



Seventeenth Sunday after Pentecost

Proper 20

September 19, 2021

10:00 a.m. Holy Eucharist

The Rev. Javier García Ocampo, *Rector*

The Rev. Eugene Wright, *Deacon*

Andrew Kullberg, *Minister of Music*

Jesse Velazquez, *Spanish Service Musical Director*

The Entrance Rite

Opening Voluntary

Meditation from Organ Symphony #1

Charles
Marie Widor

Hymn in Procession

Praise to the Lord, the Almighty

The Hymnal 1982 #390
Lobe den Herren

Descant

4 Praise to the Lord! O let all that is in me a -
dore him! All that hath life and breath come now with
a - tion; O my soul, praise him, for he is thy
reign - eth: borne as on ea - gle - wings, safe - ly his
fend - thee; sure - ly his good - ness and mer - cy shall
dore him! All that hath life and breath come now with

prais - es be - fore him! Let the a - men sound from his
 health and sal - va - tion: join the great throng, psal - ter - y,
 saints he sus - tain - eth. Hast thou not seen how all thou
 ev - er at - tend thee; pon - der a - new what the Al -
 prais - es be - fore him! Let the a - men sound from his

peo - ple a - gain; glad - ly for ev - er a - dore him.
 or - gan, and song, sound - ing in glad ad - o - ra - tion.
 need - est hath been grant - ed in what he or - dain - eth?
 might - y can do, who with his love doth be - friend thee.
 peo - ple a - gain; glad - ly for ev - er a - dore him.

Priest Blessed be God: Father, Son, and Holy Spirit.
People And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria
Glory to God in the highest

Wonder, Love, and Praise #900
John Rutter

Glo-ry to God in the high-est, —
— and peace to his peo-ple on earth. — Lord God, heav'n - ly
King, al - migh - ty God — and Fa - ther, — we wor - ship you — we give you
thanks, we praise you for — your glo - ry. — Lord Je - sus Christ, —
on - ly Son of the Fa - ther, — Lord God, Lamb of God, you take a - way — the
sin of the world; — have mer - cy on us; — you are seat - ed at the right
hand of the Fa - ther: — re - ceive our prayer. — For you a - lone are the
Ho - ly One, — you a - lone are the Lord, — you a - lone are the
Most High, Je - sus Christ, with the Ho - ly Spi - rit, —
in the glo - ry of God the Fa - ther. A - - - - men. —

The Collect

Priest
People
Priest

The Lord be with you.
And also with you.
Let us pray.

Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Word of God

The First Reading

Proverbs 31:10-31

Reader A reading from the book of Proverbs.

A capable wife who can find?
She is far more precious than jewels.

The heart of her husband trusts in her,
and he will have no lack of gain.

She does him good, and not harm,
all the days of her life.

She seeks wool and flax,
and works with willing hands.

She is like the ships of the merchant,
she brings her food from far away.

She rises while it is still night
and provides food for her household
and tasks for her servant-girls.

She considers a field and buys it;
with the fruit of her hands she plants a vineyard.

She girds herself with strength,
and makes her arms strong.

She perceives that her merchandise is profitable.
Her lamp does not go out at night.

She puts her hands to the distaff,
and her hands hold the spindle.

She opens her hand to the poor,
and reaches out her hands to the needy.

She is not afraid for her household when it snows,
for all her household are clothed in crimson.

She makes herself coverings;
her clothing is fine linen and purple.

Her husband is known in the city gates,
taking his seat among the elders of the land.

She makes linen garments and sells them;
she supplies the merchant with sashes.

Strength and dignity are her clothing,
and she laughs at the time to come.

She opens her mouth with wisdom,
and the teaching of kindness is on her tongue.

She looks well to the ways of her household,
and does not eat the bread of idleness.

Her children rise up and call her happy;
her husband too, and he praises her:

“Many women have done excellently,
but you surpass them all.”

Charm is deceitful, and beauty is vain,
but a woman who fears the Lord is to be praised.

Give her a share in the fruit of her hands,
and let her works praise her in the city gates.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

Psalm 1

Happy are they who have not walked in the counsel of the wicked, *
nor lingered in the way of sinners,
nor sat in the seats of the scornful!

Their delight is in the law of the Lord, *
and they meditate on his law day and night.

They are like trees planted by streams of water,
bearing fruit in due season, with leaves that do not wither; *
everything they do shall prosper.

It is not so with the wicked; *
they are like chaff which the wind blows away.

Therefore the wicked shall not stand upright when judgment comes, *
nor the sinner in the council of the righteous.

For the Lord knows the way of the righteous, *
but the way of the wicked is doomed.

The Second Reading

James 3:13-4:3, 7-8a

Reader A reading from the letter of the apostle St. James

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace.

Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures.

Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

Hymn at the Sequence


Before thy throne, O God we kneel

The Hymnal 1982 #574

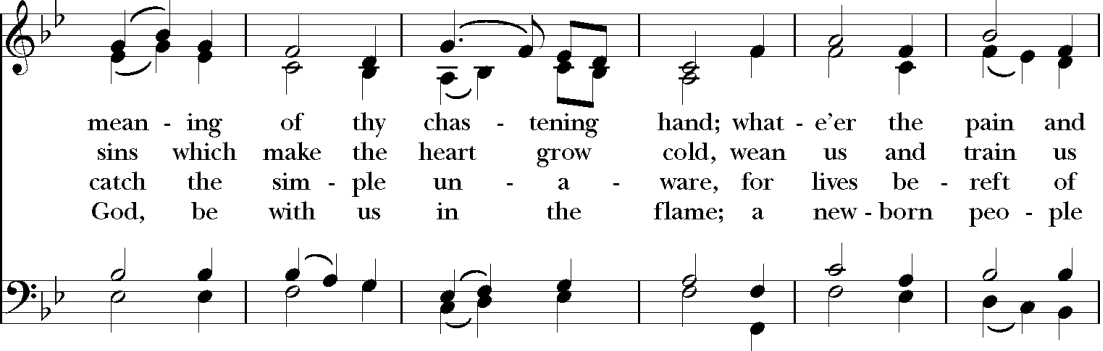
St. Petersburg



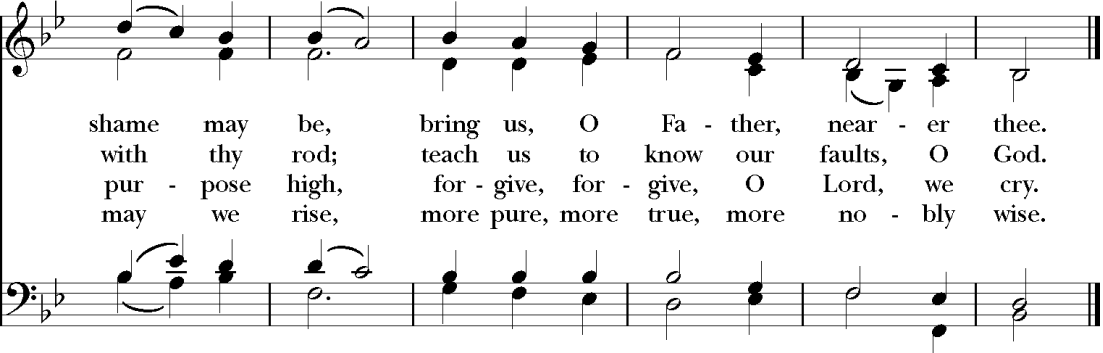
1 Be - fore thy throne, O God, we kneel: give us a con - science
2 Search out our hearts and make us true; help us to give to
3 For sins of heed - less word and deed, for pride am - bi - tious
4 Let the fierce fires which burn and try, our in - most spi - rits



quick to feel, a rea - dy mind to un - der - stand the
all their due. From love of plea - sure, lust of gold, from
to suc - ceed, for craft - y trade and sub - tle snare to
pu - ri - fy: con - sume the ill; purge out the shame; O



mean - ing of thy chas - tening hand; what - e'er the pain and
sins which make the heart grow cold, wean us and train us
catch the sim - ple un - a - ware, for lives be - reft of
God, be with us in the flame; a new - born peo - ple



shame may be, bring us, O Fa - ther, near - er thee.
with thy rod; teach us to know our faults, O God.
pur - pose high, for - give, for - give, O Lord, we cry.
may we rise, more pure, more true, more no - bly wise.

The Holy Gospel of our Lord Jesus Christ according to St. Mark.
Glory to you, Lord Christ.

Jesus and his disciples passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, "The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again." But they did not understand what he was saying and were afraid to ask him.

Then they came to Capernaum; and when he was in the house he asked them, "What were you arguing about on the way?" But they were silent, for on the way they had argued with one another who was the greatest. He sat down, called the twelve, and said to them, "Whoever wants to be first must be last of all and servant of all." Then he took a little child and put it among them; and taking it in his arms, he said to them, "Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me."

The Gospel of the Lord.
Praise to you, Lord Christ.

Presentation

Ascension Expo

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form III

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest.
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom

Let us pray for our own needs and those of others.

The people may add their own petitions silently or aloud.

We pray for comfort, healing, courage, and hope for **Judy Conroy, William Glick, Steve Heinig, Claude Stewart, Lucia Valenzuela, Isabella Rincon Noble, Helen Skowronski, Luis Pedrón, Eric Harris, Heidi Philley, Sue Jenkins, Lauren Fitzpatrick, Nikka Hakimi, Eunice Jones, Vida Thompson and Andy Brizan**, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, as well as those on our extended healing prayer list.

We pray for peace in the world and for all who are serving our country here and abroad, especially those in harm's way, and their families.

We give thanks for the recent birthdays of **Betsy Hasegawa, Danielle Allen, Kerry Fitzpatrick, Doris Chin, and Ken Howard.**

We offer thanks for the life of Jean Cohn, who died on September 8, 2021.

