



The Fourteenth Sunday after Pentecost  
September 3, 2023  
8:00 a.m. Holy Eucharist

*The people's responses are in bold.*

*The people stand.*

**OPENING ACCLAMATION**

*Priest* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be God's kingdom, now and for ever. Amen.**

*Priest and people*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

**KYRIE ELEISON**

*Priest* Lord, have mercy.

*People* **Christ, have mercy.**

*Priest* Lord, have mercy.

**THE COLLECT FOR THE DAY**

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Let us pray.

*Priest and People*

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

*The people are seated.*

**THE FIRST READING**

Exodus 3:1-15

*Reader* A reading from the Book of Exodus.

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove

the sandals from your feet, for the place on which you are standing is holy ground.” He said further, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.

Then the Lord said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.”

But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.” But Moses said to God, “If I come to the Israelites and say to them, ‘The God of your ancestors has sent me to you,’ and they ask me, ‘What is his name?’ what shall I say to them?” God said to Moses, “I am who I am.” He said further, “Thus you shall say to the Israelites, ‘I am has sent me to you.’” God also said to Moses, “Thus you shall say to the Israelites, ‘The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you’:

This is my name forever,  
and this my title for all generations.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

#### **Psalm 105:1-6, 23-26, 45c**

Give thanks to the Lord and call upon his Name;  
**make known his deeds among the peoples.**

Sing to him, sing praises to him,  
**and speak of all his marvelous works.**

Glory in his holy Name;  
**let the hearts of those who seek the Lord rejoice.**

Search for the Lord and his strength;  
**continually seek his face.**

Remember the marvels he has done,  
**his wonders and the judgments of his mouth,**

O offspring of Abraham his servant,  
**O children of Jacob his chosen.**

Israel came into Egypt,  
**and Jacob became a sojourner in the land of Ham.**

The Lord made his people exceedingly fruitful;  
**he made them stronger than their enemies;**

Whose heart he turned, so that they hated his people,  
**and dealt unjustly with his servants.**

He sent Moses his servant,  
**and Aaron whom he had chosen. Hallelujah!**

*The people stand*

## THE GOSPEL

Matthew 16:21-28

*Deacon* The Holy Gospel of our Lord Jesus Christ according to St. Matthew.  
*People* **Glory to you, Lord Christ.**

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?"

"For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

*Deacon* The Gospel of the Lord.  
*People* **Praise to you, Lord Christ.**

*The people are seated at the invitation of the preacher.*

**Sermon**

The Rev. Javier G. Ocampo

*The people stand.*

## THE NICENE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## Prayers of the People

## Form III

Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest.  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

### *Silence*

We pray for comfort, healing, courage and hope for **Judy** Conroy, **Steve** Heinig, **Lucia** Valenzuela, **Robert** Taylor, **Nikka** Hakimi, **The Smith Family**, **Angie** Ricks, **Jean** Isaac, **Whittaker** Thompson, **Richard** Chasdi, **Crystal** Parmalee, **Jenny** Regalado, **Jeff** Kostka, **Peg** Ruppel, **Gabriela** Rodriguez, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and for the victims of war everywhere. We also pray for all who are serving our country here and abroad, especially those in harm's way, and their families.

We pray for all those affected by, suffering from, and killed by gun violence throughout our country.

We give thanks for the flowers on the altar today, given by Rosa Briones in loving memory of Rosa Cartagena and Emerita Briones.

We give thanks for the life of Lowell Smith who died on Tuesday August 29, 2023.

We give thanks for the recent birthdays of **Denise** Lionetti, **Rosalyn** Chin, **Melvin** Velasquez, **Phyllis** Eddy, **Monique** King, **Lisa** Dickson, and **Gayah** Fahnbulleh.

*Celebrant*

Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. Amen.

**CONFESSION OF SIN**

*Deacon:* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

*Celebrant:*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

**THE PEACE**

*Celebrant*           The peace of the Lord be always with you.  
*People*               **And also with you.**

**OFFERTORY SENTENCE**

*Celebrant*

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. (*Psalm 50:14*)

*The altar is prepared for Holy Communion and an offering is received to support Ascension’s ministry of sharing God’s love with the world. Text ASCENSIONMD + Amount to 73256 to give a donation using your text messaging Or scan the QR code*



*The people stand.*

**The Holy Communion**

*Celebrant*           The Lord be with you.  
*People*               **And also with you.**  
*Celebrant*           Lift up your hearts.  
*People*               **We lift them to the Lord.**  
*Celebrant*           Let us give thanks to the Lord our God.  
*People*               **It is right to give our thanks and praise.**

*Celebrant*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

**Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*The people kneel or remain standing. The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

## *Celebrant and People*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

## THE BREAKING OF THE BREAD

*Celebrant:* Alleluia! Christ our Passover is sacrificed for us;

*People:* Therefore, let us keep the feast. Alleluia!

*Celebrant* God's Holy gifts for God's holy people. Come, when you are fearful, to be made new in love. Come, when you are doubtful, to be made strong in faith. Come, when you are regretful, and be made whole in Christ. Come to Christ's table, there is room for all.

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

## PRAYER FOR SPIRITUAL COMMUNION

Lord Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar. We offer you praise and thanksgiving as we proclaim your resurrection. We love you above all, and long for you in our souls. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

*All are welcome to receive Holy Communion at Church of the Ascension. Please follow the directions of the Priest. In addition to using a communion kit or receiving bread only, you may now receive in both parts but with the caveat that intincting ("dipping") is not permitted; only receiving the wine by drinking from the cup.*

## THE POST COMMUNION PRAYER

*After Communion, the Celebrant says*

Faithful God, in the wonder of your wisdom and love you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. We thank you for the Body of Christ, the bread of heaven, and for the offering of Christ's holy presence, the gift of spiritual communion, which feeds us when we must be apart. By the power of the Holy Spirit, may we become One Body in the sacrament of Christ's Body. Transform our lives with your life, for the love we share becomes bread for the world. AMEN.

## BLESSING

Life is short, and we do not have too much time to gladden the hearts of those who travel the way with us. So be swift to love, and make haste to be kind. And may the blessing of the one who made us, who journeys with us, who breathes us into life moment by moment, Creator, Christ, and Holy Spirit, be upon you this day and always. Amen.

*All are seated for the announcements. For more information about activities and events coming up at Ascension, please refer to the bulletin insert.*

## ANNOUNCEMENTS

*All are seated for the announcements. For more information about activities and events coming up at Ascension, please refer to the bulletin insert.*

*All stand as able*

## DISMISSAL

*Celebrant*        Go in peace to love and serve the Lord.  
*People*            **Thanks be to God.**

### ***Service Participants:***

*The Rev. Javier García Ocampo – Rector*

*The Rev. Rosa Briones – Deacon*

*Tracey Forfa – Lay Eucharistic Minister*

*Andrew Kullberg – Minister of Music*

*Jesse Velazquez – Spanish Service Music Director*

*The Ascension Tech Team*

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