



The Fourth Sunday of Advent

December 19, 2021

10:00 a.m. Holy Eucharist

The Rev. Javier García Ocampo, *Rector*

Tracey Forfa, *Seminarian*

Andrew Kullberg, *Minister of Music*

Jesse Velazquez, *Spanish Service Musical Director*

The Entrance Rite

Opening Voluntary

*O Come, O Come, Emmanuel*

arr. Joseph M. Martin

Hymn in Procession

*Blest be the King whose coming*

The Hymnal 1982 # 74

*Valet will ich dir geben*

*Descant*

3 Blest be the King whose com - ing is in the name of  
1 Blest be the King whose com - ing is in the name of  
2 Blest be the King whose com - ing is in the name of  
3 Blest be the King whose com - ing is in the name of  
4 Blest be the King whose com - ing is in the name of

God! He on - ly to the hum - ble re - veals the face of  
God! For him let doors be o - pened, no hearts a - gainst him  
God! By those who tru - ly lis - ten his voice is tru - ly  
God! He on - ly to the hum - ble re - veals the face of  
God! He of - fers to the bur - dened the rest and grace they

God. All power is his, all glo - ry! All  
 barred! Not robed in roy - al splen - dor, in  
 heard; pi - ty the proud and haugh - ty, who  
 God. All power is his, all glo - ry! All  
 need. Gen - tle is he and hum - ble! And

things are in his hand, all a - ges and all  
 power and pomp, comes he; but clad as are the  
 have not learned to heed the Christ who is the  
 things are in his hand, all a - ges and all  
 light his yoke shall be, for he would have us

peo - ples, till time it - self shall end!  
 poor - est, such his hu - mil - i - ty!  
 Prom - ise, who has a - tone - ment made.  
 peo - ples, till time it - self shall end!  
 bear it so he can make us free!

## Lighting of the Advent Wreath

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. (Luke 1:39-42)

*Priest* Blessed be God: Father, Son, and Holy Spirit.  
*People* And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Trisagion Wonder, Love, and Praise #845 (Sung three times)  
*Holy God* Carl Haywood

Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One,  
Have mer - cy up - on us.

## The Collect

*Priest* The Lord be with you.  
*People* And also with you.  
*Priest* Let us pray.

*Priest and People*

Purify our conscience, Almighty God, by your daily visitation, that your Son Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

## The Word of God

### The First Reading

Micah 5:2-5a

*Reader* A reading from the book of the prophet Micah.

You, O Bethlehem of Ephrathah,  
who are one of the little clans of Judah,

from you shall come forth for me  
one who is to rule in Israel,

whose origin is from of old,  
from ancient days.

Therefore he shall give them up until the time  
when she who is in labor has brought forth;

then the rest of his kindred shall return  
to the people of Israel.

And he shall stand and feed his flock in the strength of the Lord,  
in the majesty of the name of the Lord his God.

And they shall live secure, for now he shall be great  
to the ends of the earth;

and he shall be the one of peace.

*Reader* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

### The Song of Mary

My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Savior; \*  
**for he has looked with favor on his lowly servant.**

From this day all generations will call me blessed: \*  
**the Almighty has done great things for me, and holy is his Name.**

He has mercy on those who fear him \*  
**in every generation.**

He has shown the strength of his arm, \*  
**he has scattered the proud in their conceit.**

He has cast down the mighty from their thrones, \*  
**and has lifted up the lowly.**

He has filled the hungry with good things, \*  
**and the rich he has sent away empty.**

He has come to the help of his servant Israel, \*  
**for he has remembered his promise of mercy,**

The promise he made to our fathers, \*  
**to Abraham and his children for ever.**

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
**as it was in the beginning, is now, and will be for ever. Amen.**

### **The Second Reading**

Hebrews 10:5-10

*Reader*        A reading from the book of Hebrews.

When Christ came into the world, he said,

"Sacrifices and offerings you have not desired,  
but a body you have prepared for me;

in burnt offerings and sin offerings  
you have taken no pleasure.

Then I said, 'See, God, I have come to do your will, O God'  
(in the scroll of the book it is written of me)."

When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

*Reader*        Hear what the Spirit is saying to God's people.

*People*        **Thanks be to God.**

*Tell out my soul, the greatness of the Lord*

*Birmingham*

1 Tell out, my soul, the great - ness of the Lord!  
 2 Tell out, my soul, the great - ness of his Name!  
 3 Tell out, my soul, the great - ness of his might!  
 4 Tell out, my soul, the glo - ries of his word!

Un - num - bered bless - ings give my spi - rit voice;  
 Make known his might, the deeds his arm has done;  
 Powers and do - min - ions lay their glo - ry by.  
 Firm is his prom - ise, and his mer - cy sure.

ten - der to me the prom - ise of his word;  
 his mer - cy sure, from age to age the same;  
 Proud hearts and stub - born wills are put to flight,  
 Tell out, my soul, the great - ness of the Lord

in God my Sa - vior shall my heart re - joice.  
 his ho - ly Name— the Lord, the Might - y One.  
 the hun - gry fed, the hum - ble lift - ed high.  
 to chil - dren's chil - dren and for ev - er - more!

