



The Third Sunday in Lent

March 23, 2025

10:00 a.m. Holy Eucharist

Welcome to Ascension! For more information about our community, please fill out a welcome card, found at either end of the pews, or take one of our welcome packets from a member of the Welcome Team or the table in the narthex. Please silence your electronic devices. Beginning ten minutes before the service, please help us create a contemplative space by refraining from cell phone use or loud conversation.

The people's responses are in bold.

PRELUDE

Variations sur un thème de Chopin

Federico Mompou (1893 - 1987)

Var V

Var VI

The people stand.

PROCESSIONAL HYMN

The Hymnal 1982 # 603

When Christ was lifted from the earth

St. Botolph

1 When Christ was lifted from the earth, his
2 Still east and west his love extends and
3 Where gen - er - a - tion, class, or race di -
4 Thus free - ly loved, though ful - ly known, may

arms stretched out a - bove through ev - ery cul - ture,
al - ways, near or far, he calls and claims us
vide us to our shame, he sees not la - bels
I in Christ be free to wel - come and ac -

ev - ery birth, to draw an an - swering love.
as his friends and loves us as we are.
but a face, a per - son, and a name.
cept his own as Christ ac - cept - ed me.

THE DECALOGUE

Hear the commandments of God to his people:
I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.
Amen. Lord have mercy.

You shall not make for yourself any idol.
Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.
Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.
Amen. Lord have mercy.

Honor your father and your mother.
Amen. Lord have mercy.

You shall not commit murder.
Amen. Lord have mercy.

You shall not commit adultery.
Amen. Lord have mercy.

You shall not steal.
Amen. Lord have mercy.

You shall not be a false witness.
Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.
Amen. Lord have mercy.

Celebrant:

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

Mark 12:29-31

Deacon: Let us confess our sins against God and our neighbor.

Silence may be kept.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Celebrant Bless God who forgives all our sins.
People His mercy endures for ever.

TRISAGION
Holy God

The Hymnal 1982 # S 100
David Hurd

Ho - ly God, Ho - ly and Might - y, Ho - ly Im -
mor - tal One, Have mer - cy up - on us. Ho - ly God,
Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy
up - on us. Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

THE COLLECT FOR THE DAY

Priest The Lord be with you.
People And also with you.
Priest Let us pray.

Priest and People

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The people are seated.

THE FIRST READING

Exodus 3:1-15

Reader A reading from the Book of Exodus.

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God

of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God. Then the Lord said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.” But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.” But Moses said to God, “If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?” God said to Moses, “I am who I am.” He said further, “Thus you shall say to the Israelites, 'I am has sent me to you.'” God also said to Moses, “Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations.”

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

PSALM 63:1-8

O God, you are my God; eagerly I seek you; *
**my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is no water.**

Therefore I have gazed upon you in your holy place, *
that I might behold your power and your glory.

For your loving-kindness is better than life itself; *
my lips shall give you praise.

So will I bless you as long as I live *
and lift up my hands in your Name.

My soul is content, as with marrow and fatness, *
and my mouth praises you with joyful lips,

When I remember you upon my bed, *
and meditate on you in the night watches.

For you have been my helper, *
and under the shadow of your wings I will rejoice.

My soul clings to you; *
your right hand holds me fast.

Reader A reading from the first letter of the apostle Saint Paul to the Corinthians.

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

The people stand as able, and all sing the following hymn.

SEQUENCE HYMN

The Hymnal 1982 # 648

When Israel was in Egypt's land

Go Down, Moses,



1 When Is - rael was in E - gypt's land, let my peo-ple go;
 2 The Lord told Mo - ses what to do, let my peo-ple go;
 3 They jour - neyed on at his com - mand, let my peo-ple go;
 4 Oh, let us all from bond - age flee, let my peo-ple go;



op - pressed so hard they could not stand, let my peo-ple go.
 to lead the chil - dren of Is - rael through, let my peo-ple go.
 and came at length to Ca - naan's land, let my peo-ple go.
 and let us all in Christ be free, let my peo-ple go.



Refrain
 Go down, Mo - ses, way down in E - gypt's land;



tell old Pha - raoh to let my peo-ple go.

The people remain standing for the reading of the Gospel.

THE GOSPEL

Luke 13:1-9

Deacon The Holy Gospel of our Lord Jesus Christ according to St. Luke.
People **Glory to you, Lord Christ.**

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SERMON

The Rev. Dr. J. Michael McMahon

The people are seated at the invitation of the preacher.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Form I

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishop, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Silence

The People may add their own petitions.

We pray for comfort, healing, courage and hope for **Alero N; Barbara H; Kirk D; TJ M; Betty K; Rodolfo R; Carlina V; Ron H; Tana; Susan A; Rosario S; Gerald B; Ray V; Deborah V; Laura E; Bob W; Aloysius F; Richard P; Eric H; Claud S; Donnie D; Tricia H**, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, as well as for all those on our extended healing prayer list.

