



**Fifth Sunday in Lent**  
**April 3, 2022**  
**10:00 a.m. Holy Eucharist**  
The Rev. Javier García Ocampo, Rector  
Tracey Forfa, Seminarian  
Andrew Kullberg, Minister of Music  
Jesse Velazquez, Spanish Service Musical Director

### The Entrance Rite

#### Opening Voluntary

*Choral*

Joseph Jongen

#### Processional Hymn

*I sing the almighty power of God*

**The Hymnal 1982 #398**

*Forest Green*

1 I sing the al-might - y power of God, that made the moun-tains rise,  
2 I sing the good-ness of the Lord, that filled the earth with food;  
3 There's not a plant or flower be - low, but makes thy glo - ries known;

that spread the flow - ing seas a - broad and built the lof - ty skies.  
he formed the crea-tures with his Word, and then pro-nounced them good.  
and clouds a - rise, and tem-pests blow, by or - der from thy throne;

I sing the wis - dom that or - dained the sun to rule the day;  
Lord, how thy won - ders are dis - played, wher - e'er I turn my eye,  
while all that bor - rows life from thee is ev - er in thy care,

the moon shines full at his com-mand, and all the stars o - bey.  
if I sur - vey the ground I tread, or gaze up - on the sky!  
and ev - ery-where that I could be, thou, God, art pres-ent there.

*Celebrant* Bless God who forgives all our sins.  
*People* **His mercy endures for ever.**

## **The Decalogue**

Hear the commandments of God to his people:  
I am the Lord your God who brought you out of bondage.  
You shall have no other gods but me.  
**Amen. Lord have mercy.**

You shall not make for yourself any idol.  
**Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.  
**Amen. Lord have mercy.**

Remember the Sabbath day and keep it holy.  
**Amen. Lord have mercy.**

Honor your father and your mother.  
**Amen. Lord have mercy.**

You shall not commit murder.  
**Amen. Lord have mercy.**

You shall not commit adultery.  
**Amen. Lord have mercy.**

You shall not steal.  
**Amen. Lord have mercy.**

You shall not be a false witness.  
**Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.  
**Amen. Lord have mercy.**

*Celebrant:* Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

*Celebrant:* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

**Trisagion**  
*Holy God*

**The Hymnal 1982 # S 100**  
David Hurd

Ho - ly God, Ho - ly and Might - y, Ho - ly Im -  
mor - tal One, Have mer - cy up - on us. Ho - ly God,  
Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy  
up - on us. Ho - ly God, Ho - ly and Might - y,  
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

**The Collect for the Day**

*Priest* The Lord be with you.  
*People* **And also with you.**  
*Priest* Let us pray.

*Priest and People*

**Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

**The Word of God**

**The First Reading**

**Isaiah 43:16-21**

*Reader* A reading from the book of the Prophet Isaiah.

Thus says the Lord, who makes a way in the sea, a path in the mighty waters, who brings out chariot and horse, army and warrior; they lie down, they cannot rise, they are extinguished, quenched like a wick: Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the

wilderness and rivers in the desert. The wild animals will honor me, the jackals and the ostriches; for I give water in the wilderness, rivers in the desert, to give drink to my chosen people, the people whom I formed for myself so that they might declare my praise.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

## Psalm 126

When the Lord restored the fortunes of Zion, \*  
**then were we like those who dream.**

Then was our mouth filled with laughter, \*  
**and our tongue with shouts of joy.**

Then they said among the nations, \*  
**"The Lord has done great things for them."**

The Lord has done great things for us, \*  
**and we are glad indeed.**

Restore our fortunes, O Lord, \*  
**like the watercourses of the Negev.**

Those who sowed with tears \*  
**will reap with songs of joy.**

Those who go out weeping, carrying the seed, \*  
**will come again with joy, shouldering their sheaves.**

## The Second Reading

Philippians 3:4b-14

*Reader* A reading from the letter of the apostle St. Paul to the Philippians.

