



The Seventeenth Sunday after Pentecost

Proper 19

September 15, 2024

10:00 a.m. Holy Eucharist

Welcome to Ascension! For more information about our community, please fill out a welcome card, found at either end of the pews, or take one of our welcome packets from a member of the Welcome Team or the table in the narthex.

Please silence your electronic devices. Beginning ten minutes before the service, please help us create a contemplative space by refraining from cell phone use or loud conversation.

The people's responses are in bold.

OPENING VOLUNTARY

PROCESSIONAL HYMN

The Hymnal 1982 # 535

Ye servants of God, your Master proclaim

Paderborn

1 Ye ser - vants of God, your Mas - ter pro - claim,
 2 God rul - eth on high, al - might - y to save;
 3 Sal - va - tion to God who sits on the throne!
 4 Then let us a - dore, and give him his right:

and pub - lish a - broad his won - der - ful Name;
 and still he is nigh: his pres - ence we have.
 Let all cry a - loud, and hon - or the Son.
 All glo - ry and power, all wis - dom and might,

the Name all - vic - to - rious of Je - sus ex - tol:
 The great con - gre - ga - tion his tri - umph shall sing,
 The prais - es of Je - sus the an - gels pro - claim,
 and hon - or and bless - ing, with an - gels a - bove,

his king - dom is glo - rious; he rules o - ver all.
 as - crib - ing sal - va - tion to Je - sus our King.
 fall down on their fa - ces, and wor - ship the Lamb.
 and thanks nev - er - ceas - ing and in - fi - nite love.

WELCOME

OPENING ACCLAMATION

Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

Priest and people

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

GLORIA IN EXCELSIS

Glory to God in the highest

The Hymnal 1982 # S 280

Robert Powell

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

THE COLLECT FOR THE DAY

Priest The Lord be with you.
People **And also with you.**
Priest Let us pray.

Priest and People

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The people are seated.

THE FIRST READING

Proverbs 1:20-33

Reader A reading from the Book of Proverbs.

Wisdom cries out in the street; in the squares she raises her voice. At the busiest corner she cries out; at the entrance of the city gates she speaks: “How long, O simple ones, will you love being simple? How long will scoffers delight in their scoffing and fools hate knowledge? Give heed to my reproof; I will pour out my thoughts to you; I will make my words known to you. Because I have called and you refused, have stretched out my hand and no one heeded, and because you have ignored all my counsel and would have none of my reproof, I also will laugh at your calamity; I will mock when panic strikes you, when panic strikes you like a storm, and your calamity comes like a whirlwind, when distress and anguish come upon you. Then they will call upon me, but I will not answer; they will seek me diligently, but will

not find me. Because they hated knowledge and did not choose the fear of the Lord, would have none of my counsel, and despised all my reproof, therefore they shall eat the fruit of their way and be sated with their own devices. For waywardness kills the simple, and the complacency of fools destroys them; but those who listen to me will be secure and will live at ease, without dread of disaster.”

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

PSALM 19

The heavens declare the glory of God, *
and the firmament shows his handiwork.

One day tells its tale to another, *
and one night imparts knowledge to another.

Although they have no words or language, *
and their voices are not heard,

Their sound has gone out into all lands, *
and their message to the ends of the world.

In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.

It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.

The law of the Lord is perfect
and revives the soul; *
the testimony of the Lord is sure
and gives wisdom to the innocent.

The statutes of the Lord are just
and rejoice the heart; *
the commandment of the Lord is clear
and gives light to the eyes.

The fear of the Lord is clean
and endures for ever; *
**the judgments of the Lord are true
and righteous altogether.**

More to be desired are they than gold,
more than much fine gold, *
**sweeter far than honey,
than honey in the comb.**

By them also is your servant enlightened, *
and in keeping them there is great reward.

Who can tell how often he offends? *
cleanse me from my secret faults.

Above all, keep your servant from presumptuous sins;
let them not get dominion over me; *
**then shall I be whole and sound,
and innocent of a great offense.**

Let the words of my mouth and the meditation of my
heart be acceptable in your sight, *
O Lord, my strength and my redeemer.

THE SECOND READING

James 3:1-12

Reader A reading from the letter of the apostle Saint James.

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits.