Extended Prayer List: Jean I, Matt C, Jeanie C, James P, Lyn P, JoAnna G, George S, Christine K, Delita R, Mary W.

We pray for peace in the world and for the victims of war everywhere. We also pray for all who are serving our country here and abroad, especially those in harm's way, and their families.

We pray for all those affected by, suffering from, and killed by gun violence throughout our country.

We pray for the well-being of our planet Earth and for all who are working to avert the climate crisis, including each of us as we care for God's creation in our own homes and our own lives.

The burning of the Sanctuary Candle is dedicated this week by Javier in celebration of his birthday.

The burning of the Sanctuary Candle is dedicated this week by Julia and Tony Thom's in honor of their 20th wedding anniversary this month.

We give thanks for the recent birthdays of **Roberta K., Karen O., Christian N., Gayahtu F., Todd K., Theodore W., Alfredia W-B., Chimbela M., and John T.**

Deacon Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you." Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. Amen.

THE PEACE

Celebrant The peace of the Lord be always with you.
People **And also with you.**

The people greet one another with a sign of God's peace and are seated.

OFFERTORY SENTENCE

Celebrant If you are offering your gift at the altar, and there remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your sister or brother, and then come and offer your gift.



The altar is prepared for Holy Communion and an offering is received to support Ascension's ministry of sharing God's love with the world. To donate electronically, text ASCENSIONMD + donation amount to 73256 or scan the QR Code with your phone or mobile device.

OFFERTORY ANTHEM (Sung by the Choir):

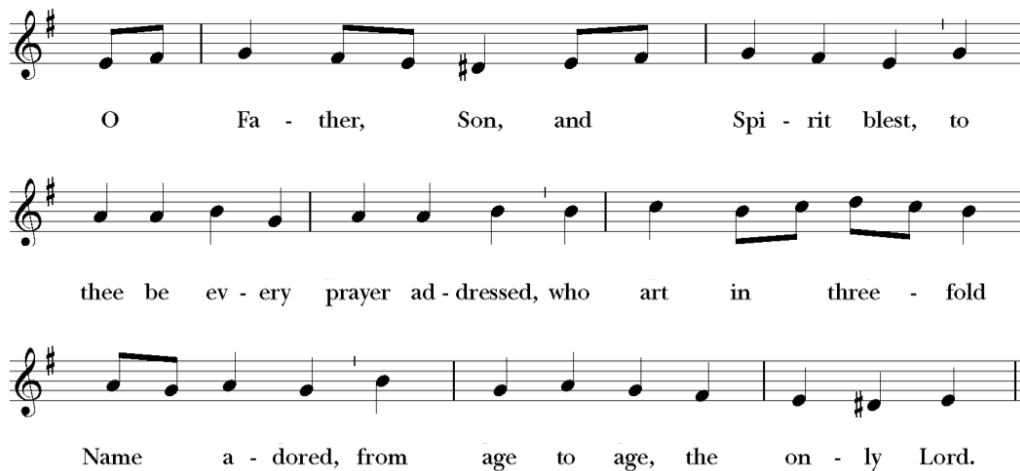
Lead me, Lord

Samuel Sebastian Wesley

The people stand as able, and all sing the Doxology as the gifts are brought forward.

DOXOLOGY: *O Father, Son, and Spirit*

The Hymnal 1982 # 143 verse 5



O Fa - ther, Son, and Spi - rit blest, to
thee be ev - ery prayer ad - dressed, who art in three - fold
Name a - dored, from age to age, the on - ly Lord.

THE HOLY COMMUNION

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

Celebrant
God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS

Holy, holy, holy Lord

The Hymnal 1982 # S 124

David Hurd

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The people kneel or remain standing.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Ancestors: God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Rachel and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Celebrant breaks the consecrated bread. After a brief silence, all sing the Fraction Anthem.

FRACTION ANTHEM

Lamb of God

The Hymnal 1982 # S161

David Hurd

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Celebrant:

The gifts of God for the people of God. Take them in remembrance that Christ lives in you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to receive the Sacrament of Holy Communion at Church of the Ascension. Please follow the directions of the Priest. Receive the bread in your hands. You may receive the wine by drinking from the chalice or by taking one of the small cups, drinking from it and dropping it into the receptacle. If you wish to receive a blessing, join in the movement to the front of the nave and cross your arms over the front of your chest. After receiving Holy Communion or a blessing, the people are seated.

PRAYER FOR SPIRITUAL COMMUNION

Lord Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar. We offer you praise and thanksgiving as we proclaim your resurrection. We love you above all, and long for you in our souls. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

After receiving communion, the people are seated for the hymn.

