



Third Sunday in Lent  
March 7, 2021  
10:00 a.m. Holy Eucharist

### The Entrance Rite

#### Opening Voluntary

*Morning Song*

*Joseph M. Martin*

#### Processional Hymn

1982 Hymnal #409

*The spacious firmament on high*

*Creation*

*Unison or harmony*

1 The spa - cious fir - ma - ment on high,  
2 Soon as the eve - ning shades pre - vail,  
3 What though in sol - emn si - lence all

with all the blue e - ther - eal sky,  
the moon takes up the won - drous tale,  
move round the dark ter - res - trial ball?

and span - gled heavens, a shin - ing frame,  
and night - ly to the lis - tening earth  
What though no re - al voice nor sound

their great O - rig - i - nal pro - claim.  
re - peats the sto - ry of her birth:  
a - mid their ra - diant orbs be found?

The un - wea - ried sun from day to day  
whilst all the stars that round her burn,  
In rea - son's ear they all re - joice,

does his Cre - a - tor's power dis - play;  
and all the plan - ets in their turn,  
and ut - ter forth a glo - rious voice;

and pub - lish - es to ev - ery land  
con - firm the ti - dings, as they roll  
for ev - er sing - ing as they shine,

the work of an al - might - y hand.  
and spread the truth from pole to pole.  
"The hand that made us is di - vine."

*Celebrant*  
*People*

Bless the Lord who forgives all our sins.  
**His mercy endures for ever.**

Beloved in the Lord: Our Savior Christ, on the night before he suffered, instituted the Sacrament of his Body and Blood as a sign and pledge of his love, for the continual remembrance of the sacrifice of his death, and for a spiritual sharing in his risen life. For in these holy Mysteries we are made one with Christ, and Christ with us; we are made one body in him, and members one of another.

Having in mind, therefore, his great love for us, and in obedience to his command, his Church renders to Almighty God our heavenly Father never-ending thanks for the creation of the world, for his continual providence over us, for his love for all mankind, and for the redemption of the world by our Savior Christ, who took upon himself our flesh, and humbled himself even to death on the cross, that he might make us the children of God by the power of the Holy Spirit, and exalt us to everlasting life.

But if we are to share rightly in the celebration of those holy Mysteries, and be nourished by that spiritual Food, we must remember the dignity of that holy Sacrament. I therefore call upon you to consider how Saint Paul exhorts all persons to prepare themselves carefully before eating of that Bread and drinking of that Cup.

For, as the benefit is great, if with penitent hearts and living faith we receive the holy Sacrament, so is the danger great, if we receive it improperly, not recognizing the Lord's Body. Judge yourselves, therefore, lest you be judged by the Lord.

Examine your lives and conduct by the rule of God's commandments, that you may perceive wherein you have offended in what you have done or left undone, whether in thought, word, or deed. And acknowledge your sins before Almighty God, with full purpose of amendment of life, being ready to make restitution for all injuries and wrongs done by you to others; and also being ready to forgive those who have offended you, in order that you yourselves may be forgiven. And then, being reconciled with one another, come to the banquet of that most heavenly Food.

And if, in your preparation, you need help and counsel, then go and open your grief to a discreet and understanding priest, and confess your sins, that you may receive the benefit of absolution, and spiritual counsel and advice; to the removal of scruple and doubt, the assurance of pardon, and the strengthening of your faith.

To Christ our Lord who loves us, and washed us in his own blood, and made us a kingdom of priests to serve his God and Father, to him be glory in the Church evermore. Through him let us offer continually the sacrifice of praise, which is our bounden duty and service, and, with faith in him, come boldly before the throne of grace and humbly confess our sins to Almighty God.

*Silence may be kept.*

**Most merciful God,  
we confess that we have sinned against you**

**in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

**Trisagion**

**1982 Hymnal S 100**

*Holy God*

David Hurd

Ho - ly God, Ho - ly and Might - y, Ho - ly Im -  
mor - tal One, Have mer - cy up - on us. Ho - ly God,  
Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy  
up - on us. Ho - ly God, Ho - ly and Might - y,  
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

## The Collect for the Day

*Priest*        The Lord be with you.