If anyone else has reason to be confident in the flesh, I have more: circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; as to zeal, a persecutor of the church; as to righteousness under the law, blameless.

Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead.

Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

**Sequence Hymn****The Hymnal 1982 #474***When I survey the wondrous cross**Rockingham*


1 When I sur - vey the won - drous cross where the young  
 2 For - bid it, Lord, that I should boast, save in the  
 3 See, from his head, his hands, his feet sor - row and  
 4 Were the whole realm of na - ture mine, that were an  
 Prince of Glo - ry died, my rich - est gain I  
 cross of Christ, my God: all the vain things that  
 love flow min - gled down! Did e'er such love and  
 of - fering far too small; love so a - maz - ing,  
 count but loss, and pour con - tempt on all my pride.  
 charm me most, I sac - ri - fice them to his blood.  
 sor - row meet, or thorns com - pose so rich a crown?  
 so di - vine, de - mands my soul, my life, my all.

**The Gospel**

John 12:1-8

*Gospeller* The holy Gospel of our Lord Jesus Christ according to St. John.  
*People* **Glory to you, Lord Christ.**

Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me."

*Gospeller* The Gospel of the Lord.  
*People* **Praise to you, Lord Christ.**

**Sermon**

The Rev. Javier G. Ocampo

## The Nicene Creed

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## The Prayers of the People

## Form I

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our Bishop, and for all the clergy and people, let us pray to the Lord.

**Lord, have mercy.**

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

**Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

**Lord, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

**Lord, have mercy.**

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.

**To thee, O Lord our God.**

*Silence*

*The People may add their own petitions.*

We pray for comfort, healing, courage and hope for **Judy** Conroy, **Steve** Heinig, **Claude** Stewart, **Lucia** Valenzuela, **Sue** Jenkins, **Nikka** Hakimi, **Wadai** Dennis, **Dorett** Sutherland, **Ruthie** Swain, **Barbara** Harbison, **Mary** Layne Brizan, **Robert** Taylor, **Jake** Dunlop, **Myrna** Gloriani, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, as well as for all those on our extended healing prayer list.

We give thanks for the life of Ann Singer Howard, mother of Rev. Ken Howard, who died on April 2, 2022.

We pray for peace in the world and for the victims of war everywhere. We pray especially for the people of Ukraine, those who are defending them, and those who are sheltering the refugees, caring for the wounded, and feeding the hungry. We also pray for all who are serving our country here and abroad, especially those in harm's way, and their families.

We give thanks for the recent birthdays of **Elizabeth** Quinn, **Katherine** Cooper, **Adora** Nwankwo, **Stephen** Hasegawa, **Hallie** Porter, **Kevin** Thorpe, **Barbara** Harbison, **Gary** McLaughlin, **Chelsea** Orosco, **Ivan** Flores, **Norma** Luna.

*Celebrant* Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. Amen.

**The Peace**

*Celebrant* The peace of the Lord be always with you.  
*People* **And also with you.**

**Announcements**

*Celebrant*

If you are offering your gift at the altar, and there remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your sister or brother, and then come and offer your gift.

*The altar is prepared for Holy Communion and an offering is received to support Ascension's ministry of sharing God's love with the world.*

- *Text ASCENSIONMD + Amount to 73256 to give a donation using your text messaging  
Or scan the QR code*



**Offertory Anthem (Sung by the Choir):**

*What Shall I Offer*

arr. Robert Wetzler

**Doxology:**

*The glory of these forty days*

**The Hymnal 1982 # 143 Verse 5**

*Erhalt uns, Herr*

O \_ Fa - ther, \_ Son, and \_ Spi - rit blest, to thee be ev - ery prayer ad-dressed, who  
 art in \_ three - fold Name \_ a - dored, from age to age, the on - ly Lord.

