



The Nineth Sunday after Pentecost  
Proper 11 July 21, 2024  
8:00 a.m. Holy Eucharist

*The people stand.*

WELCOME

OPENING ACCLAMATION

*Priest* Blessed be God: Father, Son, and Holy Spirit.

*People* And blessed be God's kingdom, now and for ever. Amen.

*Priest and people*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love  
you, and worthily magnify your holy Name; through Christ our Lord. Amen.

KYRIE ELEISON

*Priest* Lord, have mercy.

*People* Christ, have mercy.

*Priest* Lord, have mercy.

THE COLLECT FOR THE DAY

*Priest* The Lord be with you.

*People* And also with you.

*Priest* Let us pray.

*Priest and People*

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance  
in asking: Have compassion on our weakness, and mercifully give us those things which for our  
unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son  
Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.  
Amen.

*The people are seated.*

*Reader* A reading from the Second Book of the Prophet Samuel.

When the king was settled in his house, and the LORD had given him rest from all his enemies around him, the king said to the prophet Nathan, "See now, I am living in a house of cedar, but the ark of God stays in a tent." Nathan said to the king, "Go, do all that you have in mind; for the LORD is with you." But that same night the word of the LORD came to Nathan: Go and tell my servant David: Thus says the Lord: Are you the one to build me a house to live in? I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent and a tabernacle. Wherever I have moved about among all the people of Israel, did I ever speak a word with any of the tribal leaders of Israel, whom I commanded to shepherd my people Israel, saying, "Why have you not built me a house of cedar?" Now therefore thus you shall say to my servant David: Thus says the LORD of hosts: I took you from the pasture, from following the sheep to be prince over my people Israel; and I have been with you wherever you went, and have cut off all your enemies from before you; and I will make for you a great name, like the name of the great ones of the earth. And I will appoint a place for my people Israel and will plant them, so that they may live in their own place, and be disturbed no more; and evildoers shall afflict them no more, as formerly, from the time that I appointed judges over my people Israel; and I will give you rest from all your enemies. Moreover the LORD declares to you that the LORD will make you a house. When your days are fulfilled and you lie down with your ancestors, I will raise up your offspring after you, who shall come forth from your body, and I will establish his kingdom. He shall build a house for my name, and I will establish the throne of his kingdom forever. I will be a father to him, and he shall be a son to me.

*Reader* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

### PSALM 89:20-37

I have found David my servant; \*  
**with my holy oil have I anointed him.**

My hand will hold him fast \*  
**and my arm will make him strong.**

No enemy shall deceive him, \*  
**nor any wicked man bring him down.**

I will crush his foes before him \*  
**and strike down those who hate him.**

I will make him my firstborn \*  
**and higher than the kings of the earth.**

I will keep my love for him for ever, \*  
**and my covenant will stand firm for him.**

I will establish his line for ever \*  
**and his throne as the days of heaven."**

"If his children forsake my law \*  
**and do not walk according to my judgments;**

If they break my statutes \*  
**and do not keep my commandments;**

I will punish their transgressions with a rod \*  
**and their iniquities with the lash;**

But I will not take my love from him, \*  
**nor let my faithfulness prove false.**

I will not break my covenant, \*  
**nor change what has gone out of my lips.**

Once for all I have sworn by my holiness: \*  
**'I will not lie to David.**

His line shall endure for ever \*  
**and his throne as the sun before me;**

It shall stand fast for evermore like the moon, \*  
**the abiding witness in the sky.' "**

*The people stand for the reading of the Gospel.*

## THE GOSPEL

Mark 6:30-34, 53-56

*Deacon* The Holy Gospel of our Lord Jesus Christ according to St. Mark.

*People* **Glory to you, Lord Christ.**

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

*Deacon* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

*The people are seated at the invitation of the preacher.*

## SERMON

The Rev. Deacon Rosa Briones

*The people stand.*

## THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

### PRAYERS OF THE PEOPLE

### Form III

Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Give us grace to do your will in all that we undertake;

**That our works may find favor in your sight.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

Have compassion on those who suffer from any grief or trouble;

**That they may be delivered from their distress.**

We pray for all bishops, priests, and deacons;  
**That they may be faithful ministers of your Word and Sacraments.**

Give to the departed eternal rest.