*People*        **And also with you.**

*Priest*        Let us pray.

### *Priest and People*

**Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

## The Word of God

### The First Reading

**Exodus 20:1-17**

*Reader*        A reading from the book of Exodus.

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labor and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

*Reader*        Hear what the Spirit is saying to God's people.  
*People*        **Thanks be to God.**

## **Psalm 19**

The heavens declare the glory of God, \*  
**and the firmament shows his handiwork.**

One day tells its tale to another, \*  
**and one night imparts knowledge to another.**

Although they have no words or language, \*  
**and their voices are not heard,**

Their sound has gone out into all lands, \*  
**and their message to the ends of the world.**

In the deep has he set a pavilion for the sun; \*  
**it comes forth like a bridegroom out of his chamber;**  
**it rejoices like a champion to run its course.**

It goes forth from the uttermost edge of the heavens  
and runs about to the end of it again; \*  
**nothing is hidden from its burning heat.**

The law of the Lord is perfect  
and revives the soul; \*

**the testimony of the Lord is sure  
and gives wisdom to the innocent.**

The statutes of the Lord are just  
and rejoice the heart; \*  
**the commandment of the Lord is clear  
and gives light to the eyes.**

The fear of the Lord is clean  
and endures for ever; \*  
**the judgments of the Lord are true  
and righteous altogether.**

More to be desired are they than gold,  
more than much fine gold, \*  
**sweeter far than honey,  
than honey in the comb.**

By them also is your servant enlightened, \*  
**and in keeping them there is great reward.**

Who can tell how often he offends? \*  
**cleanse me from my secret faults.**

Above all, keep your servant from presumptuous sins;  
let them not get dominion over me; \*  
**then shall I be whole and sound,  
and innocent of a great offense.**

Let the words of my mouth and the meditation of my  
heart be acceptable in your sight, \*  
**O Lord, my strength and my redeemer.**

## **The Second Reading**

*1 Corinthians 1:18-25*

*Reader*      A reading from the first letter of the apostle St. Paul to the Corinthians

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

*Reader*  
*People*

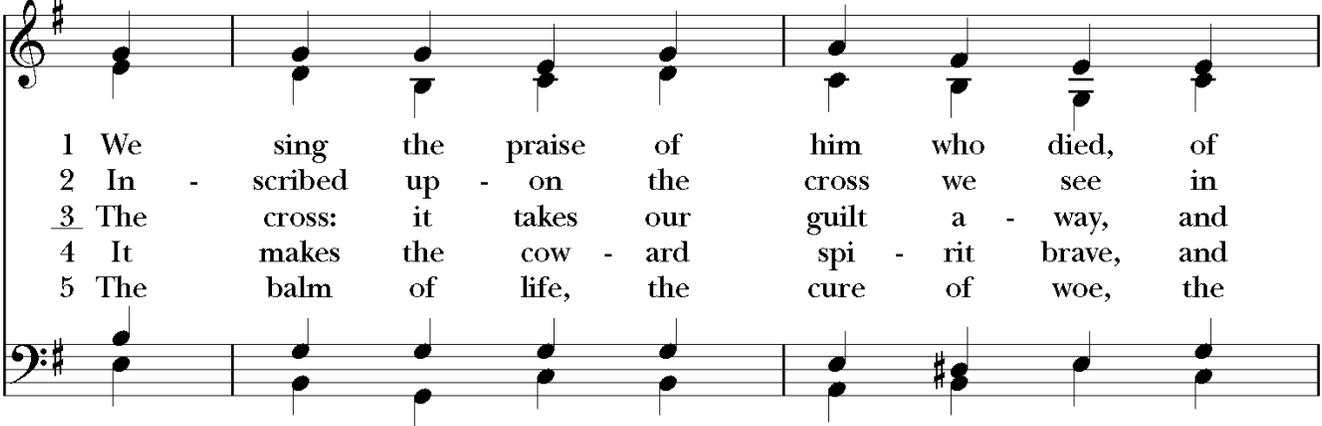
Hear what the Spirit is saying to God's people.  
**Thanks be to God.**