How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue-- a restless evil, full of deadly poison. With it we bless

the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

SEQUENCE HYMN

The Hymnal 1982 # 675

Take up your cross

Bourbon



1 Take up your cross, the Sa - vior said, if
 2 Take up your cross, let not its weight fill
 3 Take up your cross, heed not the shame, and
 4 Take up your cross, then, in his strength, and
 5 Take up your cross, and fol - low Christ, nor



1 you would my dis - ci - ple be; take up your cross with
 2 your weak spi - rit with a - larm; his strength shall bear your
 3 let your fool - ish heart be still; the Lord for you ac -
 4 calm - ly ev - ery dan - ger brave: it guides you to a -
 5 think till death to lay it down; for on - ly those who



1 will - ing heart, and hum - bly fol - low af - ter me.
 2 spi - rit up, and brace your heart, and nerve your arm.
 3 cept - ed death up - on a cross, on Cal - vary's hill.
 4 bun - dant life and leads to vic - tory o'er the grave.
 5 bear the cross may hope to wear the glo - rious crown.

The people remain standing for the reading of the Gospel.

THE GOSPEL

Mark 8:27-38

Deacon The Holy Gospel of our Lord Jesus Christ according to St. Mark.

People **Glory to you, Lord Christ.**

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things."

He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

Deacon The Gospel of the Lord.
People Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

SERMON

The Rev. Deacon Rosa Briones

The people stand.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Form III

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest.
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

A brief silence is kept.

We pray for comfort, healing, courage and hope for **Angie** Ricks, **Jean** Isaac, **Greg** Kostka, **Judy** Conroy, **Matt** Cross, **James** Parker, **Lyn** Pusey, **Deborah** Cela, **Maggie** Parkerton, **Doris** Chin, **JoAnna** Grable, **Jim** Babcock, **George** Scott, **Delita** Rodriguez, **Jack** Rouse, **Jeanie** Cross, **Teresa** Rojas Velenzuela, **Ray** Villescas, **Chris** Keunen, **Jan** Hauber, **Alero** Nesiama, **Jayda** Gerald, **Raheem** Gerald, **Barbara** Harbison, **Tim** Fitzpatrick, **David** Parkerton, **Mercy** Isemmede, **Jim** and **Enrique** Alstrum-Acevedo, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and for the victims of war everywhere. We also pray for all who are serving our country here and abroad, especially those in harm's way, and their families.

We pray for all those affected by, suffering from, and killed by gun violence throughout our country.

The flowers on the altar today are given by Liz Lennon in loving memory of her parents, William and Helen Bradfield.

We give thanks for the recent birthdays of **Patrick** Chin, **Makhi** Cole, **David** Hasegawa, **Ron** Hauber, **Georgette** Dennis, **Betsy** Hasegawa, **Danielle** Allen, **Marco** Alexis, **Hugo** Didier, and **Kerry** Fitzpatrick.

Celebrant

Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. Amen.

CONFESSION OF SIN

Deacon: Let us confess our sins against God and our neighbor.

Silence may be kept.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

THE PEACE

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

OFFERTORY SENTENCE

Celebrant

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. (Psalm 50:14)

*The altar is prepared for Holy Communion and an offering is received to support Ascension's ministry of sharing God's love with the world.
Text ASCENSIONMD + Amount to 73256 to give a donation using your text messaging Or scan the QR code*



OFFERTORY ANTHEM

With a Voice of Singing

Martin Shaw

With a voice of singing declare ye this, and let it be heard, Alleluia.

Utter it even unto the ends of the earth.

The Lord hath delivered his people, Alleluia.

O be joyful in God, all ye lands,

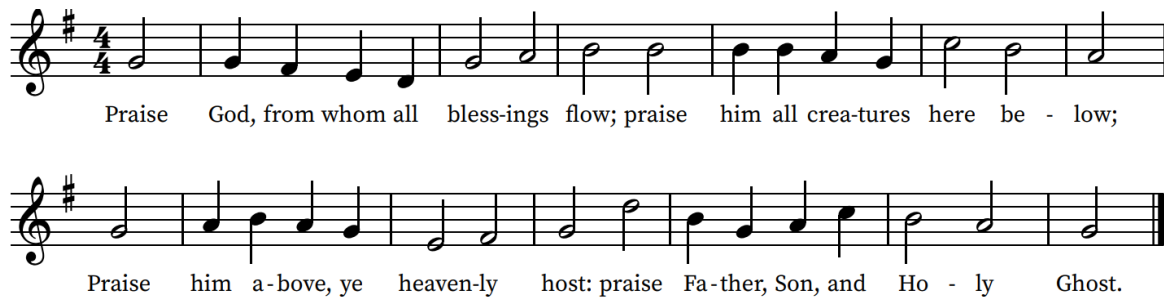
O sing praises to the honor of his name;
make his praise to be glorious.