The Gospel

Luke 1:39-45

*Gospeller*  
*People*

The Holy Gospel of our Lord Jesus Christ according to St. Luke  
 Glory to you, Lord Christ.

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth.

When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord."

*Gospeller*     The Gospel of the Lord.  
*People*         Praise to you, Lord Christ.

**Sermon**

**Andrew Kullberg**

*The people stand as able.*

**The Nicene Creed**

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**The Prayers of The People**

**Form I**

With all our heart and with all our mind, let us pray to the Lord, saying "**Lord, have mercy.**"

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our Bishop, and for all the clergy and people, let us pray to the Lord.

**Lord, have mercy.**

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.  
**Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.  
**Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.  
**Lord, have mercy**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.  
**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.  
**Lord, have mercy.**

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.  
**To thee, O Lord our God.**

Let us pray for our own needs and those of others  
*The people may add their own petitions silently or aloud.*

We pray for comfort, healing, courage, and hope for **Judy Conroy, William Glick, Steve Heinig, Claude Stewart, Lucia Valenzuela, Helen Skowronski, Eric Harris, Sue Jenkins, Nikka Hakimi, Julia Sampson, Lowell Smith, Anica Allen, Amy Chin, Mike Kranz, Han Michael** and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, as well as those on our extended healing prayer list.

We pray for peace in the world and for all who are serving our country here and abroad, especially those in harm's way, and their families.

We give thanks for the recent birthdays of **Osewe Ogada, Esther Allotey-Taylor, Janet King, Jennifer Ten Hagen,** and **Ed Armstrong.**

We offer thanks for the life of Ernesto Mazari Arce, father of friends of Padre Javier, who died on December 15, 2021.

*Celebrant:* Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. Amen.

*Celebrant says*

Let us confess our sins to God.

*Minister and People*

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.



*Celebrant says*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

**The Peace**

*Celebrant* The peace of the Lord be always with you.  
*People* And also with you.

**Announcements**

**Offertory sentences**

Let us with gladness present the offerings and oblations of our life and labor to the Lord.

- *Text ASCENSIONMD + Amount to 73256 to give a donation using your text messaging*
- *The QR code*



**Offertory Anthem (Sung by the Choir):**  
*Song of Mary*

Richard Shephard

**Doxology:**

*Creator of the stars of night*

**The Hymnal 1982 #60 Verse 6**  
*Conditor alme siderum*

To God the Fa - ther, God the Son, and God the Spi - rit, Three in One,  
praise, hon - or, might, and glo - ry be from age to age e - ter - nal - ly.

**The Holy Communion**

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Lift up your hearts.  
*People* We lift them to the Lord.  
*Celebrant* Let us give thanks to the Lord our God.  
*People* It is right to give him thanks and praise.

*Celebrant*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus**

*Holy, Holy, Holy*

**The Hymnal 1982 #S 129**

Robert Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.\_\_\_\_\_

*The Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those

who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

**The Breaking of the Bread**

*A period of silence is kept.*

**Fraction Anthem**

*Lamb of God*

**The Hymnal 1982 #S 163**

Robert Powell

Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God, you  
take a - way the sins of the world: have mer - cy on us.  
Lamb of God, you take a - way the sins of the world: grant us peace.

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

Prayer for Spiritual Communion

Lord Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar. We offer you praise and thanksgiving as we proclaim your resurrection. We love you above all, and long for you in our souls. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

Communion Hymn:

The Hymnal 1982 # 268

*Ye who claim the faith of Jesus*

*Julion*

*Introduction/Interlude*

*Descant*

4 "Mag - ni - fi - cat

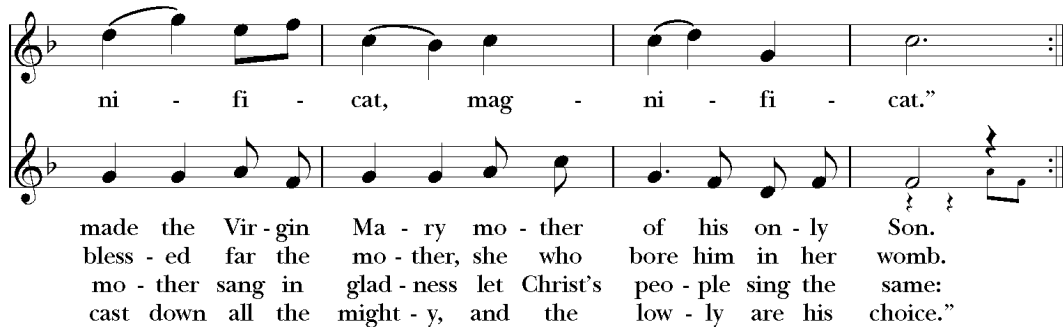
1 Ye who claim the faith of Je - sus, sing the  
 2 Bless - ed were the cho - sen peo - ple out of  
 3 There - fore let all faith - ful peo - ple sing the  
 4 "Mag - ni - fy, my soul, God's great - ness; in my

an - i - ma me - a

won - ders that were done when the love of God the  
 whom the Lord did come; bless - ed was the land of  
 hon - or of her name; let the Church, in her fore -  
 Sa - vior I re - jice; all the a - ges call me