COMMUNION HYMN

Softly and tenderly

Lift Every Voice and Sing # 101

Will L. Thompson



1. Soft - ly and ten - der - ly Je - sus is call - ing,
2. Why should we tar - ry when Je - sus is plead - ing,
3. Time is now fleet - ing, the mo - ments are pass - ing,
4. Oh! For the won - der - ful love He has prom - ised,



1. Call - ing for you and for me; _____ See, on the por - tals He's
2. Plead - ing for you and for me? _____ Why should we lin - ger and
3. Pass - ing for you and for me; _____ Shad - ows are gath - er - ing,
4. Prom - ised for you and for me; _____ Though we have sinned, He has



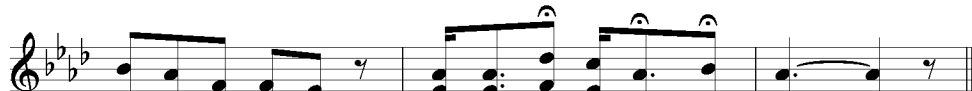
1. wait - ing and watch - ing, Watch - ing for you and for me. _____
2. heed not His mer - cies, Mer - cies for you and for me? _____
3. death beds are com - ing, Com - ing for you and for me. _____
4. mer - cy and par - don, Par - don for you and for me. _____



Come home, Come home, come home, come home,



Ye who are wea-ry, come home! _____ Ear - nest - ly, ten - der - ly,



Je - sus is call - ing, Call - ing, O sin - ner, come home! _____

PRAYER AFTER COMMUNION

Let us pray.

Faithful God, in the wonder of your wisdom and love you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. We thank you for the Body of Christ, the bread of heaven, and for the offering of Christ's holy presence, the gift of spiritual communion, which feeds us when we must be apart. By the power of the Holy Spirit, may we become One Body in the sacrament of Christ's Body. Transform our lives with your life, for the love we share becomes bread for the world. AMEN.

SOLEMN PRAYER OVER THE PEOPLE

Celebrant: Bow down before the Lord.

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. Amen.

ANNOUNCEMENTS

All are seated for the announcements. For more information about activities and events coming up at Ascension, please refer to the bulletin insert. At the direction of the Celebrant, the people stand as able, and all sing the hymn.

RECESSIONAL HYMN

Before Thy Throne, O God, We Kneel

The Hymnal 1982 # 574

St. Flavian



1 Be - fore thy throne, O God, we kneel: give us a con - science
2 Search out our hearts and make us true; help us to give to
3 For sins of heed - less word and deed, for pride am - bi - tious
4 Let the fierce fires which burn and try, our in - most spi - rits



quick to feel, a rea - dy mind to un - der - stand the
all their due. From love of plea - sure, lust of gold, from
to suc - ceed, for craft - y trade and sub - tle snare to
pu - ri - fy: con - sume the ill; purge out the shame; O



mean - ing of thy chas - tening hand; what - e'er the pain and
sins which make the heart grow cold, wean us and train us
catch the sim - ple un - a - ware, for lives be - reft of
God, be with us in the flame; a new - born peo - ple



shame may be, bring us, O Fa - ther, near - er thee.
with thy rod; teach us to know our faults, O God.
pur - pose high, for - give, for - give, O Lord, we cry.
may we rise, more pure, more true, more no - bly wise.

DISMISSAL

Celebrant Let us bless the Lord.
People Thanks be to God.

POSTLUDE:

Sonata in D major, K.33

Domenico Scarlatti

Service Participants:

The Rev. Javier García Ocampo – *Rector*

The Rev. Rosa Briones – *Deacon*

The Rev. Tracey Forfa – *Deacon*

Etienne Zhou – *Minister of Music*

Jesse Velazquez – *Spanish Service Music Director*

The Ascension Choir

The Ascension Tech Team

PERMISSIONS:

Section: The Holy Eucharist Title: The Holy Eucharist, Holy God: Trisagion Music: From New Plainsong; David Hurd (b. 1950) Copyright: Copyright © 1981, G.I.A. Publications, Inc. Section: Praise to God Words: Thomas Olivers (1725–1799), alt. Music: Leoni, Hebrew melody; harm. Hymns Ancient and Modern, 1875, alt. Meter: 66. 84. D Section: Jesus Christ our Lord Title: My Jesus, I Love Thee Words: William R. Featherstone (1846–1873) Music: Adoniram J. Gordon (1836–1895) Section: Christian Responsibility Words: Bradford Gray Webster (1898–1991), alt. Music: Charterhouse, David Evans (1874–1948) Copyright: Words: Copyright © 1954. Renewal 1982 by The Hymn Society of America, Texas Christian University, Fort Worth, TX 76129. All Rights Reserved. Used by permission. Music: By permission of Oxford University Press. Meter: 11 10. 11 10