	<b>8:00 am</b> Peg Donnellon <b>10:00 am</b> Anne Brink Karl Didavi	Marcia Noble Susan McLaughlin Adoma Baffoe
<b>Prayers of the People</b>	<b>8:00 am</b> Peg Donnellon <b>10:00 am</b> Sue Snay	Marcia Noble Pete Minderman
<b>Chalicians</b>	<b>8:00 am</b> Wadai Dennis Sharon Hayden <b>10:00 am</b> Adoma Baffoe Peg Ruppel	David Burton Edna Leake Nancy Carman Cynthia Perley
<b>Healing Prayer Ministers</b>	<b>8:00 am</b> Karen Olsen <b>10:00 am</b> Barb Mansfield	Lisa Murdock Laurie Yelle
<b>Acolytes</b>	<b>8:00 am</b> Ron Hayden Aidan Douglas <b>10:00 am</b> Monty Petersen Hallie Porter Roberta Taylor	Ray Chin Isa Noble Pete Minderman Ethan Liberty Elise Liberty
<b>Welcome Team</b>	<b>8:00 am</b> Frank Sanya Florence Sirleaf <b>10:00 am</b> Dorett Sutherland Karl Didavi Clark Didavi Emmanuel Nwankwo	Wadai Dennis Frank Sanya Nii-Armah Akuete Ruby King Charles Dickson Angelique Cooper
<b>Altar Guild</b>	<b>8:00 am</b> Michelle Wood Georgette Dennis <b>10:00 am</b> Georgana Maines	Marcia Noble Danielle Allen Nancy Carman Cynthia Perley Elizabeth Lennon
<b>Hospitality Angels</b>	<b>8:00 a.m.</b> Wadai Dennis <b>10:00 a.m.</b> Emma Boyce Aaron Boyce	David Burton Dorett Sutherland Michelle Wood
<b>Flower Delivery</b>	Alice Padmore Esther Sawyer	Esther Sawyer Adoma Baffoe
<b>Eucharistic Visitor(s)</b>	Peg Ruppel	