DOXOLOGY

Praise God, from whom all blessings flow

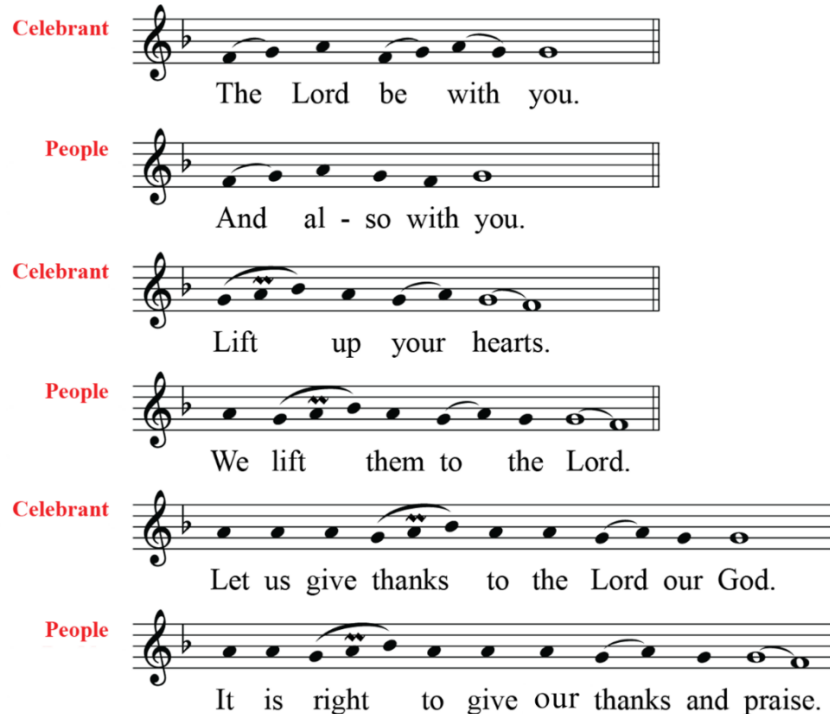
The Hymnal 1982 # 380 V. 3

Old 100th



Praise God, from whom all blessings flow; praise him all creatures here be - low;
Praise him a - bove, ye heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

THE HOLY COMMUNION



Celebrant The Lord be with you.
People And al - so with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS

Holy, holy, holy

Wonder Love and Praise # 858

Land of Rest

Ho - ly, ho - ly, ho - ly Lord, God of power and
might, heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. * Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est.

The people kneel or remain standing. The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died.

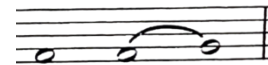
Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



A - mén.

And now, as our Savior Christ hath taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

FRACTION ANTHEM

Taste and see

Lift Every Voice and Sing # 154

James E. Moore, Jr.



Taste and see, taste and see the good - ness of the Lord. O



taste and see, taste and see the good-ness of the Lord, of the Lord.

Celebrant God's Holy gifts for God's holy people. Come, when you are fearful, to be made new in love. Come, when you are doubtful, to be made strong in faith. Come, when you are regretful, and be made whole in Christ. Come to Christ's table, there is room for all.

All are welcome to receive the Sacrament of Holy Communion at Church of the Ascension. Please follow the directions of the Priest. Receive the bread in your hands. You may receive the wine by drinking from the chalice or by taking one of the small cups, drinking from it and dropping it into the receptacle. If you wish to receive a blessing, join in the movement to the front of the nave and cross your arms over the front of your chest. After receiving Holy Communion or a blessing, the people are seated.

PRAYER FOR SPIRITUAL COMMUNION

Lord Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar. We offer you praise and thanksgiving as we proclaim your resurrection. We love you above all, and long for you in our souls. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

After receiving communion, the people are seated for the hymn.

COMMUNION HYMN

The Hymnal 1982 #304

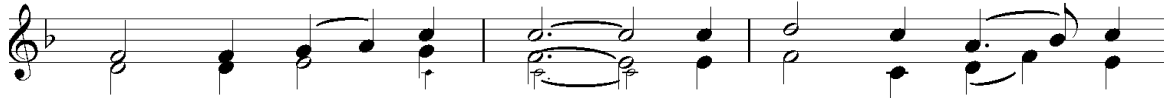
I come with joy to meet my Lord

Land of Rest

Unison or harmony



1 I come with joy to meet my Lord, for -
 2 I come with Chris - tians far and near to
 3 As Christ breaks bread and bids us share, each
 4 And thus with joy we meet our Lord. His
 5 To - geth - er met, to - geth - er bound, we'll



1 giv - en, loved, and free, in awe and won - der
 2 find, as all are fed, the new com - mu - ni -
 3 proud di - vi - sion ends. That love that made us
 4 pres - ence, al - ways near, is in such friend - ship
 5 go our dif - ferent ways, and as his peo - ple



1 to re - call his life laid down for me.
 2 ty of love in Christ's com - mun - ion bread.
 3 makes us one, and stran - gers now are friends.
 4 bet - ter known: we see, and praise him here.
 5 in the world, we'll live and speak his praise.