Do - mi - num. Mag -

Fa - ther o - ver sin the vic - tory won, when he  
 prom - ise fa - shioned for his earth - ly home; but more  
 shad - owed, part in her thanks - giv - ing claim; what Christ's  
 bless - ed, in his praise I lift my voice; he has



ni - fi - cat, mag - ni - fi - cat.”

made the Vir - gin Ma - ry mo - ther of his on - ly Son.  
 bless - ed far the mo - ther, she who bore him in her womb.  
 mo - ther sang in glad - ness let Christ's peo - ple sing the same:  
 cast down all the might - y, and the low - ly are his choice.”

*Conclusion*



## Prayer after Communion

*After Communion, the Celebrant says*

Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and forever. Amen.

## Advent Blessing

*Celebrant*

May Almighty God, by whose providence our Savior Christ came among us in great humility, sanctify you with the light of his blessing and set you free from all sin. **Amen.**

May he whose second Coming in power and great glory we await, make you steadfast in faith, joyful in hope, and constant in love. **Amen.**

May you, who rejoice in the first Advent of our Redeemer, at his second Advent be rewarded with unending life. **Amen.**

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you forever. **Amen.**

Recessional Hymn

*O come, O come, Emmanuel*

The Hymnal 1982 # 56 Verses 1-2, 5-7

*Veni, veni, Emmanuel*



(Dec. 23) 1 O come, O come, Em - man - u - el, and ran - som  
 (Dec. 17) 2 O come, thou Wis - dom from on high, who or - derest  
 (Dec. 18) 3 O come, O come, thou Lord of might, who to thy  
 (Dec. 19) 4 O come, thou Branch of Jes - se's tree, free them from  
 (Dec. 20) 5 O come, thou Key of Da - vid, come, and o - pen  
 (Dec. 21) 6 O come, thou Day - spring from on high, and cheer us  
 (Dec. 22) 7 O come, De - sire of na - tions, bind in one the  
 (Dec. 23) 8 O come, O come, Em - man - u - el, and ran - som



1 cap - tive Is - ra - el, that mourns in lone - ly ex - ile  
 2 all things might - i - ly; to us the path of know - ledge  
 3 tribes on Si - nai's height in an - cient times didst give the  
 4 Sa - tan's ty - ran - ny that trust thy might - y power to  
 5 wide our heaven - ly home; make safe the way that leads on  
 6 by thy draw - ing nigh; dis - perse the gloom - y clouds of  
 7 hearts of all man - kind; bid thou our sad di - vi - sions  
 8 cap - tive Is - ra - el, that mourns in lone - ly ex - ile



1 here un - til the Son of God ap - pear.  
 2 show, and teach us in her ways to go.  
 3 law, in cloud, and ma - jes - ty, and awe.  
 4 save, and give them vic - tory o'er the grave. Re - joice! Re - joice!  
 5 high, and close the path to mis - er - y.  
 6 night, and death's dark shad - ow put to flight.  
 7 cease, and be thy - self our King of Peace.  
 8 here un - til the Son of God ap - pear.



Em - man - u - el shall come to thee, O Is - ra - el!

*The stanzas may be used as antiphons with "The Song of Mary" on the dates given.*

Dismissal

*Celebrant* Let us bless the Lord.  
*People* Thanks be to God.

Closing Voluntary

*Prelude and Fugue in E minor BWV 555*

Johann Sebastian Bach

## **PERMISSIONS**

*Section: Advent Words: Latin, ca. 9th cent.; ver. Hymnal 1940, alt. Music: Veni, veni, Emmanuel, plainsong, Mode 1, Processionale, 15th cent.; adapt. Thomas Helmore (1811–1890); acc. Richard Proulx (b. 1937) Copyright Music: Both accompaniments copyright © 1975, G.I.A. Publications, Inc. Meter: LM with Refrain*

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*Section: The Holy Eucharist Title: The Holy Eucharist II, Holy, holy, holy Lord: Sanctus Music: Robert Powell (b. 1932)*

*Section: The Holy Eucharist Title: The Holy Eucharist II, Fraction Anthem: Lamb of God: Agnus Dei Music: Robert Powell (b. 1932)*

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