## Sequence Hymn

*We sing the praise of him who died*

1982 Hymnal # 471

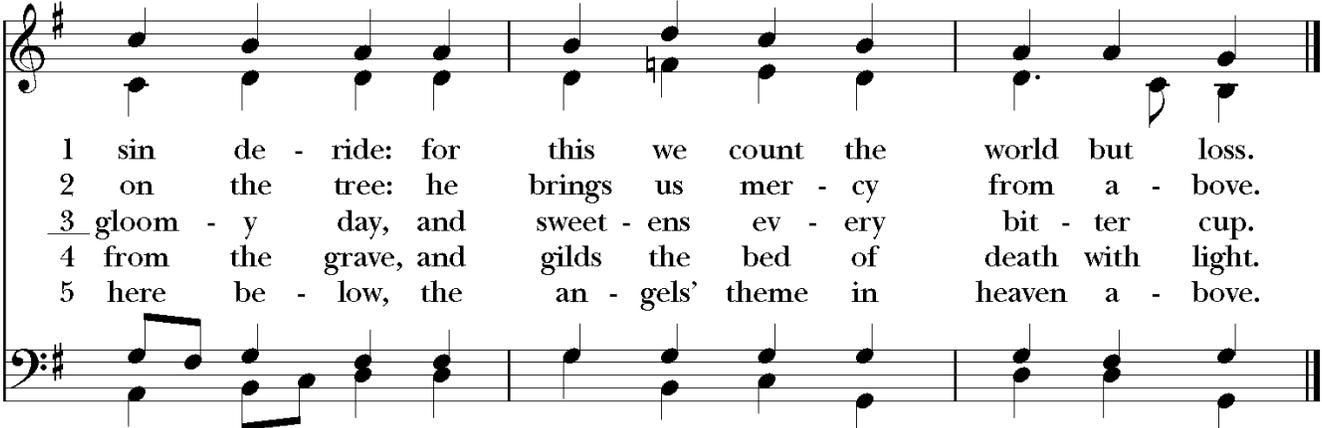
*Breslau*



1 We sing the praise of him who died, of  
2 In - scribed up - on the cross we see in  
3 The cross: it takes our guilt a - way, and  
4 It makes the cow - ard spi - rit brave, and  
5 The balm of life, the cure of woe, the



1 him who died up - on the cross; the sin - ner's hope let  
2 shin - ing let - ters, God is love: he bears our sins up -  
3 holds the faint - ing spi - rit up; it cheers with hope the  
4 nerves the fee - ble arm for fight; it takes its ter - ror  
5 mea - sure and the pledge of love, the sin - ner's re - fuge



1 sin de - ride: for this we count the world but loss.  
2 on the tree: he brings us mer - cy from a - bove.  
3 gloom - y day, and sweet - ens ev - ery bit - ter cup.  
4 from the grave, and gilds the bed of death with light.  
5 here be - low, the an - gels' theme in heaven a - bove.

## The Gospel

John 2:13-22

*Gospeller* The holy Gospel of our Lord Jesus Christ according to St. John  
*People* Glory to you, Lord Christ.

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the

sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

*Gospeller*     The Gospel of the Lord.  
*People*         Praise to you, Lord Christ.

**Sermon**

Susan McLaughlin

**The Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Prayers of the People**

## **Form I**

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our Bishop, and for all the clergy and people, let us pray to the Lord.

**Lord, have mercy.**

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

**Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

**Lord, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

**Lord, have mercy.**

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.

**To thee, O Lord our God.**

*Silence*

*The People may add their own petitions.*

We pray for comfort, healing, courage, and hope for **Eduardo Rincon, Judy Conroy, Jean Cohn, Fran Spina, William Glick, Steve Heinig, Marjorie Blanco, Lolo Andriantsoa, Claude Stewart, Nancy Miller, Lucia Valenzuela, Kimberly Mills, Eugene Wright, Elvia Valencia, Jim Snee, Sue Snay, Didi Smith, Ben Hight** and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, as well as those on our extended healing prayer list.

We pray for peace in the world and for all who are serving our country here and abroad, especially those in harm's way, and their families.

