

The Fifth Sunday in Lent March 17, 2024 8:00 a.m. Holy Eucharist

The people stand.

Celebrant

Bless God who forgives all our sins.

People

His mercy endures for ever.

The Decalogue

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

Celebrant:

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

Mark 12:29-31

Deacon: Let us confess our sins against God and our neighbor.

Silence may be kept.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Celebrant: Holy God, Holy and Mighty, Holy Immortal One,

People Have mercy upon us.

THE COLLECT FOR THE DAY

Priest The Lord be with you.

People And also with you.

Priest Let us pray.

Priest and People

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The people are seated.

Reader A reading from the book of the prophet Jeremiah.

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the Lord," for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

Reader Hear what the Spirit is saying to God's people. *People* **Thanks be to God.**

PSALM 51:1-13

Have mercy on me, O God, according to your loving-kindness; * in your great compassion blot out my offenses.

Wash me through and through from my wickedness * and cleanse me from my sin.

For I know my transgressions, * and my sin is ever before me.

Against you only have I sinned * and done what is evil in your sight.

And so you are justified when you speak * and upright in your judgment.

Indeed, I have been wicked from my birth, * a sinner from my mother's womb.

For behold, you look for truth deep within me, * and will make me understand wisdom secretly.

Purge me from my sin, and I shall be pure; * wash me, and I shall be clean indeed.

Make me hear of joy and gladness, * that the body you have broken may rejoice.

Hide your face from my sins * and blot out all my iniquities.

Create in me a clean heart, O God, * and renew a right spirit within me.

Cast me not away from your presence * and take not your holy Spirit from me.

Give me the joy of your saving help again * and sustain me with your bountiful Spirit.

The people remain standing for the reading of the Gospel.

THE GOSPEL John 12:20-33

Deacon The Holy Gospel of our Lord Jesus Christ according to St. John

People Glory to you, Lord Christ.

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.

"Now my soul is troubled. And what should I say—'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." He said this to indicate the kind of death he was to die.

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

SERMON

The Rev. Javier Ocampo

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Form I

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishop, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord. Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord. Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. Lord, have mercy.

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God. **To thee, O Lord our God.**

Silence

The People may add their own petitions.

We pray for comfort, healing, courage and hope for Lucia Valenzuela, Angie Ricks, Jean Isaac, Crystal Parmalee, Jenny Regalado, Jeff Kostka, Marvin Kostka, Peg Ruppel, Yvonne McDonald, Delita Rodriguez, Judy Conroy, Matt Cross, James Parker, Lyn Pusey, Gloria Nwankwo, Alice Padmore, Deborah Cela, Maggie Parkerton, Susan McLaughlin, Jack Rouse, Ben Hight, Ron Hauber, Randy Lord-Wilkinson and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and for the victims of war everywhere. We also pray for all who are serving our country here and abroad, especially those in harm's way, and their families.

We pray for all those affected by, suffering from, and killed by gun violence throughout our country.

We give thanks for the recent birthdays of **Jack** Rouse, **Fred** Dennis, **Andrew** Heinig, **Andrew** Rouse, **Ana** Kwamena-Poh, **Rosa** Briones, **Luis** Pedron, **Javier** Garcia Ocampo, **Inels** Rouse, **Emmanuel** Johnson, and **Roberta** Taylor Koomson.

Celebrant Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. Amen.

THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

OFFERTORY SENTENCE

Matthew 5:23, 24

Celebrant

If you are offering your gift at the altar, and there remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your sister or brother, and then come and offer your gift.

The altar is prepared for Holy Communion and an offering is received to support Ascension's ministry of sharing God's love with the world. Text ASCENSIONMD + Amount to 73256 to give a donation using your text messaging Or scan the QR code

THE HOLY COMMUNION EUCHARISTIC PRAYER C

CelebrantThe Lord be with you.PeopleAnd also with you.CelebrantLift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.People It is right to give him thanks and praise.

Celebrant

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.



From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Celebrant and People

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people kneel or remain standing. The Celebrant continues.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Ancestors: God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Rachel and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN**.

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

THE BREAKING OF THE BREAD

Celebrant: Christ our Passover is sacrificed for us;

People: Therefore, let us keep the feast.

Celebrant The gifts of God for the people of God. Take them in remembrance that Christ lives in you, and feed on him in your hearts by faith, with thanksgiving.

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

PRAYER FOR SPIRITUAL COMMUNION

Lord Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar. We offer you praise and thanksgiving as we proclaim your resurrection. We love you above all, and long for you in our souls. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

All are welcome to receive Holy Communion at Church of the Ascension. Please follow the directions of the Priest. In addition to using a communion kit or receiving bread only, you may now receive in both parts but with the caveat that intincting ("dipping") is not permitted; only receiving the wine by drinking from the cup.

THE POST COMMUNION PRAYER

After Communion, the Celebrant says

Faithful God, in the wonder of your wisdom and love you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. We thank you for the Body of Christ, the bread of heaven, and for the offering of Christ's holy presence, the gift of spiritual communion, which feeds us when we must be apart. By the power of the Holy Spirit, may we become One Body in the sacrament of Christ's Body. Transform our lives with your life, for the love we share becomes bread for the world. AMEN.

SOLEMN PRAYER OVER THE PEOPLE

Celebrant: Bow down before the Lord.

Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; through Christ our Lord. Amen.

The people are seated for the announcements.

ANNOUNCEMENTS

For more information about activities and events coming up at Ascension, please refer to the bulletin insert. At the direction of the Celebrant, the people stand as able, and all sing the hymn.

DISMISSAL

Celebrant Let us bless the Lord.

People Thanks be to God.

Service Participants:

The Rev. Javier García Ocampo – Rector

The Rev. Rosa Briones - Deacon

The Rev. Dr. J. Michael McMahon-Guest Organist/Director

Tracey Forfa – Postulant for Holy Orders

Jesse Velazquez – Spanish Service Music Director

The Ascension Choir

The Ascension Tech Team

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