We offer thanks for the life of Margaret Mirin, who died on September 15, 2021.

Celebrant: Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. Amen.

Celebrant says

Let us confess our sins against God and our neighbor.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Announcements

Offertory sentence

Let us with gladness present the offerings and oblations of our life and labor to the Lord

Text ASCENSIONMD + Amount to 73256 to give a donation using your text messaging



The QR code

Offertory Hymn (Sung by the Choir):

I will Arise

Traditional, arr. Shaw/ Parker

Doxology

From all that dwell below the skies

The Hymnal 1982 #380 (verse 3)

Old 100th

Praise God, from whom all blessings flow; praise him all creatures here below;
Praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.

THE HOLY COMMUNION

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

Holy, holy, holy Lord

Wonder, Love, and Praise #858

Land of Rest

Ho - ly, ho - ly, ho - ly Lord. _ God of pow-er and might, _
heaven and earth _ are full of you glo-ry. Ho - san - na in _ the high - est.
Bless - ed _ is he who comes _ in the name of the Lord. _ Ho -
san - na in _ the high - est. _ Ho - san - na in _ the high - est.

The people kneel or remain standing.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Fraction Anthem
Be known to us

Wonder, Love, and Praise #875
Gary James

1.
Be _ known to _ us, Lord _ Je - sus, in the break - ing _ of the bread. Be _

2.
bread. The _ bread which we break, al - le - lu - ia, _ is the com - mun - ion of the bod - y of

Christ. Be _ known to _ us, Lord _ Je - sus, in the break - ing _ of the bread. One _

bod - y are we, al - le - lu - ia, for though man - y we share _ one _ bread. Be _

known to _ us, Lord _ Je - sus, in the break - ing _ of the bread.

Celebrant The gifts of God for the people of God.

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

Prayer for Spiritual Communion

Lord Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar. We offer you praise and thanksgiving as we proclaim your resurrection. We love you above all, and long for you in our souls. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

Communion Hymn

When Jesus left his Father's throne

The Hymnal 1982 #480

Kingsfold



1 When Je - sus left his Fa - ther's throne, he chose an hum - ble birth;
2 Sweet were his words and kind his look, when mo - thers round him pressed;
3 When Je - sus in - to Zi - on rode, the chil - dren sang a - round;



like us, un - hon - ored and un - known, he came to dwell on earth.
their in - fants in his arms he took, and on his bos - om blessed.
for joy they plucked the palms and strowed their gar - ments on the ground.



Like him may we be found be - low, in wis - dom's path of peace;
Safe from the world's al - lur - ing harms, be - neath his watch - ful eye,
Ho - san - na our glad voic - es raise, ho - san - na to our King!



like him in grace and know - ledge grow as years and strength in - crease.
thus in the cir - cle of his arms may we for ev - er lie.
Should we for - get our Sa - vior's praise, the stones them - selves would sing.

Prayer after Communion

After Communion, the Celebrant says

Let us pray.

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen

The Blessing

Celebrant

Life is short, and we do not have too much time to gladden the hearts of those who travel the way with us. So be swift to love, and make haste to be kind. And may the blessing of the one who made us, who journeys with us, who breathes us into life moment by moment, Creator, Christ, and Holy Spirit, be upon you this day and always. **Amen.**

Recessional Hymn

All praise to thee, for thou, O King divine

The Hymnal 1982 #477

Engelberg

Descant

5 Let ev - ery tongue con - fess with one ac - cord

1 All praise to thee, for thou, O King di - vine,
2 Thou cam'st to us in low - li - ness of thought;
3 Let this mind be in us which was in thee,
4 Where - fore, by God's e - ter - nal pur - pose, thou
5 Let ev - ery tongue con - fess with one ac - cord

Je - sus Christ is Lord;

1 didst yield the glo - ry that of right was thine,
2 by thee the out - cast and the poor were sought;
3 who wast a ser - vant that we might be free,
4 art high ex - alt - ed o'er all crea - tures now,
5 in heaven and earth that Je - sus Christ is Lord;

and God the Fa - ther be by all a - dored.

1 that in our dark - ened hearts thy grace might shine.
2 and by thy death was God's sal - va - tion wrought.
3 hum - bling thy - self to death on Cal - va - ry.
4 and given the Name to which all knees shall bow.
5 and God the Fa - ther be by all a - dored.

Al - le - lu - ia! A - - men.

Al - le - lu - ia! A - - men.

The image shows a musical score for a hymn. It consists of two staves. The top staff is a vocal line in treble clef, and the bottom staff is a piano accompaniment in treble clef. The lyrics are 'Al - le - lu - ia! A - - men.' The music is in a simple, homophonic style with a clear melodic line and a supporting bass line. The lyrics are written below the notes, with hyphens indicating syllables across notes.

Dismissal

Celebrant Let us bless the Lord.
People Thanks be to God

Closing Voluntary
Prelude and Fugue in F Major

Johann Sebastian Bach

PERMISSIONS:

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