We give thanks for the recent birthdays of **Isaac Reyes, Isaac Reyes-Maya, Christine Mendimasa, Ana Quijada, Julie Yelle, Berenice Rodriguez, and Ceda Ogada.**

Jesus, during your ministry on Earth you showed your power and caring by healing people of all ages and stations of life from physical, mental, and spiritual ailments. Be present now to people who need your loving touch because of Covid-19. May they

feel your power of healing through the care of doctors and nurses. Take away the fear, anxiety, and feelings of isolation from people receiving treatment or under quarantine. Give them a sense of purpose in pursuing health and protecting others from exposure to the disease. Protect their families and friends and bring peace to all who love them.

*Celebrant* Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. Amen.

## **The Peace**

*Celebrant* The peace of the Lord be always with you.  
*People* **And also with you.**

## **Announcements**

### **Offertory Sentence**

*Matthew 5:23, 24*

#### *Celebrant*

If you are offering your gift at the altar, and there remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your sister or brother, and then come and offer your gift.

Offertory Hymn:

*Christ is made the sure foundation*

The Hymnal 1982 #518

*Westminster Abbey*

*Descant*

4 Here vouch - safe to all thy serv - ants what they ask of

1 Christ is made the sure foun - da - tion, Christ the head and  
 2 All that ded - i - cat - ed ci - ty, dear - ly loved of  
 3 To this tem - ple, where we call thee, come, O Lord of  
 4 Here vouch - safe to all thy serv - ants what they ask of

thee to gain; what they gain from thee, for ev - er

cor - ner - stone, cho - sen of the Lord, and pre - cious,  
 God on high, in ex - ult - ant ju - bi - la - tion  
 Hosts, to - day; with thy wont - ed lov - ing - kind - ness  
 thee to gain; what they gain from thee, for ev - er

with the bless - ed to re - tain, and here - af - ter

bind - ing all the Church in one; ho - ly Zi - on's  
 pours per - pet - ual mel - o - dy; God the One in  
 hear thy serv - ants as they pray, and thy full - est  
 with the bless - ed to re - tain, and here - af - ter

in thy glo - ry ev - er - more with thee to reign.  
 help for ev - er, and her con - fi - dence a - lone.  
 Three a - dor - ing in glad hymns e - ter - nal - ly.  
 ben - e - dic - tion shed with - in its walls al - way.  
 in thy glo - ry ev - er - more with thee to reign.

### The Holy Communion

- Celebrant* The Lord be with you.
- People* **And also with you.**
- Celebrant* Lift up your hearts.
- People* **We lift them to the Lord.**
- Celebrant* Let us give thanks to the Lord our God.
- People* **It is right to give him thanks and praise.**

*Celebrant*  
 God of all power, Ruler of the Universe, you are worthy of glory and praise.  
**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.  
**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.  
**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.  
**By his blood, he reconciled us.**  
**By his wounds, we are healed.**

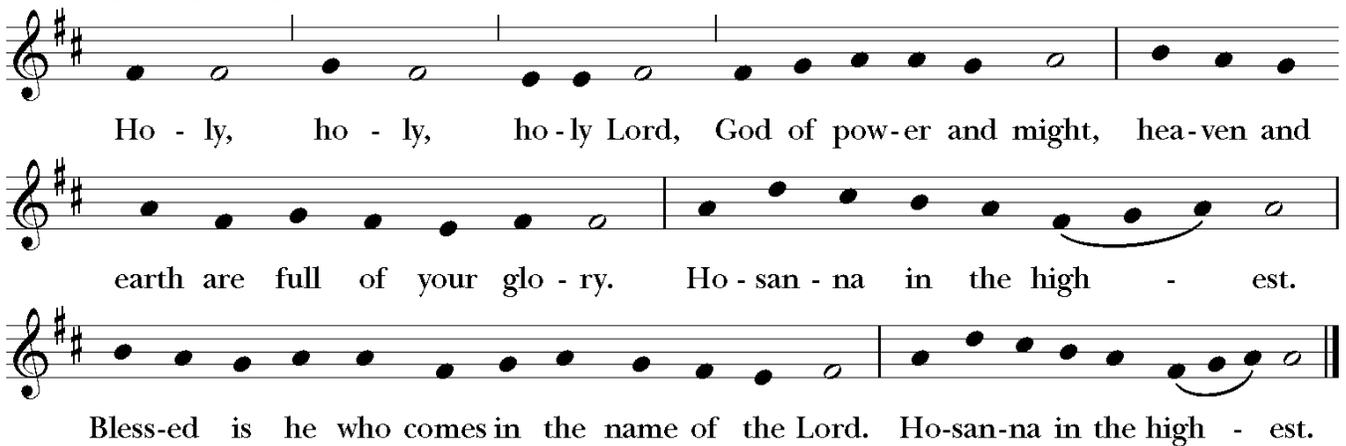
And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