PRAYER AFTER COMMUNION

Let us pray.

Faithful God, in the wonder of your wisdom and love you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. We thank you for the Body of Christ, the bread of heaven, and for the offering of Christ's holy presence, the gift of spiritual communion, which feeds us when we must be apart. By the power of the Holy Spirit, may we become One Body in the sacrament of Christ's Body. Transform our lives with your life, for the love we share becomes bread for the world. AMEN.

BLESSING

Life is short, and we do not have too much time to gladden the hearts of those who travel the way with us. So be swift to love, and make haste to be kind. And may the blessing of the one who made us, who journeys with us, who breathes us into life moment by moment, Creator, Christ, and Holy Spirit, be upon you this day and always. Amen.

The people are seated for the announcements.

ANNOUNCEMENTS

For more information about activities and events coming up at Ascension, please refer to the bulletin insert.

RECESSIONAL HYMN

The Hymnal 1982 # 473

Lift high the cross

Crucifer

The musical score is written on four staves. The first staff is labeled 'Descant' and contains the melody for the first line of the hymn: 'Lift high the cross, the love of Christ pro - claim'. The second staff is labeled 'Refrain' and contains the melody for the second line: 'Lift high the cross, the love of Christ pro - claim'. The third and fourth staves contain the melody for the final line: 'till all the world a - dore his sa - cred Name.' The lyrics are written below the notes on each staff.

Led on their way by this tri - um - phant sign,
 Each new - born ser - vant of the Cru - ci - fied
 O Lord, once lift - ed on the glo - rious tree,
 So shall our song of tri - umph ev - er be:

Repeat Refrain
 the hosts of God in con - quering ranks com - bine.
 bears on the brow the seal of him who died.
 as thou hast prom - ised, draw the world to thee.
 praise to the Cru - ci - fied for vic - to - ry.

DISMISSAL

Celebrant Go in peace to love and serve the Lord.
People Thanks be to God.

CLOSING VOLUNTARY

Service Participants:

The Rev. Javier García Ocampo – Rector

The Rev. Rosa Briones – Deacon

Etienne Zhou —Minister of Music

Tracey Forfa – Candidate for Holy Orders

Miriam Felipe – Seminarian

Jesse Velazquez – Spanish Service Music Director

The Ascension Choir

The Ascension Tech Team

PERMISSIONS

Section: Holy Eucharist Words: Brian A. Wren (b. 1936), alt. Music: Land of Rest, American folk melody; adapt. and harm. Annabel Morris Buchanan (1889–1983) Copyright: Words: © 1971 by Hope Publishing Company, Carol Stream, IL 60188, All Rights Reserved. Used by permission. Music: Copyright © 1938 by J. Fischer & Bro., a division of Belwin-Mills Publishing Corp. Copyright renewed. Used by permission. All rights reserved. Meter: CM

Section: Jesus Christ our Lord Words: George William Kitchin (1827–1912) and Michael Robert Newbolt (1874–1956) Music: Crucifer, Sydney Hugo Nicholson (1875–1947); desc. Richard Proulx (b. 1937) Copyright: Words, Music: By permission of Hymns Ancient & Modern Ltd. Descant copyright © 1985, G.I.A. Publications, Inc. Meter: 10 10 with Refrain

Section: The Church’s Mission Words: Charles Wesley (1707–1788), alt. Music: Paderborn, melody from Catolisch-Paderbornisches Gesangbuch, 1765; harm. Sydney Hugo Nicholson (1875–1947) Meter: 10 10. 11 11

Section: The Christian Life Words: Charles William Everest (1814–1877), alt. Music: Bourbon, melody att. Freeman Lewis (1780–1859); harm. John Leon Hooker (b. 1944) Copyright: Music: Harmonization © 1984, John Hooker. Meter: LM

Section: Service Music: Sanctus and Benedictus Title: Holy, holy, holy Lord [Sanctus] Music: American folk melody; arr. Marcia Pruner, harm. Annabel Morris Buchanan (1889–1983)

Section: Canticles Title: Canticle 20, Glory to God: Gloria in excelsis Music: Robert Powell (b. 1932), The Holy Eucharist: Rite Two is from the Book of Common Prayer © 1979 Church Publishing, Inc. Scripture readings are from the New Revised Standard Version of The Bible, copyright © 1989, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.