**The Holy Communion**

- Celebrant* The Lord be with you.
- People* **And also with you.**
- Celebrant* Lift up your hearts.
- People* **We lift them to the Lord.**
- Celebrant* Let us give thanks to the Lord our God.
- People* **It is right to give him thanks and praise.**

*Celebrant*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.  
By his wounds, we are healed.**

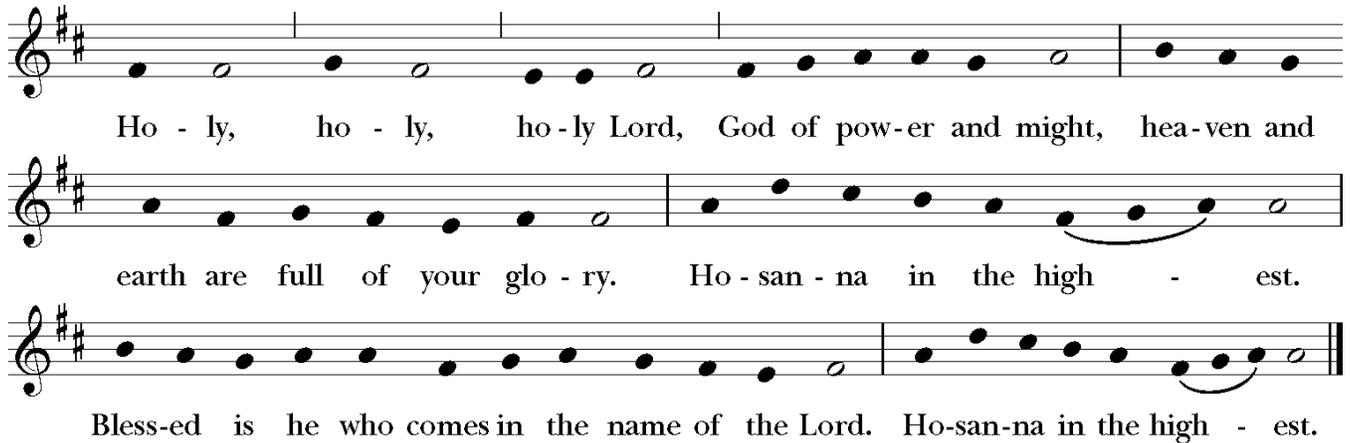
And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Sanctus**

**The Hymnal 1982 # S 124**

*Holy, holy, holy Lord*

David Hurd



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

*The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Ancestors: God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Rachel and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory,  
forever and ever. Amen.**

**Fraction Anthem**  
*Lamb of God*

**The Hymnal 1982 # S 161**  
David Hurd

The musical notation consists of four staves of music in G major (one sharp) and 4/4 time. The lyrics are: "Lamb of God, you take a - way the sins of the world: have mer - cy on us. Lamb of God, you take a - way the sins of the world: have mer - cy on us. Lamb of God, you take a - way the sins of the world: grant us peace." The melody is simple and hymn-like, with a final cadence on the last staff.

***Celebrant:*** The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

***A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.***

## Prayer for Spiritual Communion

Lord Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar. We offer you praise and thanksgiving as we proclaim your resurrection. We love you above all, and long for you in our souls. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

## Communion Hymn

*Let thy blood in mercy poured*

The Hymnal 1982 # 313

*Jesus, meine Zuversicht*

1 Let thy Blood in mer - cy poured, let thy gra - cious  
 2 Thou didst die that I might live; bless - ed Lord, thou  
 3 By the thorns that crowned thy brow, by the spear-wound  
 4 Wilt thou own the gift I bring? All my pen - i -

Bo - dy bro - ken, be to me, O gra - cious Lord,  
 cam'st to save me; all that love of God could give  
 and the nail - ing, by the pain and death, I now  
 tence I give thee; thou art my ex - alt - ed King,

*Refrain*  
 of thy bound-less love the to - ken.  
 Jes - us by his sor - rows gave me. Thou didst give thy -  
 claim, O Christ, thy love un - fail - ing.  
 of thy match-less love for - give me.

self for me, now I give my - self to thee.

## Prayer after Communion

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen

## Solemn Prayer over the People

*Celebrant:* Bow down before the Lord.

Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; through Christ our Lord. Amen.