# Sanctus

1982 Hymnal S 124

*Holy, holy, holy Lord*

David Hurd



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

## *The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Ancestors: God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Rachel and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory,  
forever and ever. Amen.**

**Fraction Anthem**  
*Lamb of God*

**1982 Hymnal S 161**  
David Hurd

The musical notation is written on four staves in G major (one sharp) and 4/4 time. The melody consists of quarter and eighth notes, with some phrases ending in a half note. The lyrics are: "Lamb of God, you take a - way the sins of the world: have mer - cy on us. Lamb of God, you take a - way the sins of the world: have mer - cy on us. Lamb of God, you take a - way the sins of the world: grant us peace." The final phrase "grant us peace" is written on a single line with a double bar line at the end.

*Celebrant* The gifts of God for the people of God. Take them in remembrance that Christ lives in you, and feed on him in your hearts by faith, with thanksgiving.

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

### **Prayer for Spiritual Communion**

**Lord Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar. We offer you praise and thanksgiving as we proclaim your resurrection. We love you above all, and long for you in our souls. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.**

Communion Hymn

Lift Every Voice and Sing #203

Verses 1-2

*There is a balm in Gilead*

*African American Spiritual*

There is a balm in Gil-e-ad to make the wound-ed

whole; There is a balm in Gil-e-ad to heal the sin-sick soul.

**Fine**

1. Some - times I feel dis - cour-aged, And think my work's in vain, But  
 2. If you can - not preach like Pet - er, If you can - not preach like Paul, You can  
 3. Don't ev - er be dis - cour-aged For Je - sus is your friend, And

1. then the ho - ly spir - it Re - vives my soul a - gain.  
 2. tell the love of Je - sus, And say He died for all.  
 3. if you lack for know - ledge, He'll ne'er re - fuse to lend.

**D.C.**

## Prayer after Communion

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen

## Solemn Prayer over the People

*Celebrant:* Bow down before the Lord.

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. Amen.

## Recessional Hymn

## The Hymnal 1982 #495

*Hail thou once despised Jesus*

*In Babilone*



1 Hail, thou once de - spis - ed Je - sus! Hail, thou Gal - i -  
2 Pas - chal Lamb, by God ap - point - ed, all our sins on  
3 Je - sus, hail! en - throned in glo - ry, there for ev - er  
\*4 Wor - ship, hon - or, power, and bless - ing thou art wor - thy



le - an King! Thou didst suf - fer to re - lease us;  
thee were laid: by al - might - y love a - noint - ed,  
to a - bide; all the heaven - ly hosts a - dore thee,  
to re - ceive; high - est prais - es, with - out ceas - ing,



thou didst free sal - va - tion bring. Hail, thou u - ni - ver - sal  
thou hast full a - tone - ment made. All thy peo - ple are for -  
seat - ed at thy Fa - ther's side. There for sin - ners thou art  
right it is for us to give. Help, ye bright an - gel - ic



Sa - vior, bear - er of our sin and shame! By thy mer - it  
giv - en through the vir - tue of thy blood: o - pened is the  
plead - ing; there thou dost our place pre - pare; ev - er for us  
spi - rits, all your no - blest an - thems raise; help to sing our



we find fa - vor: life is giv - en through thy Name  
gate of hea - ven, re - con - ciled are we with God.  
in - ter - ced - ing, till in glo - ry we ap - pear.  
Sa - vior's mer - its, help to chant Em - man - uel's praise!

## Dismissal

*Celebrant*  
*People*

Let us bless the lord.  
**Thanks be to God.**

## Closing Voluntary

Prelude and Fugue in G major

J.S. Bach