**Let light perpetual shine upon them.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

We praise you for your saints who have entered into joy;

**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

We pray for comfort, healing, courage and hope for **Angie Ricks, Jean Isaac, Crystal Parmalee, Greg Kostka, Yvonne McDonald, Judy Conroy, Matt Cross, James Parker, Lyn Pusey, Deborah Cela, Maggie Parkerton, Doris Chin, JoAnna Grable, Jim Babcock, George Scott, Delita Rodriguez, Jack Rouse, Jeanie Cross, Adriana Benjumea, Teresa Rojas Velenzuela, Ray Villesca** and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and for the victims of war everywhere. We also pray for all who are serving our country here and abroad, especially those in harm's way, and their families.

We pray for all those affected by, suffering from, and killed by gun violence throughout our country.

The altar flowers today are given by Phyllis Eddy and Joe Deffenbaugh in thanksgiving for their family. The altar flowers today are also given by Annie Millanzi in memory of Mr. James E. Minofu.

*Celebrant* Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. Amen.

## CONFESSION OF SIN

*Deacon:* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

*Celebrant:*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

## THE PEACE

*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

## OFFERTORY SENTENCE

*Celebrant*

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.  
(Psalm 50:14)



*The altar is prepared for Holy Communion and an offering is received to support Ascension's ministry of sharing God's love with the world. Text ASCENSIONMD + Amount to 73256 to give a donation using your text messaging Or scan the QR code*

## THE HOLY COMMUNION

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*Celebrant* It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

*Celebrant and People*

**Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*The people kneel or remain standing. The Celebrant continues.*

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah, you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant and People*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

## **THE BREAKING OF THE BREAD**

*Celebrant:* Alleluia! Christ our Passover is sacrificed for us;

*People:* **Therefore, let us keep the feast. Alleluia!**

*Celebrant* God’s Holy gifts for God’s holy people. Come, when you are fearful, to be made new in love. Come, when you are doubtful, to be made strong in faith. Come, when you are regretful, and be made whole in Christ. Come to Christ’s table, there is room for all.

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

## **PRAYER FOR SPIRITUAL COMMUNION**

Lord Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar. We offer you praise and thanksgiving as we proclaim your resurrection. We love you above all, and long for you in our souls. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

*All are welcome to receive Holy Communion at Church of the Ascension. Please follow the directions of the Priest. In addition to using a communion kit or receiving bread only, you may now receive in both parts but with the caveat that intincting (“dipping”) is not permitted; only receiving the wine by drinking from the cup.*

## **THE POST COMMUNION PRAYER**

*After Communion, the Celebrant says*

Faithful God, in the wonder of your wisdom and love you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. We thank you for the Body of Christ, the bread of heaven, and for the offering of Christ’s holy presence, the gift of spiritual communion, which feeds us when we must be apart. By the power of the Holy Spirit, may we become One Body in the sacrament of Christ’s Body. Transform our lives with your life, for the love we share becomes bread for the world. AMEN.

## **BLESSING**

Life is short, and we do not have too much time to gladden the hearts of those who travel the way with us. So be swift to love, and make haste to be kind. And may the blessing of the one who made us, who journeys with us, who breathes us into life moment by moment, Creator, Christ, and Holy Spirit, be upon you this day and always. Amen.

*The people are seated for the announcements.*

## **ANNOUNCEMENTS**

*For more information about activities and events coming up at Ascension, please refer to the bulletin insert. At the direction of the Celebrant, the people stand as able, and all sing the hymn.*

## **DISMISSAL**

*Celebrant* Go in peace to love and serve the Lord.

*People* Thanks be to God.



***Service Participants:***

The Rev. Javier García Ocampo – *Rector*

The Rev. Rosa Briones – *Deacon*

Tracey Forfa – *Postulant for Holy Orders*

*The Ascension Tech Team*

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