## Recessional Hymn

*Lift high the cross*

The Hymnal 1982 # 473

*Crucifer*

The musical score is written in G major and 4/4 time. It consists of a vocal line and a piano accompaniment. The score is divided into several sections: a Descant, a Refrain, a main body of the hymn, and a Repeat Refrain. The lyrics are: "Lift high the cross, the love of Christ pro - claim till all the world a - dore his sa - cred Name. Led on their way by this tri - um - phant sign, Each new - born ser - vant of the Cru - ci - fied Lord, once lift - ed on the glo - rious tree, So shall our song of tri - umph ev - er be: the hosts of God in con - quering ranks com - bine. bears on the brow the seal of him who died. as thou hast prom - ised, draw the world to thee. praise to the Cru - ci - fied for vic - to - ry."

*Descant*  
Lift high the cross, the love of Christ pro - claim

*Refrain*  
Lift high the cross, the love of Christ pro - claim

till all the world a - dore his sa - cred Name.

till all the world a - dore his sa - cred Name.

Led on their way by this tri - um - phant sign,  
Each new - born ser - vant of the Cru - ci - fied  
Lord, once lift - ed on the glo - rious tree,  
So shall our song of tri - umph ev - er be:

*Repeat Refrain*  
the hosts of God in con - quering ranks com - bine.  
bears on the brow the seal of him who died.  
as thou hast prom - ised, draw the world to thee.  
praise to the Cru - ci - fied for vic - to - ry.

## Dismissal

*Celebrant* Let us bless the lord.  
*People* Thanks be to God.

## Closing Voluntary

*Chaconne in G minor*

Louis Couperin

## PERMISSIONS

*Section: Holy Eucharist Words: Greek; tr. John Brownlie (1859–1925) Music: Jesus, meine Zuversicht, melody Johann Cruger (1598–1662); harm. after The Chorale Book for England, 1863 Meter: 78. 78. 77 Section: Praise to God Words: Isaac Watts (1674–1748), alt. Music: Forest Green, English melody; adapt. and harm. Ralph Vaughan Williams (1872–1958) Copyright: Music: By permission of Oxford University Press. Meter: CMD Section: Jesus Christ our Lord Words: George William Kitchin (1827–1912) and Michael Robert Newbolt (1874–1956) Music: Crucifer, Sydney Hugo Nicholson (1875–1947); desc. Richard Proulx (b. 1937) Copyright: ords, Music: By permission of Hymns Ancient & Modern Ltd. Descant copyright © 1985, G.I.A. Publications, Inc. Meter: 10 10 with Refrain Section: Jesus Christ our Lord Words: Isaac Watts (1674–1748) Music: Rockingham, from Second Supplement to Psalmody in Miniature, ca. 1970; harm. Edward Miller (1731–1807) Meter: LM Section: The Holy Eucharist Title: The Holy Eucharist II, Holy, holy, holy Lord: Sanctus Music: From New Plainsong; David Hurd (b. 1950) Copyright: Copyright © 1981, G.I.A. Publications, Inc. Section: The Holy Eucharist Title: The Holy Eucharist II, Fraction Anthem: Lamb of God: Agnus Dei Music: From New Plainsong; David Hurd (b. 1950) Copyright: Copyright © 1981, G.I.A. Publications, Inc. Section: The Holy Eucharist Title: The Holy Eucharist, Holy God: Trisagion Music: From New Plainsong; David Hurd (b. 1950) Copyright: Copyright © 1981, G.I.A. Publications, Inc. Section: Jesus Christ our Lord Words: Horatius Bonar (1808–1889) Music: Dunedin, Vernon Griffiths (b. 1894) Copyright: Music: Reprinted from the New Catholic Hymnal by permission of the publishers, Faber Music Ltd., London. Meter: LM The Holy Eucharist: Rite Two is from the Book of Common Prayer © 1979 Church Publishing, Inc. Scripture readings are from the New Revised Standard Version of The Bible, copyright © 1989, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.*